# **REGISTRATION FORM**

# Physiotherapy Assessment & Management of Cervical Disorders

Date	:	14 - 17 January 2019
Time	:	12.00 pm - 5.00 pm

Venue : Therapy Skills Training Lab, Level 1
20 College Road, Academia

Singapore General Hospital Singapore 169856

Fee per pax : \$620 (SingHealth)

**\$680** (Regular)

Fees are inclusive of 7% GST

Please email your registration form to

agnes.low.s.m@sgh.com.sg by 14 December 2018.

- By registering for the course, you agree to the terms & conditions of PGAHI. Click <u>here</u> or visit PGAHI website for more information.
- ☐ I consent to Singapore General Hospital and its related corporations (collectively 'SingHealth), their agents and SingHealth's authorised service providers collecting, using, disclosing and/or processing my personal data, in order to send me marketing materials, etc.

I confirm and agree that my consents granted herein do not supersede or replace any other consents which I may have previously provided to SingHealth in respect of my personal data, and are additional to any rights which SingHealth may have at law to collect, use or disclose my personal data.

By providing the information set out in this form and submitting the same to you, I confirm that I have read, understood and consent to the SingHealth Data Protection Policy, a copy of which is available at <a href="http://www.singhealth.com.sg/pdpa">http://www.singhealth.com.sg/pdpa</a>. Hard copies are also available on request.

#### **CANCELLATION POLICY**

Any cancellation or replacement must be conveyed to PGAHI in writing. A cancellation fee of 50% of course fee will be charged if the cancellation is received before 14 December 2018. There will be no refund of registration fee for cancellation on or after 14 December 2018. PGAHI reserves the right to cancel the workshop and fully refund the amount of registration fee paid to the participants should unforeseen circumstances necessitate it.

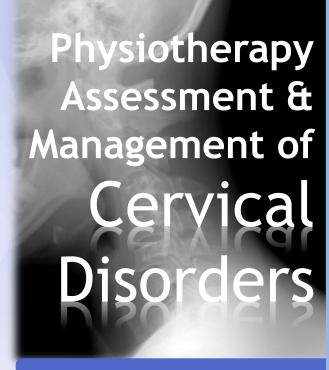
The information provided is true and accurate to the best of my knowledge. Submission of any false information will render my application void with no refund of registration fee. Submission of my professional certification or qualifications for auditing purpose may be required.

PARTICIPANT'S PARTICULARS				
Participant's Name: (to be reflected on cert)				
Contact No:				
Email:				
Profession:				
☐ AHP (please indicate):				
□ Doctor □ Nurse □ Others:				
Department:				
Organisation:				
Kindly complete the below table should you be sponsored by your organisation.				
BILLING DETAILS				
Bill to:				
Contact Person:				
Tel No.:				
Email:				
Billing Address:				
Participant's NRIC No.:				

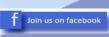
For payment by cheque, please issue cheque payable to "Singapore General Hospital Pte Ltd" to:

Ms Agnes Low
SGH - Postgraduate Allied Health Institute
20 College Road, Level 2 Academia
Singapore 169856





14 - 17 January 2019 12.00 pm - 5.00 pm



Website: www.sgh.com.sg/pgahi

#### **INTRODUCTION**

This course aims to equip participants to take a comprehensive approach to patient assessment and management of neck pain disorders at an intermediate level. There will be a strong emphasis on clinical relevance and application while incorporating a good combination of both theoretical and practical learning.

#### **OBJECTIVES**

At the end of the course, the participants should be able to:

- a) Plan, prioritize and perform a physical examination for the cervical, upper cervical and cervico-scapular region
- b) Discuss and demonstrate differential diagnosis of common cervical, upper cervical,
- c) and cervico-scapular dysfunctions
- d) Understand the importance of thoracic spine function on cervical spine disorders
- e) Provide effective management strategies based on a clinical reasoning framework
- f) Formulate a treatment plan and exercise program that will address relevant impairments and maximise recovery and function

#### **TARGET PARTICIPANTS**

Physiotherapists with 1-2 years of outpatients musculoskeletal experiences.

#### **TEACHING FACULTY**

Faculty will be from Singapore General Hospital:

#### Ms Jennifer Liaw

Head, Dept of Physiotherapy

#### Ms Lim Hao Yu Rachelle

Principal Physiotherapist Dept of Physiotherapy

## Dr Mohammad Mashfiqul Arafin Siddiqui

Visiting Consultant Dept of Orthopaedic Surgery

#### **Dr June Quek**

Principal Physiotherapist Dept of Physiotherapy

## Ms Shin Yin Chang

Physiotherapist
Dept of Physiotherapy

# Ms Tan Meiling Joy

Principal Physiotherapist Dept of Physiotherapy

## **COURSE DETAILS**

Date	:	14 - 17 January 2019	
Time	:	12.00 pm – 5.00 pm	
Venue	:	Therapy Skills Training Lab, Level 1 20 College Road, Academia Singapore General Hospital Singapore 169856	
Fee per pax	:	\$620 (SingHealth) \$680 (Regular) Fees are inclusive of 7% GST	

#### **COURSE OUTLINE**

TIME	CONTENT	Faculty			
14 Jan 2019 (Mon)					
1200 - 1300	Overview	Dr June Quek			
1300 - 1430	Cervical Assessment & Management	Dr June Quek Ms Shin Yin Chang			
1445 - 1545	Cervical surgeries, Imaging	Dr Mashfiqul			
1545 - 1700	Post op Cervical Management, progression, precautions	Ms Joy Tan			
15 Jan 2019 (Tue)					
1200 - 1300	Assessment of nervous system	Ms Rachelle Lim			
1300 - 1515	Cervicogenic headache, dizziness, and the upper cervical spine	Ms Rachelle Lim			
1530 - 1700	Thoracic spine I	Dr June Quek			
16 Jan 2019 (Wed)					
1200 - 1345	Thoracic spine II	Dr June Quek			
1400 - 1700	Exercises for neck pain	Dr June Quek Ms Shin Yin Chang			
17 Jan 2019 (Thu)					
1200 - 1330	Case study	Ms Rachelle Lim			
1330 - 1430	Work hardening of upper quadrant	Ms Jennifer Liaw			
1445 - 1615	Case study	Dr June Quek			
1615 - 1700	Concluding remarks	Dr June Quek			

Short break will be given during the course.

### **CONTACT & ENQUIRIES**

Ms Agnes Low

**SGH - Postgraduate Allied Health Institute** 

Phone: (65) 6576 2714

Email: agnes.low.s.m@sgh.com.sg