



The Advanced Course in Upper Cervical Spine and Head 2 – 4 May 2019

Introduction

Upper cervical disorders and headache are two of the most prevalent pain disorders, affecting a large portion of the global population, and thereby it represents a major health problem, disturbing both quality of life and work productivity. These disorders may arise for a wide range of reasons ranging from work-related stresses to sporting injuries, and at times even occur for no known reason at all. The purpose of this course is to provide an update on theoretical knowledge, advanced clinical reasoning and assessment of sporting injuries, with a strong focus on physiotherapy clinical practice.

Course Objectives

As a result of this course, participants will:

- 1) Advance their knowledge and clinical reasoning in the ability to differentially diagnosis and sub-classify headache
- 2) Advance their knowledge and clinical reasoning in their ability to sub-classify dizziness
- 3) Advanced knowledge and clinical reasoning of differential diagnosis, assessment and sub-classification of complex upper cervical disorders including whiplash and TMD
- 4) Advance their skills and competence in the assessment of complex upper cervical spine disorders
- 5) Understand the relative evidence base for the management of upper cervical and head disorders
- 6) Improve knowledge, skills and competence in appropriate application of a broader range of interventions to manage complex upper cervical spine disorders

Target Audience

Physiotherapists with 3 years or more working experiences in the practice of Physiotherapy.

Course Outline

The course comprises theory, practical and assessment components. The topics covered include:

- Overview, differential diagnosis of headache, assessment of articular system
- Assessment of the neuromuscular system in upper cervical spine disorders
- Assessment of complex upper cervical disorders; whiplash and the sensory system
- Dizziness: assessment and management

Course Details

Date	: 2 – 4 May 2019
Duration	: 3 days
Time	: 9.00 am – 5.00 pm
Venue	: Therapy Skills Training Lab Academia, Level 1
Fee	: \$1,005 per pax (Singhealth); (incl of 7% GST) \$1,115 per pax (Regular)

Teaching Faculty



Dr Trudy Rebbeck PhD FACP

Specialist Musculoskeletal Physiotherapist

Dr Trudy is a specialist musculoskeletal physiotherapist with an area of clinical expertise in the management of whiplash, neck pain, headache and dizziness. She is the co-director of Sydney Specialist Physiotherapy Centre and Australian Specialist Physiotherapy Education. In addition, Trudy holds appointments as a Senior Lecturer and Research Fellow at the University of Sydney (0.6FTE), a training facilitator and examiner for the Australian College of Physiotherapists and a Medical Assessor for the State Insurance Regulatory Authority (SIRA), Dispute Resolution Service (DRS). She obtained her PhD in 2007, has subsequently been awarded over \$5m in competitive research grants and has over 40 peer reviewed publications. She has been an invited speaker at many national and international conferences and workshops in the area of whiplash, headache and dizziness.

Contact & Enquiries

Miss Agnes Low

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Registration Slip

The Advanced Course in Upper Cervical Spine and Head 2 – 4 May 2019

Submit your registration form to Agnes Low at agnes.low.s.m@sgh.com.sg by **8 April 2019!**

The information provided for course registration is true and accurate to the best of my knowledge. Submission of any false information will render my application void with no refund of registration fee. Submission of my professional certification or qualifications for auditing purpose may be required.

By registering for the course, you agree to the terms & conditions of PGAHI. Click [here](#) or refer to PGAHI website for more information.

PARTICIPANT'S PARTICULARS

Name (to be reflected on cert):

Contact no.:

Email:

Profession:

AHP (please indicate): _____ Doctor Nurse Others: _____

Department:

Organisation:

PRN/ MCR/ Nursing no. (if applicable):

Any cancellation or replacement must be conveyed to PGAHI in writing. A cancellation fee of 50% of course fee will be charged if the cancellation is made before **8 April 2019**. There will be no refund of course fee for cancellation on or after **8 April 2019**. PGAHI reserves the right to cancel the course and fully refund the amount of registration fee paid to the participants should unforeseen circumstances necessitate it.

For **cheque payment**, please issue a **crossed cheque** payable to "Singapore General Hospital Pte Ltd" and mail the cheque attention to **Agnes Low, SGH-PGAHI, 20 College Road, Academia, Level 2, Singapore 169856**.

For **invoice to organisation**, please complete the below billing details:

BILLING DETAILS

Bill to:

Billing address:

Attention invoice to (name & department):

Email of addressee:

Contact no. of addressee:

Participant's Employee no.(if any):

I consent to Singapore General Hospital and its related corporations (collectively 'SingHealth'), their agents and SingHealth's authorised service providers collecting, using, disclosing and/or processing my personal data, in order to send me marketing materials, etc.

I confirm and agree that my consents granted herein do not supersede or replace any other consents which I may have previously provided to SingHealth in respect of my personal data, and are additional to any rights which SingHealth may have at law to collect, use or disclose my personal data.

By providing the information set out in this form and submitting the same to you, I confirm that I have read, understood and consent to the SingHealth Data Protection Policy, a copy of which is available at <http://www.singhealth.com.sg/pdpa>. Hard copies are also available on request.