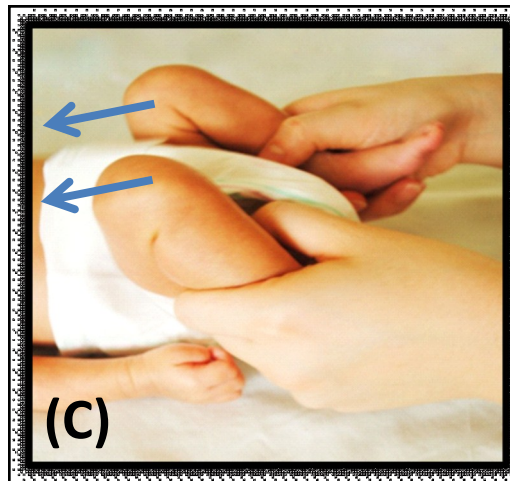
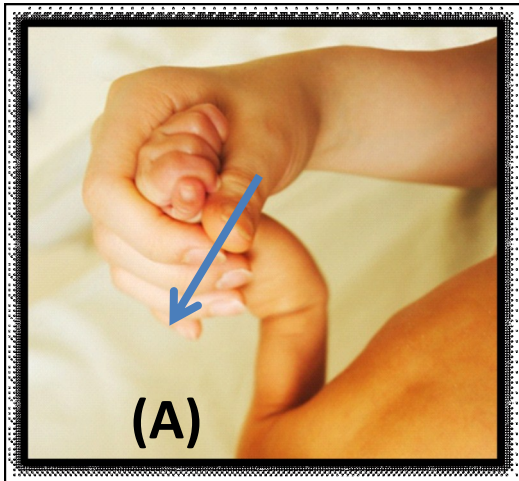
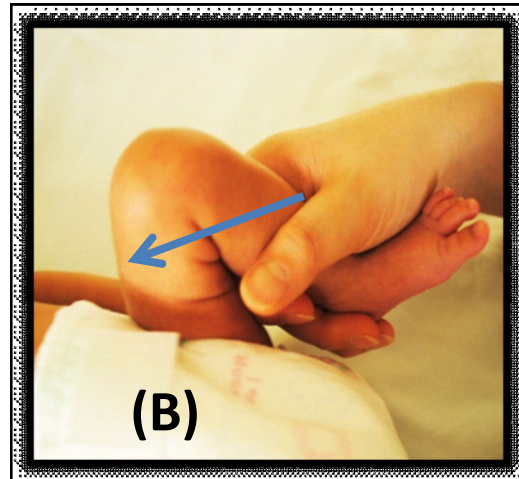


## KINESTHETIC STIMULATION



Six 10 seconds "bicycling-like" movements:

- A. Bend right arm up and down
- B. Bend left arm up and down
- C. Bend right knee to tummy & down
- D. Bend left knee to tummy & down
- E. Bend both knees to tummy and down



## INFANT STIMULATION PROGRAM



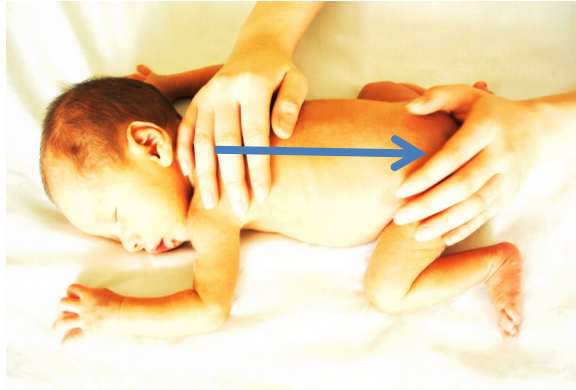
**A Tactile and Kinesthetic  
Program to provide  
Positive Touch  
and to enhance  
Growth and Development  
of Preterm Infant**



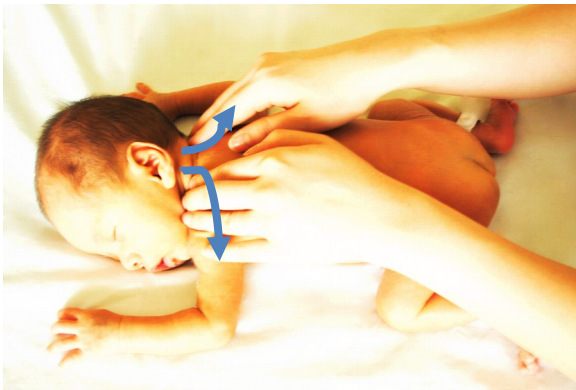
# TACTILE STIMULATION



- 1) Place your baby lying on the tummy. Six 10-second strokes from top of head down to neck and back to top of head



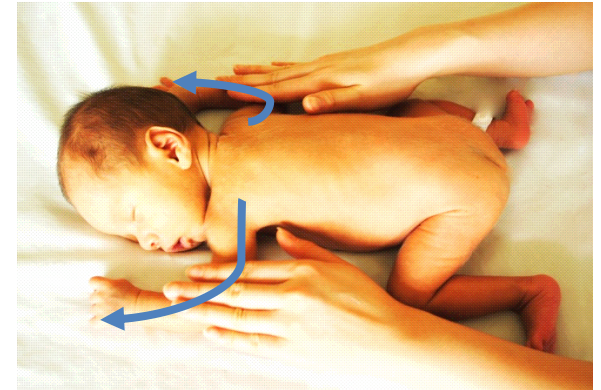
- 3) Six 10-second strokes from upper back down to the buttocks and returning to upper back



- 2) Six 10-second strokes from back of neck across to shoulder tips and back to neck.



- 4) Six 10-second strokes from both hips down to feet and back to hips



- 5) Six 10-second strokes from both shoulders down to hands and back to shoulders