

Clinical Reasoning Approach to Musculoskeletal Physiotherapy

19 - 22 August 2019 | 12.00 pm – 5.00 pm

Course Outline

19 August 2019 (Monday)		
Time	Topic	Speaker(s)
12.00 pm – 1.30 pm	Introduction to Clinical Reasoning Framework for MSK Physiotherapy	John Tan
1.30 pm – 3.30 pm	Understanding Pain	John Tan
Tea-break @ 3.30 pm		
4.00 pm – 5.00 pm	Lifestyle Considerations in MSK Conditions	Tan Jiajie

20 August 2019 (Tuesday)		
Time	Topic	Speaker(s)
12:00 pm – 1.00 pm	Pain Pharmacology and Management	Dr Tan Kian Hian
1:00 pm – 3.00 pm	Musculoskeletal Clinical Translation Framework	Chang Shin Yin / Tan Jiajie
Tea-break @ 3.00 pm		
3.30 pm – 5.00 pm	Chronic Pain Management : Mindfulness and CBT	Dr Kinjal Doshi

21 August 2019 (Wednesday)		
Time	Topic	Speaker(s)
12:00 pm – 2.30 pm	Clinical Reasoning: Subjective Interview	John Tan/ Tan Jiajie
Tea-break @ 2.30 pm		
3.00 pm – 4.30 pm	Tissue and Fracture Healing	Juliana Tan
4.30 pm – 5.00 pm	Wrap up, discussion and summary	Tan Jiajie

22 August 2019 (Thursday)		
Time	Topic	Speaker(s)
12:00 pm – 5.00 pm	Case studies <i>(inclusive of 30-minute tea break)</i>	Juliana Tan/ Tan Jiajie/ Chang Shin Yin / Goh Shu Kin