



**SGH
PGAHI**

POSTGRADUATE
ALLIED HEALTH INSTITUTE

Continuing Professional Development Lecture: Introduction to Music Therapy 26 April 2023

Synopsis

Music therapy is a unique healthcare profession that utilizes music to assist individuals in addressing and improving their physical, communication, cognitive function and psycho-emotional needs. Although music therapy has been gradually gaining public awareness in healthcare over the years in Singapore, there is still much advocacy to be done to get it mainstream.

This presentation aims to provide an insight of what music therapy is, specifically in a hospital setting and as well as, to uncover the benefits of music therapy through various case studies.

At the end of this talk, the participants will be able to gain an understanding on:

- what is music therapy
- common music interventions
- the supportive role of music therapy in a healthcare setting via a music therapy experiential activity

Target Audience

Allied health professionals

Registration

To register (Internet access is required), scan the QR code or click on the web link. Registration closes on **27 March 2023, Monday**.



<https://form.gov.sg/63c79904b9029d001113d366>

Upon registration, you agree to the following [Terms & Conditions](#).

Zoom Capacity: 500

This lecture will be conducted via [Zoom Cloud Meetings](#) app. For ease of accessing the lecture, please download/update Zoom Cloud Meetings app.

Details of the lecture meeting link will be sent to the successful registrants nearer the lecture date.

Quick Links

[FAQs](#), [PGAHI Programmes](#), [Training Calendar and Directory](#)

Lecture Details

Date	:	26 April 2023, Wednesday
Duration	:	60 minutes
Time	:	6.00 pm – 7.00 pm
Fee	:	Complimentary
Platform	:	Zoom Cloud Meetings

Speaker

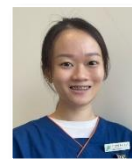
Ms Stephanie Chan Jia Hui
Music Therapist
Music & Creative Therapy Unit
Singapore General Hospital



Stephanie is a Board-Certified Music Therapist (MT-BC) with clinical experiences in USA and Singapore. She holds a Bachelor of Music in Music Therapy and a Minor in Psychology from Berklee College of Music, and has worked with a variety of patient populations at Beth Israel Deaconess Medical Center, Spaulding Rehabilitation Hospital, Boston Children's Hospital and Merrimack Valley Hospice.

Stephanie is passionate and experienced in supporting individuals undergoing neuro-rehabilitation, palliative, ICU and as well as dementia care. She currently works at Singapore General Hospital where she adopts a humanistic approach in patient care that is altogether engaging, personal, uplifting and innovative in supporting patients towards their therapeutic goals.

Ms Chong Kai Wen
Music Therapist
Music & Creative Therapy Unit
Singapore General Hospital



Kai Wen is a Registered Music Therapist (RMT) at Singapore General Hospital. She obtained her Master of Music Therapy from the University of Melbourne, Australia. Through her clinical placements, Kai Wen experienced working with different people populations that include people with Profound Intellectual & Multiple Disabilities at SCOPE, The Royal Children's Hospital, Monash Mc Culloch House-Palliative Care Unit, as well as a Chinese Elderly Care Home.

Kai Wen is passionate in working with post-stroke patients on their rehabilitation journey, dementia care, children with ASD (Autism Spectrum Disorder) and developmental delay, as well as infants in the Neonatal Intensive Care Unit (NICU). She adopts both humanistic and resource-oriented approaches where she always encourages self-expression and self-empowerment through music in her patient care.