



Positive Leadership Course

18 and 31 July 2019

Introduction

What does a patient need to heal and recover? Care, compassion, empathy and more. If we want these to reach the patient, they need to reach the staff serving them first. Every action, word, emotion and thought at leadership level ripples out to reach the patient.

There is a practical application component to this course.

Course Requirement for Participants

Before the course

- You will be asked to do a gratitude exercise. Instructions will be given closer to the date.

Between 18 and 31 July 2019 (*two-week interval*)

- To set aside at least three hours for the following:

- Apply and reflect on what they learned and come prepared to share about their practice on the second day. They are to briefly document their practice.
- For those coming in pairs, to meet at least once to support and encourage each other's progress.
- There might be light readings and videos to watch or an exercise to complete.

Course Objectives

Upon completion of the course, participants will be able to explain:

- the case for positive leadership
- how to imbue positive meaning into work and leadership
- the importance of empathy and psychological safety in healthcare
- the importance of positive emotions, energy management and positive energy
- how to give and receive growth-promoting feedback

Course Outline

This course is an introduction to positive leadership.

- The Case for Positive Leadership
- Positive Meaning in Work
- Positive Relationships, including Team Psychological Safety and Empathy
- Cultivating Supportive Feedback Culture
- Leading with Emotional and Energy Awareness

Course Details

Date	: 18 and 31 July 2019
Duration	: 2 days
Time	: 9.00 am – 5.00 pm
Venue	: Academia
Fee	: S\$550 per pax (SingHealth) (incl of 7% GST) S\$610 per pax (Regular)

Target Audience

Those in leadership/ managerial/ supervisory roles or others keen to learn about a more positive way to lead in Allied Healthcare.

Participants who sign up in pairs from their department will get first priority

Teaching Faculty

Ms Isabel Vadivu Govind
Founder, Joy Works

Vadivu facilitates leadership and staff development that builds high-performance workplaces where people flourish. She specialises in strengthening social, psychological and emotional capital in organisations. She is certified to use tools related to employee strengths, appreciation at work, the Science of Happiness at Work™ and team psychological safety.

She received her Bachelors in Social Work and Sociology from the National University of Singapore in 1995/6 and her Master of Public Administration degree from Columbia University, New York City in 2009. In 2018, she was awarded the Innovation Fellowship by the Royal Commonwealth Society of Singapore.

Contact & Enquiries

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Find us on





**SGH
PGAHI**

POSTGRADUATE
ALLIED HEALTH INSTITUTE

Registration Slip

Positive Leadership Course 18 and 31 July 2019

Submit your registration form to Amelia Lim at amelia.lim.j.t@sgh.com.sg by **18 June 2019!**

The information provided for course registration is true and accurate to the best of my knowledge. Submission of any false information will render my application void with no refund of registration fee. Submission of my professional certification or qualifications for auditing purpose may be required.

By registering for the course, you agree to the terms & conditions of PGAHI. Click [here](#) or refer to PGAHI website for more information.

PARTICIPANT'S PARTICULARS

Name (to be reflected on cert):

Contact no.:

Email:

Profession:

AHP (please indicate): _____ Doctor Nurse Others: _____

Department:

Organisation:

PRN/ MCR/ Nursing no. (if applicable):

Any cancellation or replacement must be conveyed to PGAHI in writing. A cancellation fee of 50% of course fee will be charged if the cancellation is made before **18 June 2019**. There will be no refund of course fee for cancellation on or after **18 June 2019**. PGAHI reserves the right to cancel the course and fully refund the amount of registration fee paid to the participants should unforeseen circumstances necessitate it.

For **cheque payment**, please issue a **crossed cheque** payable to "Singapore General Hospital Pte Ltd" and mail the cheque attention to Amelia Lim, **SGH-PGAHI, 20 College Road, Academia, Level 2, Singapore 169856**.

For **invoice to organisation**, please complete the below billing details:

BILLING DETAILS

Bill to:

Billing address:

Attention invoice to (name & department):

Email of addressee:

Contact no. of addressee:

I consent to Singapore General Hospital and its related corporations (collectively 'SingHealth'), their agents and SingHealth's authorised service providers collecting, using, disclosing and/or processing my personal data, in order to send me marketing materials, etc.

I confirm and agree that my consents granted herein do not supersede or replace any other consents which I may have previously provided to SingHealth in respect of my personal data, and are additional to any rights which SingHealth may have at law to collect, use or disclose my personal data.

By providing the information set out in this form and submitting the same to you, I confirm that I have read, understood and consent to the SingHealth Data Protection Policy, a copy of which is available at <http://www.singhealth.com.sg/pdpa>. Hard copies are also available on request.