Glucose 6 Phosphate Dehydrogenase (G6PD) Deficiency Information for Parents

Your baby has been diagnosed with a deficiency of Glucose 6 Phosphate Dehydrogenase (G6PD), an enzyme normally present in the blood.

Please be assured that this is not a serious disease, and your child is perfectly normal. As he/she may feel unwell on coming into contact with certain agents, we advise you to take the following precautions:

- Do inform all doctors who are treating your child of this deficiency.
- Should you have more children in future, do inform your future obstetrician and the doctors treating your other children of your child's deficiency.
- Do not keep your child's clothing among mothballs. Persons coming into contact with your child must also take precautions not to keep their clothing among mothballs.

A list of medications, foods and infections that may result in reaction in your child is included on the back of this card. Please take care to avoid them.

THINGS TO AVOID

■ MEDICATIONS

Antimalarials

- Primaguine
- Pamaquine
- Pentaquine
- Plasmoquine
- Ouinocde
- Quinacine (Atabrine)

All Sulfones

All Sulfonamides

Antipyretics and Analgesics:

- Acetylsalicylic Acid (Aspirin)
- Acetophenetidin (Phenacetin)

Nitrofurans:

 Nitrofurantoin (Furadantin)

Others:

- Dimercaprol (BAL)
- · Methylene blue
- Naphthalene
- Phenylhydrazine
- Acetyphenhydrazine
- Probenecid
- Vitamin K (large doses of water soluble analogues)
- Nalidixic acid (Negram)
- Orinase
- *Chloroquine

■ FOODS

- Chinese and Malay wines
- · Fava beans (kachang parang)

■ VIRUSES / INFECTIONS

- Respiratory viruses
- · Infectious hepatitis
- Infectious mononucleosis
- · Bacterial pneumonia

■ ALL TRADITIONAL MEDICINAL PREPARATIONS

* - Haemolysis rare with prophylactic doses for malaria.



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