

## Continuing Professional Development Lecture Series: Creative Arts Therapies and Therapeutic Medical Play In Healthcare (Part 2)

*Understanding The Role Of Art Therapy In The Healing And Recovery Of Psychological Trauma*

24 September 2020

### Synopsis

This CPD lecture introduces the role of art therapy in the recovery from that trauma. Through this presentation, the audience will:

1. Understand the definition and the basic concepts of psychological trauma
2. Understand the role of art therapy in healing and recovery
3. Gain an overview of the strategies used in art therapy for trauma healing and recovery.

### Speaker



**Dian Handayani**  
**Art Therapist**  
**Department of Psychology**  
**Singapore General Hospital**

Dian is an art therapist at Singapore General Hospital's (SGH) Department of Psychology. Her career at SGH began in the Eating Disorders unit, where she was the Deputy Director of the programme. Dian's passion in the field of trauma and sexual health led her to pursue a MSc in Medicine: HIV, STIs and Sexual Health (Counselling) at the University of Sydney, where she graduated in 2018. Dian was a recipient of the Singapore Health Quality Service award. She hopes to use her background in arts, mental and sexual health to provide quality whole-person-care in medicine. Dian is currently pursuing a certification in Somatic Experiencing® Practitioner to further her study in the trauma field.

### Quick Links

[FAQs](#)

[PGAHI Programmes](#)

[Training Calendar and Directory](#)

### Lecture Details

Date	:	<b>24 September 2020, Thursday</b>
Duration	:	<b>60 minutes</b>
Time	:	<b>6.00 pm – 7.00 pm</b>
Fee	:	<b>Complimentary</b>
Platform	:	<b>Zoom Cloud Meetings</b>

### Target Audience

All allied health professionals

### Registration

To register, scan the QR code or click on the web link.  
Registration closes on **4 September, Friday**.



<https://form.gov.sg/5f3b6a2fc6a1ba00111c83d8>

Upon registration, you agree to the following [Terms & Conditions](#).

This lecture will be conducted via [Zoom Cloud Meetings](#) app. For ease of accessing the lecture, please download/update Zoom Cloud Meetings app.

Details of the lecture meeting link will be sent to the successful registrants nearer the lecture date.