TEACHING FACULTY

MAIN TRAINER

Associate Professor Dale Avers
PT, DPT, Ph.D
College of Health Professions
Physical Therapy
Upstate Medical University, USA

Dr Avers has pioneered the field of Gerontology in Physical Therapy. She is an educator and a clinician who has reached national acclaim. She consistently receives exceptional reviews by her students as she delivers dynamic and thoughtful educational sessions. Her academic appointments have been numerous. She is well published in the field as her works cover a wide range of journals and books.

Other members of the teaching faculty include:

Ng Yee Ling
Principal Physiotherapist, Singapore General Hospital

Lee Pei Yeung
Podiatrist, Singapore General Hospital

Joy Heng
Occupational Therapist, Singapore General Hospital

Chen Li Li
Senior Clinical Pharmacist, Singapore General Hospital

Yong Limin
Rehabilitation Manager, Bright Vision Hospital

Lee Sin Yi
Senior Physiotherapist, Tan Tock Seng Hospital

CONTACT

Ms Joyce Lee
SGH – Postgraduate Allied Health Institute
Contact no | (65) 6576 2708
Fax | (65) 6223 9789
Email | joyce.lee.g.l@sgh.com.sg
www.sgh.com.sg/pgahi

Advanced Certificate in Neurological Physiotherapy
Elective Workshop
After this workshop, the participants will be able to:

1. Select the most appropriate mobility and balance tools for any given patient and interpret the findings of the assessment tool to choose impairment measures and inform the treatment plan.
2. Implement effective exercise strategies for any given patient.
4. Evaluate and intervene in balance problems considering the three systems of balance.
5. Recognize the components and causes of frailty and how to intervene appropriately.
6. Analyze motivational problems and challenges with a multiple stakeholder perspective.
7. Gain knowledge about and apply the principles of person-centred care in the management of persons with cognitive impairment.
8. Identify the primary functional problems and associated impairments in total joint arthroplasties and fractured hips and relates their significance to mobility.
9. Discuss multifaceted interventions for the symptoms of arthritis.
10. Incorporate knowledge of the pathology and biomechanics of osteoporosis into effective prevention and intervention.