



The Differences between the 3Ds - Delirium, Dementia & Depression

12, 14 & 15 Jan 2021

Introduction

Elderly patients above 65 occupy more than half of the beds in any hospital nowadays and are likely to increase in number as Singapore's population ages. The 3Ds, delirium, dementia and depression, are common among the elderly patients in the hospital and are often not properly diagnosed. The 3Ds can occur at the same time, they share similar features and having one of the three conditions increases the risk of a person developing the other two conditions. Most importantly, hospital associated complications can trigger one and lead to the other conditions unmasking themselves.

Course Objectives

This course aims to enable participants to:

- Recognise the features of the 3Ds
- Differentiate between the 3Ds
- Learn about possible mis-diagnosis
- Diagnose which of the 3Ds patients have
- Learn to manage the elderly patients who have one/two or all of the 3Ds

Target Audience

Healthcare Professionals

Course Outline

- Clinical features, signs and symptoms of the 3Ds
- Case illustration and discussion among the participants
- Management strategies for each of the 3Ds and the long term prognosis and outcome of the 3Ds
- Manage the behavioural symptoms of the 3Ds, using non-pharmacological method
- Apply Person Centred Care (PCC) approach in managing the behavioural symptoms
- Apply pharmacological approach to management of behavioural symptoms

Quick Links

[FAQs](#)

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Course Details

Date	: 12, 14 & 15 Jan 2021
Duration	: 9 hours over 3 sessions
Time	: 9.30am – 12.30pm
Class size	: 30
Device required	: Laptop/desktop with microphone, speaker & webcam
Platform	: Zoom Cloud Meetings (Meeting details will be provided at a later date.)
Fee	: S\$250 per pax (SingHealth) (incl of 7% GST) S\$280 per pax (Regular)

Teaching Faculty

Adjunct Associate Professor Lim Si Ching, a Senior Consultant Geriatrician at Changi General Hospital (CGH) with a special interest in dementia and delirium, is currently in charge of a 20-bedded dementia ward in CGH. She is responsible for developing the ward and training the staff in managing elderly patients with delirium, dementia and challenging behaviours hospital-wide.

Senior Nurse Clinician Li Fuyin is currently an advanced practice nurse in geriatric care setting at Changi General Hospital. She has a special interest in management of older adults with delirium and dementia. She has also spearheaded various projects in the areas of dementia and delirium in the hospital.

Registration

To register, scan the following QR code or click on the web link. Registration closes on **20 Dec 2020**.



<https://tinyurl.com/3DJan2021>

Upon registration, you agree to
PGAHI [Terms and Conditions](#).