



**SGH
PGAHI**

POSTGRADUATE
ALLIED HEALTH INSTITUTE

Continuing Professional Education Lecture: Hyponatremia: Approach to Diagnosis and Management 29 September 2021

Synopsis

Hyponatremia, defined as a serum sodium concentration below 135mEq/L, is the most common electrolyte disorder seen in clinical practice. Though it is often mild and asymptomatic, severe, symptomatic hyponatremia can result in significant morbidity and mortality in the hospitalized patient. Hypo-osmolar hyponatremia is characterised by the presence of excess total body water relative to total body solute; this state underpins the multiple etiologies of hyponatremia. Syndrome of inappropriate secretion of anti-diuretic hormone (SIADH) is a disorder of impaired water excretion caused by the inability to suppress ADH secretion. Amongst other causes, several medications have been found to be associated with SIADH and cessation of these drugs, where possible, reverses the underlying ADH excess. While fluid restriction and maintaining adequate solute intake remain the mainstay of treatment, vasopressin receptor antagonists (vaptans) may have a role to play in specific circumstances.

After the lecture, the participants will be able to gain an understanding on:

- Pathophysiology of hyponatremia
- Causes and evaluation of hyponatremia with a focus on SIADH
- Principles in management of hyponatremia

Speaker

Dawn Lim Shao Ting

MBBS, MRCP (UK)

Senior Consultant

Department of Endocrinology

Singapore General Hospital

Dr Dawn Lim obtained specialist accreditation in Endocrinology in 2012 and is a Senior Consultant in the Department of Endocrinology at Singapore General Hospital. Her primary area of interest is in the field of Pituitary and Adrenal Endocrinology.

In 2017, she completed a Fellowship in Pituitary Diseases at Northwest Pituitary Center (Oregon Health & Science University) in Portland, Oregon, USA. She is also active in the SingHealth Residency Internal Medicine Program as chairperson of the Curriculum committee and is Physician Faculty in the Endocrinology Senior Residency Programme.

Lecture Details

Date	:	29 September 2021, Wednesday
Duration	:	60 minutes
Time	:	6.30 pm - 7.30 pm
Fee	:	Complimentary
Platform	:	Zoom Cloud Meetings

Target Audience

Pharmacists

Registration

To register, scan the QR code or click on the web link.
Registration closes on **30 August 2021, Monday**.



<https://form.gov.sg/610777e1c47755001220e09e>

Upon registration, you agree to the following [Terms & Conditions](#). Kindly note that PGAHI reserves the right of final decision on lecture registration.

Limited to 500 participants per lecture.

This lecture will be conducted via [Zoom Cloud Meetings](#) app. For ease of accessing the lecture, please download/update Zoom Cloud Meetings app.

Details of the lecture meeting link will be sent to the successful registrants nearer the lecture date.

Quick Links

[FAQs](#), [PGAHI Programmes](#), [Training Calendar and Directory](#)