**REGISTRATION & WORKSHOP DETAILS**

**Date:** 26 – 28 Aug 2016 (Fri – Sun)

**Time:** 9.00 am – 5.00 pm

**Venue:** Therapy Skills Training Lab, Level 1, Academia
20 College Road, Singapore 169856

**Fee:** S$850 per pax (SingHealth Staff)  
S$940 per pax (Regular)

*All fees inclusive of GST

Please send in registration by **5 August 2016** to:

Joyce Lee  
SGH - Postgraduate Allied Health Institute  
20 College Road, Level 2, Academia, S (169856)

All cheques to be made payable to:  
**Singapore General Hospital Pte Ltd**

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**PARTICIPANT’S PARTICULARS**

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<td>Employee No (SGH staff only):</td>
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☐ Please send an invoice to my organisation:

**BILLING DETAILS**

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Cancelling Policy

Any cancellation or replacement must be conveyed to PGAHI in writing.

Cancellation received before 5 August 2016:  
50% of registration fee will be charged

Cancellation received on or after 5 August 2016:  
No refund of registration fee
INTRODUCTION

The Bobath concept is a rehabilitation approach used to restore functional movement in patients that have developed movement/postural dysfunctions due to brain injuries, such as stroke and cerebral palsy. Developed by Dr Karel and Mrs Berta Bobath in the 1940s, the Bobath concept remains one of the leading approaches in neurological rehabilitation worldwide, as it continues to evolve in line with current scientific findings.

With the Bobath approach, treatment is based on an analysis of the patient’s movement and abilities through the use of specialised handling techniques to inhibit abnormal tone and facilitate more normal movement. This enables the patient to move more efficiently and effectively and to incorporate these movement strategies into their daily activities to maximise recovery from neurological insults.

This 3-day course is designed to introduce participants to the concepts of normal movement used in the assessment and treatment of adults with neurological or neuromuscular impairments. The course consists of a theoretical introduction to normal movement, practical sessions and a patient demonstration.

LEARNING OUTCOMES

At the end of this course, participants are expected to:

1) Describe the concepts and basic components of normal movement
2) Understand the wide postural and tonal variation in the normal population
3) Draw on improved analysis, assessment and facilitation skills to more effectively treat neuromuscular disorders

TARGET PARTICIPANTS

a) Physiotherapists and Occupational Therapists with adult neurology experience.
b) Medical doctors, speech therapists and registered nurses are welcome to apply too.

CLASS SIZE

Maximum of 16 participants

TEACHING FACULTY

Ms Kim Jennings is an Advanced Bobath Instructor from the Australian Bobath Tutors Association (ABTA). The ABTA is a part of the International Bobath Instructors Training Association (IBITA) and it has been providing Bobath courses in Australia and South East Asia and the Middle East since 2000. She is the current Vice Chairperson of IBITA.

Kim is a physiotherapist by training and completed her masters in research with the Monash University in 2010. She is currently in her final year of a Doctor of Physiotherapy by research at LaTrobe University. Her research is looking at the barriers and facilitators to implementing the Bobath concept post training. Kim has had many years of experience in conducting Bobath courses.

ENQUIRIES

Ms Joyce Lee
SGH – Postgraduate Allied Health Institute
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Email| joyce.lee.g.l@sgh.com.sg
www.sgh.com.sg/pgahi