

## Starting the Conversation on Advance Healthcare

# Directives 22 - 23 Sep 2021

#### Introduction

Advance healthcare directives provide an opportunity for individuals to think ahead and prepare for the unexpected when they lose the ability to make their own decisions. Starting the conversation on advance healthcare directive is an important first step in ensuring a person's preferences for future care is made known and respected.

There are two main focus for this course:

- To explore your own personal values and beliefs on advance care planning, gain greater awareness on how this will influence your conversations on advance care planning with others through various activities.
- To develop communication skills to talk about the different types of advance healthcare directives Advance Medical Directive, Lasting Power of Attorney, Advance Care Planning and Will.

#### **Course Objectives**

Through this course, participants will be able to:

- Identify the types of advance healthcare directives
- Reflect on personal values and beliefs towards conversations on advance care planning
- Develop communication skills to initiate a conversation on advance healthcare directives.

## **Target Audience**

Healthcare Professionals

#### **Course Outline**

- Gain self-awareness & recognise personal attitudes about death and dying through Death Attitude Perception Survey (DAP)
- Perform reflective activity through artwork
- Understand and distinguish different types of Advance Healthcare Directives - Advance Medical Directive, Lasting Power of Attorney, Advance Care Planning and Will
- Understand the importance and challenges of each Advance Healthcare Directive
- Develop skills for engaging in Advance Healthcare
  Directives conversation

### **Course Details**

Date	:	22 - 23 September 2021
Duration	:	2 half-days
Time	:	1.00 pm – 5.00 pm
Class size	:	24
Device required		Laptop/ Desktop (with microphone, speaker and webcam)
Platform	:	<b>Zoom Cloud Meetings</b> (Meeting details will be provided at a later date)
Fee	:	S\$310 (SingHealth) S\$340 (Regular) (inclusive of 7% GST)
		With VCF Funding*: S\$ 238 (Singaporean/PR)

\*For NCSS member agencies and MSF-funded agencies only. Should PGAHI's reimbursement with NCSS be unsuccessful, the balance of course fees will be billed to the participant's organisation.

### **Teaching Faculty**

Janelle Chan Mieu Gin Senior Medical Social Worker

Singapore General Hospital

#### Kathleen Cheung Ka Yan

Senior Medical Social Worker Singapore General Hospital

#### Wang Xinpei

Certified ACP Trainer, Executive Singapore General Hospital

## Registration

To register, scan the QR code or click on the web link. Registration closes on **18 August 2021, Wednesday.** 



https://form.gov.sg/606a68df8c86b60011fd9064

Upon registration, you agree to PGAHI <u>Terms &</u> <u>Conditions</u>.

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