



Motivational Interviewing (Building Skills)

31 October – 1 November 2019

Introduction

This two-day course is ideal for participants who attended the Motivational Interviewing (MI) Foundational Skills course previously and are keen to advance their skills in practicing MI.

The course is highly interactive, practice based and experiential. Participants will engage in observed MI practice and receive real time feedback to help build skills in a relaxed, supportive and safe environment.

Course Objectives

The course aims for participants to increase proficiency in MI through:

- deepening reflective listening skills
- listening to and interacting with change and sustain talk
- expanding your working knowledge of MI
- learning the basics of coding MI practice
- develop an ongoing personal learning plan

Target Audience

Healthcare Professionals who have previously attended the Motivational Interviewing (MI) Foundational Skills course.

Course Outline

- Importance of MI Spirit
- Four Processes of MI
- Emphasis on Change Talk
 - Depth, Strength and Momentum
- Working with Sustain Talk and Discord
- Search for the Mechanisms Of Action in MI
- Motivational Interviewing Treatment Integrity code (MITI) 4.2.1
- How to increase proficiency in MI
 - Working with coded and un-coded transcripts
 - Reflective practice
 - Deepening reflections
 - Fine tuning listening skills

Course Details

Date	: 31 Oct – 1 Nov 2019
Duration	: 2 days
Time	: 9.00 am – 5.00 pm
Venue	: Academia, 20 College Road
Fee	: S\$660 per pax (SingHealth) (incl of 7% GST) S\$735 per pax (Regular)

Teaching Faculty



Dr Joel Porter is the Director of JSP Training & Consulting based in Gold Coast, Australia. He is an Adjunct Associate Professor at University of Canberra. Joel is a registered Clinical Psychologist and board-certified Clinical Supervisor. His career has centred around understanding and treating addictive disorders.

For the past decade, Joel has been providing MI training in Australia, New Zealand, Southeast Asia, China, Europe and North America. Joel is a member of the Motivational Interviewing Network of Trainers (MINT) and held a seat on the organisation's Board of Directors.

Registration

Ms Amelia Lim
Email: amelia.lim.j.t@sgh.com.sg



Quick links

[FAQs](#)

[PGAHI Programmes](#)

[Training Calendar and Directory](#)



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Registration Slip

Motivational Interviewing (Building Skills) 31 October – 1 November 2019

Submit your registration form to Amelia Lim at amelia.lim.j.t@sgh.com.sg by **30 Sept 2019!**

The information provided for course registration is true and accurate to the best of my knowledge. Submission of any false information will render my application void with no refund of registration fee. Submission of my professional certification or qualifications for auditing purpose may be required.

By registering for the course, you agree to the [Terms & Conditions](#) of PGAHI.

Quick links: [FAQs](#), [PGAHI Programmes](#), [Training Calendar and Directory](#)

PARTICIPANT'S PARTICULARS

Name *(to be reflected on cert)*:

Contact no.:

Email:

Profession:

AHP *(please indicate)*: _____ Doctor Nurse Others: _____

Department:

Organisation:

PRN/ MCR/ Nursing no. *(if applicable)*:

Any cancellation or replacement must be conveyed to PGAHI in writing. A cancellation fee of 50% of course fee will be charged if the cancellation is made before **30 Sept 2019**. There will be no refund of course fee for cancellation on or after **30 Sept 2019**. PGAHI reserves the right to cancel the course and fully refund the amount of registration fee paid to the participants should unforeseen circumstances necessitate it.

For **cheque payment**, please issue a **crossed cheque** payable to "Singapore General Hospital Pte Ltd" and mail the cheque attention to Amelia Lim, **SGH-PGAHI, 20 College Road, Academia, Level 2, Singapore 169856**.

For **invoice to organisation**, please complete the below billing details:

BILLING DETAILS

Bill to:

Billing address:

Attention invoice to *(name & department)*:

Email of addressee:

Contact no. of addressee:

I consent to Singapore General Hospital and its related corporations (collectively 'SingHealth'), their agents and SingHealth's authorised service providers collecting, using, disclosing and/or processing my personal data, in order to send me marketing materials, etc.

I confirm and agree that my consents granted herein do not supersede or replace any other consents which I may have previously provided to SingHealth in respect of my personal data, and are additional to any rights which SingHealth may have at law to collect, use or disclose my personal data.

By providing the information set out in this form and submitting the same to you, I confirm that I have read, understood and consent to the SingHealth Data Protection Policy, a copy of which is available at <http://www.singhealth.com.sg/pdpa>. Hard copies are also available on request.