



**SGH
PGAHI**

POSTGRADUATE
ALLIED HEALTH INSTITUTE

Physiotherapy Assessment and Management of Lower Quadrant Disorders 4-6 & 8 Jul 2022

Introduction

The course aims to provide participants with the knowledge and skills needed to diagnose, classify and treat patients with lower quadrant disorders. It includes theoretical coverage and demonstration of techniques via Zoom.

Course Objectives

At the end of the course, participants should be able to:

- Efficiently perform a physical assessment of the hip and knee.
- Discuss and clinically reason through the differential diagnoses of common lower quadrant dysfunction.
- Formulate an effective treatment plan for lower quadrant dysfunctions.
- Interpret basic radiological findings for the knee.

Target Audience

Physiotherapists with **2-5 years** of working experience in the area of musculoskeletal physiotherapy.

(NB: To optimise your learning, you are encouraged to practise the techniques acquired from the course on your learning partner.)

Course Outline

- 1) Assessment & management of the knee
- 2) Rehabilitation for the injured patient post ACL injury
- 3) Updates for rehabilitation post total knee arthroplasty
- 4) Introduction to musculoskeletal imaging for the knee
- 5) Assessment & management of the hip complex
- 6) Introduction to musculoskeletal imaging for the knee
- 7) Assessment & management of running injuries

Quick links

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Course Details

Date	: 4-6 & 8 Jul 2022
Time	: 1pm to 5.30pm
Duration	: 4 sessions; 4.5 hours per session
Class size	: 20 participants
Device required	: Laptop/ Desktop (with microphone, speaker and webcam for Zoom sessions)
Platform	: Zoom Cloud Meetings (Meeting details will be provided at a later date.)
Fee	: S\$590 (SingHealth) (inclusive of 7% GST)
	With VCF Funding*: S\$470 (Singaporean/PR) S\$560 (WP/EP/S Pass Holder)

**For NCSS member agencies and MSF-funded agencies only. Should PGAHI's reimbursement with NCSS be unsuccessful, the balance of course fees will be billed to the participant's organisation.*

Teaching Faculty

Speakers from Singapore General Hospital:

Department of Physiotherapy

Dr Philip Cheong

Senior Principal Physiotherapist

Dr Pua Yong Hao

Senior Principal Physiotherapist

Mr John Tan Wei Ming

Principal Physiotherapist

Ms Tan Jiajie

Principal Physiotherapist

Ms Lim Fen Ru

Senior Physiotherapist

Department of Diagnostic Radiology

Dr Lim Chee Yeong

Senior Consultant

Registration

To register (Internet access is required), scan the QR code or click on the web link. Registration closes on

10 Jun 2022, Fri.



<https://form.gov.sg/6268ab411d657b001308b2ff>

Upon registration, you agree to the [Terms & Conditions](#) of PGAHI.