

Continuing Professional Development Lecture: Introduction to Acupuncture 10 January 2024

Synopsis

Acupuncture is an integral part of Traditional Chinese Medicine (TCM) which originated from China more than 3000 years ago. The use of acupuncture has gained popularity worldwide in the recent decades.

There has also been an increasing demand for acupuncture in Singapore over the years and with its wider acceptance, acupuncture has been gradually integrating into mainstream healthcare. Patients who are looking for natural and safe treatment are increasingly open to opting for acupuncture at hospitals to complement conventional treatment.

This presentation aims to provide an insight of what acupuncture is, specifically in a hospital setting and how it may complement conventional treatment.

After the lecture, the participants will be able to gain an understanding on:

- What is acupuncture and how does it work?
- Common acupuncture indications
- Various acupuncture interventions

Target Audience

Allied Health Professionals, Pharmacists, Doctors and Nurses.

Registration

To register (Internet access is required), scan the QR code or click on the web link. Registration closes on **10 December 2023, Sunday**.



<https://form.gov.sg/6513d739020dec0012702807>

Upon registration, you agree to the following [Terms & Conditions](#).

Zoom Capacity: 500

This lecture will be conducted via [Zoom Cloud Meetings](#) app. For ease of accessing the lecture, please download/update Zoom Cloud Meetings app. Details of the lecture meeting link will be sent to the successful registrants nearer the lecture date.

Quick Links

[FAQs](#) | [PGAHI Programmes](#) | [Training Calendar](#)

Lecture Details

Date	:	10 January 2024, Wednesday
Duration	:	60 minutes
Time	:	5.30 pm – 6.30 pm
Fee	:	Complimentary
Platform	:	Zoom Cloud Meetings

Speakers



Cui Shu Li
Senior Principal Acupuncturist
Acupuncture Service Centre
Singapore General Hospital

Cui Shu Li is a registered Acupuncturist and TCM Physician in Singapore. She practiced both Eastern and Western medicine in hospital in China after she graduated in Beijing University of TCM medicine in China. In 1996, she was invited by the Ministry of Health (MOH) to work at the Ang Mo Kio Community Hospital (AMKCH) Acupuncture Clinic and invited by Singapore General Hospital to work in SGH Acupuncture Clinic since 1998. Currently, she serves as a member to the academic committees of Traditional Chinese Medicine Practitioners Board (TCMPB).

As a Senior Principal Acupuncturist, she is dedicated to using Acupuncture to alleviate pain, insomnia, anxiety, and weakness. Her main goal is to diagnose patients comprehensively and identify the most effective treatment methods. With great passion in her field, she also collaborates with different departments on research projects. Owing to her rich experience, Shu Li has been invited to deliver lectures and presentations by local and overseas Academic institutions.



Jeraldine Seah Cheng Ngee
Senior Acupuncturist
Acupuncture Service Centre
Singapore General Hospital

Jeraldine is a Senior Acupuncturist at Singapore General Hospital. She graduated from the pioneer batch of the joint double degree programme in Chinese Medicine and Biomedical Sciences, offered by Nanyang Technological University and Beijing University of Chinese Medicine in 2010, where she was awarded the 2009 – 2010 Beijing Municipal Government Scholarship. With more than 10 years of clinical experience, Jeraldine has an acute interest in chronic pain management, insomnia, anxiety, and infertility. She is passionate in raising awareness in TCM to the public as well as western medical and allied health professionals.