

# **Continuing Professional Education Lecture: TCM - Antithrombotic Agents Interactions**

## 24 July 2019

### **Synopsis**

Antithrombotic drugs are used extensively for the prevention and treatment of thrombosis in conditions such as stroke, AF and VTE. Patients, who are started on these drugs, usually take them for years. When patients seek alternative treatments like TCM to co-manage their conditions, they are not aware that potential drug-herb interactions may occur. These potential drug-herb interactions may lead to toxicities like bleeding or a reduction in the efficacy of the antithrombotic drugs.

As healthcare professionals, it is important that we are equipped with some knowledge and be able to advise and counsel patients on the potential risks of drug-herb interactions.

Through this short lecture, we will discuss on potential risks of drug-herb interactions and their impact on toxicities and efficacies. We will also look at how to elicit information with regards to TCM usage from patients.

## Speaker

#### Mr Ricky Ang Seng Kok BSc (Pharm), Dip (TCM)

Mr Ricky Ang graduated with a BSc (Pharm) from National University of Singapore (NUS) in 1997. He is currently a pharmacist with National Cancer Center Singapore (NCCS).

In 2008, he obtained his Diploma in TCM from The Singapore College of Traditional Chinese Medicine. In 2014, he obtained his PhD in TCM from Nanjing University of Chinese Medicine (NJUCM).

He sat in the Singapore General Hospital - Traditional Medicine Information Service (SGH TMIS) committee from 2012-2014, which answer queries related to herbal medicines from healthcare professionals.

Currently, he volunteers as a TCM practitioner in a charitable organization.

## **Target Audience**

Pharmacists and All Allied Health Professionals

#### **Lecture Details**

Date : 24 July 2019

Duration : 1 hour

Time : **6.30 pm - 7.30 pm** 

Venue : Learning Space Room 4/5

Singapore General Hospital Block 6 Level 1, Outram Road

Singapore 169608

Fee : Complimentary

#### Registration

To register, please submit the following details to sharon.ho.shu.phing@sgh.com.sg by **10 July 2019.** 

- Name
- Organisation/Department
- Profession
- Contact No.
- Email Address
- SGH Employee No. (if applicable)
- Professional Registration No.

Upon registration, you agree to the following **Terms & Conditions**.

Limited to 120 pax, on a first-come-first-served basis. As priority would be given to those who have preregistered, walk-in registration may not be accepted.

To maximise your learning and also to help each other to focus better at the lecture, please be punctual for the lecture.

## **Enquiries**

#### Ms Carlyn Wee

Contact No.: (65) 6576 2711

Email: carlyn.wee.g.p@sgh.com.sg

1 CPE point will be awarded.
Participants who arrive later than 6.45 pm
will not be accrued with CPE point.