



Continuing Professional Development Lecture: Integrating the Arts and Art Therapy in Healthcare

2 July 2019

Synopsis

This CPD lecture introduces the audience to the application of the arts in healthcare and holistic patient care. The audience will learn various practices of arts in healthcare that include the differences and similarities between the roles of an art therapist, artist in resident, arts facilitator or artist. The basic principle and spectrum of art therapy practices in the healthcare setting will also be presented.

This lecture will provide the audience with the opportunity to engage in visual art techniques that support stress reduction and patient's recovery journey. The presentation will end with discussions on how the audience can begin to integrate art and creativity in their healthcare setting.

Speaker

Ms Dian Handayani
Art Therapist
Department of Psychology
Singapore General Hospital

Ms Dian Handayani is an Art Therapist at Singapore General Hospital since 2010. Her art psychotherapy career in the field of health care and mental health began at the SGH Eating Disorders unit where she now holds a Deputy Director position for the Eating Disorders Programme. She is a member of Australian, New Zealand and Asian Arts Therapy Association and an Advanced Solution-Focused Practitioner.

Dian's passion in mental health, trauma and sexual health had recently led her to complete an MSc in Medicine on HIV, STIs and Sexual Health (Counselling Stream) with Sydney University Australia.

Lecture Details

Date : **2 July 2019 (Tuesday)**
Duration : **1 hour**
Time : **6.00 pm – 7.00 pm**
Venue : **Learning Space Room 4/5**
Singapore General Hospital
Block 6 Level 1, Outram Road
Singapore 169608
Fee : **Complimentary**

Target Audience

All allied health professionals, doctors and nurses.

Registration

To register, please submit the following details to agnes.low.s.m@sgh.com.sg by **17 June 2019 (Mon)**.

- **Name**
- **Organisation/Department**
- **Profession**
- **Contact No.**
- **Email Address**
- **SGH Employee No. (if applicable)**
- **Professional Registration No.**

Upon registration, you agree to the following [Terms & Conditions](#).

Limited to 120 pax, on a first-come-first-served basis. As priority would be given to those who have pre-registered, walk-in registration may not be accepted.

To maximise your learning and also to help each other to focus better at the lecture, please be punctual for the lecture.

Enquiries

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