

Continuing Professional Education Lecture: Total Pain in Palliative Care 18 January 2024

Synopsis

Dame Cicely Saunders, a pioneer of modern hospice movement, first coined the term “Total Pain” in 1964, which emerged from her unique perspectives as a nurse, social worker, and physician. By articulating the relationship between physical pain, psychological suffering, social problems, and spiritual distress, it changed the way we approach the assessment and management of pain.

This lecture will discuss about the concept of “Total Pain” and the implication on patient’s pain management. An approach to recognise, assess, and manage patients who are suffering from “Total Pain” will be demonstrated through a case study, and the role of an interdisciplinary team management will be highlighted.

After the lecture, the participants will be able to gain an understanding on:

- Concept of Total Pain in palliative care
- Identifying patients who may have Total Pain
- An interdisciplinary approach to managing patients with Total Pain

Registration

To register (*internet access is required*), scan the following QR code or click on the web link. Registration closes on **28 December 2023, Thursday**.



<https://form.gov.sg/65499dca1774c100122340ea>

Upon registration, you agree to PGAHI [Terms & Conditions](#).

Zoom Capacity: 500

This lecture will be conducted via Zoom Cloud Meetings app. For ease of accessing the lecture, please download Zoom Cloud Meetings app.

Details of the lecture meeting link will be sent to the successful registrants nearer the lecture date.

Lecture Details

Date	: 18 January 2024, Thursday
Duration	: 1 hour
Time	: 6.30 pm - 7.30 pm
Fee	: Complimentary
Platform	: Zoom Cloud Meetings

Target Audience

Pharmacists

Speaker



Dr Lee Guozhang
Consultant
Department of Internal Medicine
Singapore General Hospital

Dr Lee Guozhang is dually-accredited in the specialties of Internal Medicine and Palliative Medicine, and has a keen interest in the area of non-cancer palliative care. In 2018, he set up the Internal Medicine Supportive and Palliative Care Service (IM-SPCS) in Singapore General Hospital (SGH), which focuses on providing supportive & palliative care for patients with chronic disease and multi-morbidity. He also runs the interdisciplinary Renal Supportive Care (RSC) service which provides supportive care for patients with advanced chronic kidney disease. In collaboration with SingHealth Community Nursing, he and his team piloted a community nurse-led model of generalist palliative care in 2019.

In addition, he holds concurrent appointments as Director of Community Partnerships, SingHealth Duke-NUS Supportive and Palliative Care Centre (SDSPCC) and sits on several Advance Care Planning and Palliative Care-related workgroups and committees at the cluster and national levels.

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