## **REGISTRATION SLIP**

# Management of Clients with Upper Limb Conditions (Rheumatology)

6 - 7 Mar 2019

Fee (inclusive of 7% GST):

- □ **S\$470** (SingHealth staff & SAOT members)
- ☐ **\$\$520** (Regular)

This course is funded under **e2i Training Grant**. Course fee after grant is **\$\$295.30** (inclusive of 7% GST). Only **Singaporeans and Singapore PRs** are eligible to be considered for the funding. Funding will be subject to approval. Successful applicants will be notified via email.

- By registering for the course, you agree to the terms & conditions of PGAHI. Click <u>here</u> or visit PGAHI website for more information.
- I consent to Singapore General Hospital and its related corporations (collectively 'SingHealth), their agents and SingHealth's authorised service providers collecting, using, disclosing and/or processing my personal data, in order to send me marketing materials, etc.

I confirm and agree that my consents granted herein do not supersede or replace any other consents which I may have previously provided to SingHealth in respect of my personal data, and are additional to any rights which SingHealth may have at law to collect, use or disclose my personal data.

By providing the information set out in this form and submitting the same to you, I confirm that I have read, understood and consent to the SingHealth Data Protection Policy, a copy of which is available at <a href="http://www.singhealth.com.sg/pdpa">http://www.singhealth.com.sg/pdpa</a>. Hard copies are also available on request.

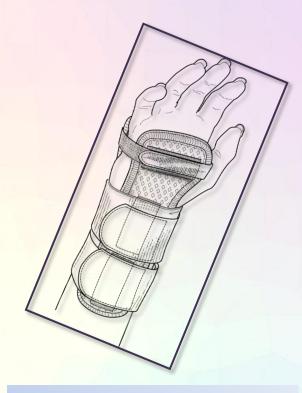
#### **CANCELLATION POLICY**

Any cancellation or replacement must be conveyed to PGAHI in writing. A cancellation fee of 50% of course fee will be charged if the cancellation is received before 15 Feb 2019. There will be no refund of registration fee for cancellation on or after 15 Feb 2019. PGAHI reserves the right to cancel the course and fully refund the amount of registration fee paid to the participants should unforeseen circumstances necessitate it.

The information provided is true and accurate to the best of my knowledge. Submission of any false information will render my application void with no refund of registration fee. Submission of my professional certification or qualifications for auditing purpose may be required.

Closing Date: 15 Feb 2019





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## **COURSE OBJECTIVES**

The course aims to equip occupational therapists with the relevant knowledge and skills to manage common rheumatological conditions seen at work. It aims to deepen participants' understanding of the etiology of conditions such as osteoarthritis, rheumatoid arthritis and repetitive stress injuries like trigger finger and dequervain's tenosynovitis and provide evidence-based intervention strategies for these conditions.

Participants will be introduced to splints and supports commonly used to treat and manage these rheumatology conditions. As part of the course, participants will have the opportunity to practice fabricating common splints used in rheumatology, for example the resting hand splint, finger trough and thumb splints.

#### **COURSE OUTLINE**

Day 1 - Theory

- Understanding Osteoarthritis (OA) and rheumatoid arthritis (RA)
- Understanding repetitive stress injuries: trigger finger, dequervain's, carpal tunnel syndrome, golfer's/tennis elbow

Day 2 - Splints and Supports

- 1. Splints and supports for OA and RA
  - fabricate finger trough/ OA mallet
  - resting hand splint
- 2. splints and supports for Repetitive Stress Injuries
  - · fabricate long thumb spica

#### **FACULTY**

Ms Julia Chong is a Senior Occupational Therapist from Singapore General Hospital with special interest in the area of geriatric rehabilitation and internal medicine. Certified in administering of the AMPs, she has also had experience working in the areas of orthopedics, outpatient and rheumatology attending to patients with osteoarthritis, rheumatoid arthritis as well as repetitive strain injuries.

Ms Lin Yingying is a Senior Occupational Therapist, from Singapore General Hospital specialising in the area of rheumatology. She has 5 years experience working with patients with arthritic conditions and repetitive stress injuries. In 2010, Yingying received the HMDP training award for a 2 month attachment in the UK in rheumatology. On returning, she helped to start up the Occupational Therapy rheumatology service in the Autoimmunity and Rheumatology Centre (ARC) in SGH.

## **COURSE DETAILS**

Date : 6 - 7 Mar 2019

Time : 9.00 am - 5.00 pm

Venue : Therapy Skills Training Lab

**Academia**, Level 1 20 College Road Singapore 169856

Fee : \$470 per pax (SingHealth staff &

SAOT Members)

\$520 per pax (Regular)

Fees are inclusive of 7% GST

## TARGET PARTICIPANTS

Occupational Therapists

## **CONTACT & ENQUIRIES**

Ms Joyce Lee

SGH - Postgraduate Allied Health Institute

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