



Continuing Professional Development Lecture: Understanding Mental Illnesses Series – Going Beyond the Surface Part 4 - What Is Obsessive Compulsive Disorder (OCD)?

21 July 2021

Synopsis

You may have heard of the term OCD being used quite regularly in our normal conversation. What is OCD? How do we know if we or someone we know has OCD? Is OCD just about washing of hands?

Come join us to learn more about what OCD really is:

- Learn to recognize the signs and symptoms of OCD
- Differentiate between OCD and Obsessive Compulsive Personality

Speaker

Dr Evelyn Boon PhD
Senior Principal Psychologist
Head, Psychology
Singapore General Hospital

Evelyn has worked in the mental health field since 1995 and is currently Head of Psychology at SGH. She started her career in the field of addictions and now specialises in body image, eating disorders, diabetes and trauma. She is trained in various therapeutic approaches, including hypnotherapy and Eye Movement Desensitisation and Reprocessing. She is passionate in advocating for mental health and well-being as well as creating more understanding of mental illnesses.

Quick Links

- [FAQs](#)
- [PGAHI Programmes](#)
- [Training Calendar and Directory](#)

Lecture Details

Date	:	21 July 2021, Wednesday
Duration	:	60 minutes
Time	:	6.00 pm – 7.00 pm
Fee	:	Complimentary
Platform	:	Zoom Cloud Meetings

Target Audience

Allied health professionals, doctors and nurses.

Registration

To register, scan the QR code or click on the web link. Registration closes on **25 June 2021, Friday**.



<https://form.gov.sg/609b4e90b3fce000127d5a2b>

Upon registration, you agree to the following [Terms & Conditions](#).

Zoom Capacity: 500

This lecture will be conducted via [Zoom Cloud Meetings](#) app. For ease of accessing the lecture, please download/update Zoom Cloud Meetings app.

Details of the lecture meeting link will be sent to the successful registrants nearer the lecture date.