



**SGH
PGAHI**

POSTGRADUATE
ALLIED HEALTH INSTITUTE

Physiotherapy Assessment & Management of Lumbopelvic Disorders

21 - 24 Feb 2022

Introduction

Patients with lumbopelvic pain form a significant proportion of the musculoskeletal physiotherapy caseload. Treating this diverse and complex group of patients can be challenging. Participants will gain skills to differentiate and manage different lumbopelvic disorders with a sound clinical reasoning perspective. This online course includes theoretical coverage and demonstration of techniques via Zoom.

Course Objectives

At the end of the course, participants should be able to:

- Plan, prioritise and perform a competent assessment of patients with lumbopelvic pain
- Formulate effective physiotherapy management plans for patients with lumbopelvic pain, using an evidence-informed approach.
- Design and implement physiotherapy management plans for patients post-lumbar spinal surgery

Target Audience

Physiotherapists with **2 - 5** years of working experience in the Musculoskeletal field

(NB: To optimise your learning, you are encouraged to practise the techniques acquired from the course on your learning partner.)

Course Outline

- 1) Lumbar Spine assessment and management
- 2) Clinical Reasoning Framework
- 3) Spondyloarthropathy and Back Pain
- 4) Thoracic spine and SIJ Assessment and Management
- 5) Medical Imaging of the Lumbar Spine
- 6) Surgical Management of the Lumbar Spine
- 7) Post-Operative physiotherapy management following lumbar spinal surgery

Quick Links

[FAQs](#) | [PGAHI Programmes](#) | [Training Calendar and Directory](#)

Course Details

Date	: 21 - 24 Feb 2022
Time	: 1pm to 5.30pm
Duration	: 4 sessions; 4.5 hours per session
Class size	: 25 participants
Device required	: Laptop/ Desktop (with microphone, speaker & webcam)
Platform	: Zoom Cloud Meetings (Meeting details will be provided at a later date)
Fee	: S\$610 (SingHealth) S\$680 (Regular) (inclusive of 7% GST)

With **VCF Funding***:

S\$ 476 (Singaporean/PR)

S\$ 578 (WP/EP/S Pass Holder)

**For NCSS member agencies and MSF-funded agencies only. Should PGAHI's reimbursement with NCSS be unsuccessful, the balance of course fees will be billed to the participant's organisation.*

Teaching Faculty

Speakers from Singapore General Hospital:

Department of Physiotherapy

Dr June Quek Mei Tse

Principal Physiotherapist

Mr Tan Wei Ming John

Principal Physiotherapist

Ms Tan Jiajie

Senior Physiotherapist

Ms Wong Han Yen

Senior Physiotherapist

Department of Diagnostic Radiology

Dr Chan Lai Peng

Head of Department

Department of Orthopedic Surgery

Dr Reuben Soh

Senior Consultant

Registration

To register, scan the QR code or click on the web link.
Registration closes on **31 Jan 2022**.



<https://form.gov.sg/61b87a064936eb0012c0d9ba>

Upon registration, you agree to the [Terms & Conditions](#) of PGAHI.