

Local Anesthesia Techniques for Foot and Ankle (24 June & 2 July 2019) Course Outline

24 June 2019 (Monday)

Venue: Therapy Skills Training Lab, Level 1
20 College Road, Academia
Singapore 169856

Time	Content	Speaker
2.00 pm – 3.00 pm	Self-Directed Group Sessions Revision: Neuroanatomy, neurophysiology, medical history, physical and psychological exam Journal club: Literature review on local anesthesia for foot & ankle	Podiatrists
3.00 pm – 4.00 pm	Pharmacology of Local Anesthetics	Dr Adeline Leong Xin Yu Associate Consultant Department of Pain Medicine, SingHealth HQ
4.00 pm – 5.00 pm	Quiz	Podiatrists

2 July 2019 (Tuesday)

Venue: Procedural Skills Lab – 1C, Basement 1
20 College Road, Academia
Singapore 169856

Time	Content	Speaker
9.00 am – 11.00 am	Blocks in the Foot & Ankle <ul style="list-style-type: none">• Demo session• Q&A session	Dr Kevin Koo Consultant Department of Orthopaedic Surgery
11.00 am – 1.00 pm	Self-Directed Learning and Hands-on	Podiatrists (Dept Seniors)

Short break will be given during the course.