Registration

Bobath Normal Movement

- S$900 per participant (SPA/SAOT Member)
- S$1000 per participant (Regular)

Registration deadline: 09 May 2014

*All fees inclusive of GST

Name:

NRIC No:

Contact No:

Email:

Designation:

Department:

Organisation:

Mailing Address:

SPA membership no.:

Workshop Details

Date: 19 – 21 May 2014 (Mon – Wed)

Time: 8.30 am – 4.30 pm

Venue:  Therapy Skills Lab, Level 1, Academia
20 College Road, Singapore 169856

Payment

Payment can be made by cheque payable to “Singapore General Hospital Pte Ltd”. Should you require an invoice, please send billing details to the secretariat via email at joyce.lee.g.l@sgh.com.sg

Cancellation Policy

Any cancellation or replacement must be conveyed to PGAHI in writing. A cancellation fee of 50% of registration fee will be charged if the cancellation is received before 30 April 2014. There will be no refund of registration fee for cancellation on or after 30 April 2014. PGAHI reserves the right to cancel the workshop and fully refund the amount of registration fee paid to the participants should unforeseen circumstances necessitate it.

Contact

Ms Joyce Lee
SGH – Postgraduate Allied Health Institute
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Email| joyce.lee.g.l@sgh.com.sg
www.sgh.com.sg/pgahi

Registration will be confirmed upon payment
Introduction

The Bobath concept is a rehabilitation approach used to restore functional movement in patients that have developed movement/postural dysfunctions due to brain injuries, such as stroke and cerebral palsy. Developed by Dr Karel and Mrs Berta Bobath in the 1940s, the Bobath concept remains one of the leading approaches in neurological rehabilitation worldwide, as it continues to evolve in line with current scientific findings.

With the Bobath approach, treatment is based on an analysis of the patient’s movement and abilities through the use of specialised handling techniques to inhibit abnormal tone and facilitate more normal movement. This enables the patient to move more efficiently and effectively and to incorporate these movement strategies into their daily activities to maximise recovery from neurological insults.

This 3-day course is designed to introduce participants to the concepts of normal movement used in the assessment and treatment of adults with neurological or neuromuscular impairments. The course consists of a theoretical introduction to normal movement, practical sessions and a patient demonstration.

Learning Outcomes

At the end of this course, participants are expected to:

1) Describe the concepts and basic components of normal movement
2) Understand the wide postural and tonal variation in the normal population
3) Draw on improved analysis, assessment and facilitation skills to more effectively treat neuromuscular disorders

Target Participants

a) Physiotherapists and Occupational Therapists with adult neurology experience.

b) Medical doctors, speech therapists and registered nurses are welcome to apply too.

Class Size

Maximum of 14 participants

Registration will be based on first-come-first-serve basis. Confirmation of a place in the courses will be upon receipt of full payment.

Teaching Faculty

Ms Kim Jennings is one of four qualified Bobath Tutors from the Australian Bobath Tutors Association (ABTA). The ABTA is a part of the International Bobath Instructors Training Association (IBITA) and it has been providing Bobath courses in Australia and South East Asia since 2000.

Kim is a physiotherapist by training and has recently completed her masters in research with the Monash University. Kim has had many years of experience in conducting Bobath courses. She is currently researching on the efficacy of Bobath training in developing countries.