



The Art of Stroke Rehabilitation for Occupational Therapists

21 – 22 February 2023

Introduction

'How do stroke survivors continue living their lives when they discharge from acute rehabilitation service?'

'How should our interventions differ at different time points of their recovery journey?'

This 2-day course aims to build on your prior knowledge on the 'science' of stroke rehabilitation (e.g. the different treatment modalities) by examining how our rehabilitation strategies should be adjusted according to our patient's life trajectory following a stroke. The course will introduce different rehabilitation frameworks and its applications will be discussed comprehensively through case studies.

Course Objectives

- 1) Understand different frameworks for motor, spasticity, sensory and cognitive rehabilitation post-stroke.
- 2) Understand the recovery trajectory of stroke patients.
- 3) Conduct functional assessments and select appropriate interventions and outcomes measures, taking into consideration the patient's rehabilitation and recovery trajectory.
- 4) Apply different rehabilitation frameworks and share insights during case study discussions.

Course Outline

- 1) Overview of Core Components of Stroke Rehab – Motor, Spasticity, Sensory and Cognition
- 2) Recovery Trajectory through a Stroke Survivor's Lens
- 3) Goal Setting Frameworks
- 4) In-Depth Discussion of the above via case studies

Target Audience

Occupational Therapists with at least 6 months experience working with patients with stroke in all settings.

Disclaimer: Please note that this course does not cover stroke-related medical interventions, assessments and interventions in detail. Participants are expected to have prior experience and knowledge about the management of stroke.

Course Details

Date & Time	: 21 – 22 Feb 2023
Time	: 9.00 am – 5.00 pm
Duration	: 14 hours
Venue	Therapy Skills Training Lab Academia Level 1, 20 College Road, S(169856)
Class Size	: 20 pax
Fee	: \$860 (SingHealth staff/ SAOT member) \$950 (Regular) (inclusive of the prevailing rate of GST)

Teaching Faculty

Singapore General Hospital

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Registration

To register (internet access required), scan the QR code or click on the web link. Registration closes on **31 Jan 2023, Tuesday**.



<https://form.gov.sg/6364d1ef8a95c700112b5523>

Upon registration, you agree to PGAHI [Terms & Conditions](#).

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