

## Pre-Surgery Instructions – Local Anaesthesia

### Preparing for Surgery:

#### DO

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| ✓ | Report punctually at the place of admission. Our staff will register and prepare you for your surgery.  |
| ✓ | Have a parent / guardian present to give consent for your operation if you are below 21 years old.  |
| ✓ | Bring your deposit payment and/or employee medical benefits eg Hospital Identification Card, company Letter of Guarantee etc.   |
| ✓ | Take your regular medication as usual.<br>If you are taking any anti-platelet medications such as Warfarin, Aspirin, Ticlid, Plavix etc, please follow your physician's advice. |
| ✓ | Bring along your inhaler if you have Asthma.  |
| ✓ | Dress comfortably and wear comfortable shoes.   |
| ✓ | Bring along a protective case for all your spectacles or hearing aids, if you are wearing them.   |
| ✓ | Inform the <b>Pre-Surgery Hotline (6576 1248)</b> if you are feeling unwell. E.g. Flu, Cough, Fever 7 days prior to the operation.<br>Working hours: Monday to Friday (8am-6pm) |

#### DON'T

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| X | Don't apply makeup, nail polish, or wear jewellery or contact lenses on day of surgery.  |
| X | Don't bring excessive cash or valuables (including laptops and personal mobility aids such as motorised wheelchairs) to the hospital on the day of surgery.<br>- Wheelchairs are available for your use during your stay with us. The hospital reserves the right to safe-keep such valuables as our policies dictate. The hospital will not be responsible for any loss of your personal belongings or valuables. |
| X | Don't bring items such as lighters, matches, knives or any other sharp objects that are prohibited in SGH. These items will be kept by the ward and returned to the patient upon discharge.  |
| X | Don't smoke one day before your surgery  |