REGISTRATION SLIP

Date	:	17 – 19 September 2018
Time	:	9.00 am – 5.00 pm
Venue	:	Therapy Skills Training Lab , Level 1 20 College Road, Academia Singapore General Hospital Singapore 169856
Fee	:	\$1,130 per pax (Singhealth); \$1,250 per pax (Regular) Fees are inclusive of 7% GST

Please email your registration form to agnes.low.s.m@sgh.com.sg by **17 August 2018.**

- By registering for the course, you agree to the terms & conditions of PGAHI. Click <u>here</u> or visit PGAHI website for more information.
- I consent to Singapore General Hospital and its related corporations (collectively 'SingHealth), their agents and SingHealth's authorised service providers collecting, using, disclosing and/or processing my personal data, in order to send me marketing materials, etc.

I confirm and agree that my consents granted herein do not supersede or replace any other consents which I may have previously provided to SingHealth in respect of my personal data, and are additional to any rights which SingHealth may have at law to collect, use or disclose my personal data.

By providing the information set out in this form and submitting the same to you, I confirm that I have read, understood and consent to the SingHealth Data Protection Policy, a copy of which is available at http://www.singhealth.com.sg/pdpa. Hard copies are also available on request.

CANCELLATION POLICY

Any cancellation or replacement must be conveyed to PGAHI in writing. A cancellation fee of 50% of course fee will be charged if the cancellation is received before 17 August 2018. There will be no refund of registration fee for cancellation on or after 17 August 2018. PGAHI reserves the right to cancel the workshop and fully refund the amount of registration fee paid to the participants should unforeseen circumstances necessitate it. The information provided is true and accurate to the best of my knowledge. Submission of any false information will render my application void with no refund of registration fee. Submission of my professional certification or qualifications for auditing purpose may be required.

PARTICIPANT'S PARTICULARS
Participant's Name: (to be reflected on cert)
Contact No:
Email:
Profession: AHP (please indicate): Doctor Nurse
Department:
Organisation:

Kindly complete the below table should you be sponsored by your organisation.

BILLING DETAILS

Bill to:

Contact Person:

Tel No.:

Email:

Billing Address:

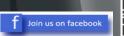
Participant's NRIC No.:

For payment by cheque, please issue cheque payable to "Singapore General Hospital Pte Ltd" to: Ms Agnes Low SGH-PGAHI 20 College Road, Level 2 Academia Singapore 169856



Shoulder Rehabilitation

(Advanced Level) 17 – 19 September 2018 9.00 am – 5.00 pm





PHYSIOTHERAPY

INTRODUCTION

Shoulder disorders are a common class of musculoskeletal injuries, with studies estimating up to 50% prevalence rates in certain communities. These disorders may arise for a wide range of reasons ranging from work-related stresses to sporting injuries, and at times even occur for no known reason at all. The purpose of this advanced shoulder rehabilitation course is to provide an update on the theoretical knowledge, clinical reasoning processes and practical skills in the rehabilitation of the shoulder. This advanced course is evidence informed with a strong focus on physiotherapy clinical practice.

OBJECTIVES

At the end of the course, participants will have received an update on the theoretical knowledge, clinical reasoning processes and practical skills in assessment and the rehabilitation of the shoulder through a combination of research evidence, clinical reasoning & experience with a strong focus on physiotherapy clinical practice.

TARGET PARTICIPANTS

Physiotherapists with 6 years or more working experiences in the practice of Physiotherapy.

COURSE DETAILS

Date:	17 – 19 September 2018				
Time:	9.00 am – 5.00 pm				
Fee:	<pre>\$1,130 per pax (Singhealth); \$1,250 per pax (Regular) Fees are inclusive of 7% GST</pre>				
Venue:	Therapy Skills Training Lab, Level 1 20 College Road, Academia Singapore General Hospital Singapore 169856				
Closing Date:	17 August 2018				

CONTACT & ENQUIRIES

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SGH - Postgraduate Allied Health Institute
Contacts: (65) 6576 2714 / agnes.low.s.m@sgh.com.sg

TEACHING FACULTY

Dr Mary E Magarey, PhD, FACP, FASMF

Dr Mary Magarey is a Fellow of the Australian College of Physiotherapists as a Specialist



Musculoskeletal & Sports Physiotherapist. She holds honorary awards of Fellowship of the Australian Sports Medicine Federation & Life Membership of Musculoskeletal Physiotherapy Australia. She is an adjunct Senior Lecturer at UniSA, having retired from the University in 2014. She consults clinically as a Specialist Consultant Shoulder Physiotherapist at Flex Physio & Pilates (www.flexclinic.com.au) in metropolitan Adelaide and regional South Australia.

She undertook her PhD related to physiotherapy diagnosis of the shoulder and has been involved with teaching postgraduate physiotherapy students at the University of South Australia for over 40 years. She is involved in advanced level professional development related to the shoulder complex nationally & internationally.

COURSE OUTLINE

17 Septemb	er 2018			
9.00am	Introduction and Course Aims			
9.15am	Lecture: Anatomy & biomechanics of the shoulder in the context of clinical patterns			
	Tea-Break @ 10.30am			
10.45am	Lecture : Clinical patterns			
	Lunch @ 12pm			
1.00pm	Lecture: Consideration of contributing factors to shoulder complex disorders			
2.00pm	Practical: Revision of examination of the shoulder in the context of clinical patterns			
	Tea-Break @ 3pm			
3.15pm	Practical: Revision of examination of the shoulder in the context of clinical patterns (continued)			
4.00pm	Practical: Translation tests, labral tests			
5.00 pm	End			

COURSE OUTLINE

18 September 2018

9.00am Practical: Assessment of dynamic control of the GHJ

Tea-Break @ 10.30am Practical: Evaluation of motor control around the 10.45am scapula Lunch @ 12pm Practical: Consideration of other physical 1.00pm contributing factors - how to assess, how to interpret findings Discussion: 2.00pm Presentation of & initial reasoning through clinical cases Decisions on appropriate examination Tea-Break @ 3pm Practical: 3.15pm Practice of contextual examination Discussion on findings, discussion re initial management 5.00 pm End 19 September 2018 Practical: Demonstration & practice of 9.00am management approaches to the cases provided Tea-Break @ 10.00am Practical: Demonstration & practice of 10.15am management approaches to the cases provided (continued) Lunch @ 12pm Practical 1.30pm Assessment of kinetic chain in the context of athletic shoulder injury Consideration for integration of findings into management Tea-Break @ 3pm Lecture/discussion: Management of the shoulder 3.15pm - reflections, evidence, where to from here? Summing up & reflection on the course 4.45pm End 5.00 pm