



Continuing Professional Development Lecture: Introduction to Art Therapy 7 December 2022

Synopsis

In this introductory lecture, learn more about what is Art Therapy, common interventions, and how it can play a role in supporting the mental health of individuals in inpatient and outpatient settings.

At the end of this talk, the participants will be able to gain an understanding on:

- History and the emergence of Art Therapy in modern Healthcare settings
- Introductory Art Therapy theories and applications
- Benefits of Art Therapy via an experiential Art Therapy activity

Speaker



**Miss Phylaine Toh, MA AThR
Art Therapist
Music and Creative Therapy Unit
Singapore General Hospital**

Phylaine is a credentialed Art Therapist working at the Singapore General Hospital (SGH). She received her Master in Art Therapy from LaTrobe University, and is a professional member under the Australian, New Zealand and Asian Creative Arts Therapist Association (ANZACATA).

Phylaine is experienced in supporting adolescents and adults living with long-standing psychiatric conditions and Complex Trauma. She also facilitates legacy Art Therapy interventions to support individuals who are receiving end-of-life care.

Phylaine's passion lies in the humanistic aspects of patient care in acute medical settings. Phylaine takes on a strengths-based approach in her practice with the aims of helping patients improve their sense of self through developing an identity that is apart from their medical conditions and physical limitations.

Lecture Details

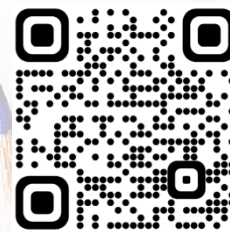
Date	:	7 December 2022, Wednesday
Duration	:	60 minutes
Time	:	6.00 pm – 7.00 pm
Fee	:	Complimentary
Platform	:	Zoom Cloud Meetings

Target Audience

Allied health professionals

Registration

To register (*Internet access is required*), scan the QR code or click on the web link. Registration closes on **11 November 2022, Friday**.



<https://form.gov.sg/6311c0fb06756100124d122e>

Upon registration, you agree to the following [Terms & Conditions](#).

Zoom Capacity: 500

This lecture will be conducted via [Zoom Cloud Meetings](#) app. For ease of accessing the lecture, please download/ update Zoom Cloud Meetings app.

Details of the lecture meeting link will be sent to the successful registrants nearer the lecture date.

Quick Links

[FAQs](#)

[PGAHI Programmes](#)

[Training Calendar and Directory](#)