Recognising and Managing Cognitive Issues in the Elderly
20 April 2022

Introduction

Singapore has one of the most rapidly ageing population; almost one in two persons will be over the age of 65 by 2050.

With this rapidly growing greying population, of particular concern are associated cognitive conditions. The number of affected elderly with cognitive disorder worldwide is expected to reach 82 million by year 2030. Cognitive issues in the older adults can be attributed to a range of factors including metabolic issues, delirium, depression as well as neurological disorders (e.g., Dementia). The affected older adults may experience difficulties in a range of cognitive functions including memory, attention and concentration and language skills. There may also be changes in functional skills and behaviours. By understanding possible contributing factors and causes and knowing how the different dimensions of cognition, functional skills and behaviour interact with each other, the course can help healthcare professionals to better manage and interact with patients with cognitive conditions.

Course Objectives

This course aims to enable participants to:

- Define and identify common cognitive impairments in elderly population which can be caused by different factors

- Know the common diagnostic criteria for Mild Cognitive Impairments & Dementia (e.g., Alzheimer's Disease)

- Understand the common symptoms & presentation

- Appreciate an overview of management strategies for some of the common cognitive issues

Course Outline

- What are the common cognitive impairments in elderly population which can be caused by different factors?

- What are the symptoms of Mild Cognitive Impairments & Dementia?

- What are the other factors (e.g., delirium, geriatric depression & anxiety, etc.) that can cause cognitive impairments in elderly population?

- What are the common management strategies?

- Case discussion

Target Audience

Healthcare professionals

Quick links

FAQs | PGAHI Programmes | Training Calendar & Directory

Course Details

Date	: **20 April 2022**
Duration	: **3 hours**
Time	: **10am to 1pm**
Class size	: **30 participants**
Device required	: **Laptop/ Desktop** *(with microphone, speaker and webcam)*
Platform	: **Zoom Cloud Meetings** *(Meeting details will be provided at a later date.)*
Fee	: **S$140** (SingHealth) **S$150** (Regular) *(inclusive of 7% GST)*

With **VCF Funding***:
S$105 (Singaporean/PR)
S$127.50 (WP/EP/S Pass Holder)

*For NCSS member agencies and MSF-funded agencies only. Should PGAHI's reimbursement with NCSS be unsuccessful, the balance of course fees will be billed to the participant's organisation.

Teaching Faculty

Ms Tay Sze Yan, Senior Principal Psychologist (Clinical) at SGH, holds degrees in Psychology and started her career with a focus mainly in clinical research and providing clinical services to individuals with neurological conditions. She expanded her outreach in 2011 when she obtained her Masters in Psychology (clinical). Her work currently involves assessment and management of elderly patients who are referred with memory, language and other cognitive complaints.

Ms Koay Way Inn, Psychologist at SGH, holds a Master of Psychology (Clinical), and has over 7 years of working experience, mainly focused on neuropsychological assessment and management of elderly patients referred with cognitive deficiencies. Her initial work before SGH was in a research capacity working with the elderly population. In recent years, she also provides psychotherapy services to patients with insomnia.

Registration

To register, scan the following QR code or click on the web link. Registration closes on **30 March 2022**.

https://form.gov.sg/61dd54f81b2f650013a030eb

Upon registration, you agree to **Terms & Conditions** of PGAHI.