



SELENIUM, SERUM

Synonym(s):

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Lab Section Category	Clinical Biochemistry Click here to find out more about the write-up (/clinical-departments-centers/pathology/pathology-handbook/lab-discipline-special-instructions/pages/clinical-biochemistry.aspx).
Specimen Required	5 mL plain blood collected in trace metal free tube Avoid haemolysis.
Method	Inductively Coupled Plasma Mass Spectrometry
Reference Interval/Value	≥ 20 yrs: 107 - 208 ug/L
Turnaround Time	Mean = 7 days ; Range 3 - 11 days
Day(s) Test Set up	Monday - Friday
Remarks	Instructions Before Sampling: Patient should avoid taking either gadolinium or iodine containing contrast media for at least 4 days as they can interfere with trace metal tests.

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