



**SGH
PGAHI**

POSTGRADUATE
ALLIED HEALTH INSTITUTE

Continuing Professional Development Lecture Series: Creative Arts Therapies and Therapeutic Medical Play In Healthcare (Part 3)

Understanding the Therapeutic Significance of Play in the Hospital

29 October 2020

Synopsis

A visit or stay in the hospital can be a daunting and stress inducing experience for children and their families. Processing information and making sense of procedures, medical equipment, medicine taking etc. can be overwhelming. Child Life Therapy is an integral part of every child's hospital experience. Child Life Therapy advocates for the care and wellbeing of children and families through both child centred and family oriented support. One of the primary focus of this profession is to help children and their families navigate through challenging hospital experiences while building resilience and enhancing coping capacities.

During this talk, participants will be introduced to:

1. the work of Child Life Therapists
2. the therapeutic strategies utilised during Child Life Therapy sessions
3. a short case study on mapping the medical journey of a patient

This presentation will end with a short Q&A.

Speaker



Tanuja Nair
Head of Service, CHAMPs (Child Life, Art and Music Therapy Programmes)
Principal Child Life Therapist
KK Women's and Children's Hospital

Tanuja has been with KK Women's and Children's Hospital (KKH) since 2007 as a Child Life Therapist and works with children and their families. Tanuja is a certified Child Life Specialist and Children's Recreational Teacher. As a Child Life Therapist, she works closely with medical, nursing and allied health professionals to support children, adolescents and families through various challenging and complex hospital experiences. Tanuja is a recipient of the 2020 National Day Efficiency Medal and was also the recipient of the 2018 GCEO Excellence Awards: Outstanding Allied Health Professional. She continues to work alongside her team to advocate for and champion the needs of paediatric patients and their families.

Lecture Details

Date	:	29 October 2020, Thursday
Duration	:	60 minutes
Time	:	6.00 pm – 7.00 pm
Fee	:	Complimentary
Platform	:	Zoom Cloud Meetings

Target Audience

All allied health professionals

Registration

To register, scan the QR code or click on the web link.
Registration closes on **2 October, Friday**.



<https://form.gov.sg/5f5eff6fc4e6c7001161af07>

Upon registration, you agree to the following [Terms & Conditions](#).

Zoom capacity: 500

This lecture will be conducted via [Zoom Cloud Meetings](#) app. For ease of accessing the lecture, please download/update Zoom Cloud Meetings app.

Details of the lecture meeting link will be sent to the successful registrants nearer the lecture date.

Quick Links

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