



Continuing Professional Development Lecture: Cervicogenic Headache 2 May 2019

Synopsis

- This lecture will firstly cover how to differentiate primary and secondary musculoskeletal headaches (e.g. tension type headache, cervicogenic headache and headache due to temporomandibular disorder) from other primary (e.g. migraine) and secondary headaches (e.g. headaches due to red flags).
- Differential diagnosis will be covered with respect to the history, investigations and physical examination.
- A focus will be on key physical examination tests that assist allied health professionals in identifying musculoskeletal headaches and in determining impairments associated with them.
- Finally evidence based management of common musculoskeletal headaches will be discussed, with a focus on targeted individualized management.

Teaching Faculty



Dr Trudy Rebbeck PhD FACP

Specialist Musculoskeletal Physiotherapist

Dr Trudy is a specialist musculoskeletal physiotherapist with an area of clinical expertise in the management of whiplash, neck pain, headache and dizziness. She is the co-director of Sydney Specialist Physiotherapy Centre and Australian Specialist Physiotherapy Education. In addition, Trudy holds appointments as a Senior Lecturer and Research Fellow at the University of Sydney (0.6FTE), a training facilitator and examiner for the Australian College of Physiotherapists and a Medical Assessor for the State Insurance Regulatory Authority (SIRA), Dispute Resolution Service (DRS). She obtained her PhD in 2007, has subsequently been awarded over \$7m in competitive research grants and has over 40 peer reviewed publications. She has been an invited speaker at many national and international conferences and workshops in the area of cervical spine disorders such as whiplash, headache and dizziness.

Lecture Details

Date	: 2 May 2019 (Thursday)
Duration	: 1 hour
Time	: 6.00 pm – 7.00 pm
Venue	: Learning Space Room 4/5 Singapore General Hospital Block 6 Level 1, Outram Road Singapore 169608
Fee	: Complimentary

Target Audience

Physiotherapists and Occupational Therapists. Other Allied Health Professionals are also welcome.

(Limited to 120 pax, on a first-come-first-served basis)

Registration

To register, please submit the following details to sharon.ho.shu.phing@sgh.com.sg by **25 Apr 2019**.

- **Name**
- **Organisation/Department**
- **Profession**
- **Contact No.**
- **Email Address**
- **SGH Employee No. (if applicable)**
- **Professional Registration No.**

Upon registration, you agree to the following [Terms & Conditions](#).

Limited to 120 pax, on a first-come-first-served basis. As priority would be given to those who have pre-registered, walk-in registration may not be accepted.

To maximise your learning and also to help each other to focus better at the lecture, please be punctual for the lecture.

Enquiries

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