



**SGH
PGAHI**

POSTGRADUATE
ALLIED HEALTH INSTITUTE

Physiotherapy Assessment & Management of Lumbopelvic Disorders

11 - 12, 15 - 16 January 2024

Introduction

Patients with lumbopelvic pain form a significant proportion of the musculoskeletal physiotherapy caseload. Treating this diverse and complex group of patients can be challenging. Participants will gain skills to differentiate and manage different lumbopelvic disorders with a sound clinical reasoning perspective. This blended course includes theoretical coverage and demonstration of techniques in the classroom and online.

Course Objectives

At the end of the course, participants should be able to:

- Plan, prioritise and perform a competent assessment of patients with lumbopelvic pain
- Formulate effective physiotherapy management plans for patients with lumbopelvic pain, using an evidence-informed approach.
- Design and implement physiotherapy management plans for patients post-lumbar spinal surgery

Target Audience

Physiotherapists with **2 - 5** years of working experience in the Musculoskeletal field

Course Outline

- 1) Lumbar Spine assessment and management
- 2) Clinical Reasoning Framework
- 3) Spondyloarthropathy and Back Pain
- 4) SIJ Assessment and Management
- 5) Scoliosis Assessment and Management
- 6) Medical Imaging of the Lumbar Spine
- 7) Surgical Management of the Lumbar Spine
- 8) Post-Operative physiotherapy management following lumbar spinal surgery

Quick Links

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[Training Calendar and Directory](#)

Course Details

| | |
|-----------------|--|
| Date and Time | : Classroom Sessions 11, 12 & 15 Jan 2024 1.00pm – 5.30pm (Venue: Therapy Skills Lab, Academia Level 1 20 College Road, Singapore 169856) |
| | Microsoft Teams Session 16 Jan 2024 1.00pm – 5.30pm (Login details to be announced) |
| Duration | : 18 hours; 4.5 hours per session |
| Class size | : 20 participants |
| Device required | : Laptop/ Desktop for Zoom Session (with microphone, speaker & webcam) |
| Fee | : S\$1,040 (SingHealth/SPA Member) S\$1,150 (Regular) (inclusive of prevailing rate of GST) |

Teaching Faculty

Speakers from Singapore General Hospital:

Department of Physiotherapy

Mr Tan Wei Ming John
Senior Principal
Physiotherapist

Dr June Quek Mei Tse
Senior Principal
Physiotherapist

Ms Chang Shin Yin
Principal Physiotherapist

Ms Wong Han Yen
Principal Physiotherapist

Department of Diagnostic Radiology

Dr Png Meng Ai
Senior Consultant

Department of Orthopedic Surgery

Dr Reuben Soh
Senior Consultant

Registration

To register, scan the QR code or click on the web link.
Registration closes on **21 December 2023**.



<https://form.gov.sg/64c85fd92b4abe0013145a0c>

Upon registration, you agree to the
[Terms & Conditions](#) of PGAHI.