



**SGH
PGAHI**

POSTGRADUATE
ALLIED HEALTH INSTITUTE

Continuing Professional Development Lecture

Developing Patient-centered Practice in the Allied Health Professions: can Motivational Interviewing Training Help?

Synopsis

Healthcare professionals are expected to be patient-centered in their practice, to communicate effectively and to work in partnership with their patients. This interactive lecture introduces current concepts of patient-centered care and some challenges associated with working in this way, especially when promoting patient self-management approaches.

Based on a growing evidence base, and supported by her own research findings, the speaker will present motivational interviewing as an evidence-based approach which can support patient-centered practice and promote patient behavior change. Known barriers to and facilitators of the development of patient-centered care and motivational interviewing in practice will be outlined. These include individual factors as well as collective factors within the work environment.

Finally, the speaker will identify some simple strategies and prompts which attendees can take away to develop motivational interviewing skills within their own practice environment.

Speaker



Professor Lesley Haig has been Head of Allied Health Sciences at London South Bank University since 2014 and is the University's Lead Allied Health Professional. She is the International Lead for the School of Health and Social Care with many years of experience in developing academic, consultancy and research partnerships.

Professor Haig is a qualified physiotherapist and has worked in a variety of roles as an academic senior manager and physiotherapy researcher, practitioner and educator. She has spent the majority of her career in musculoskeletal and sports medicine, working with elite athletes and teams nationally and internationally. Her doctoral studies and current research focuses on training physiotherapists and other AHPs in motivational interviewing, a person-centered complex behavior change intervention. Other research interests have been wide-ranging and have included the management of genuine stress incontinence in females and the exercise rehabilitation of injured individuals.

Lecture Details

Date:	3 September 2018 (Monday)
Time:	6.00 pm – 7.00 pm
Venue:	Learning Space Room 4/5 Singapore General Hospital Block 6 Level 1 Outram Road Singapore 169608
Fee:	Complimentary

Target Audience

Current practising healthcare professionals in the hospital and community setting

(Limited to 120 pax, on a first-come-first-served basis)

Registration

Please submit your registration at this [LINK](#) by **27 August 2018**.

Upon registration, you agree to the following [Terms & Conditions](#).

Enquiries

Ms Agnes Low

Contact No. | 6576 2714

Email: agnes.low.s.m@sgh.com.sg

As priority would be given to those who have pre-registered, walk-in registration may not be accepted.

To maximise your learning and also to help each other to focus better at the lecture, please be punctual for the lecture.