

DESMOPRESSIN NASAL SPRAY

Patient Information Leaflet

This leaflet illustrates the proper technique of using Desmopressin Nasal Spray.

Desmopressin Nasal Spray 10 mcg/dose				
	MINIRIN® (25 doses)	PRESINEX (60 doses)	DESMOPRESSIN PH&T (60 doses)	MINURIN® (50 doses)
Storage	Room temperature (max 25°C) [may be stored in the refrigerator, but do not freeze]	Room temperature (max 25°C)	Under refrigeration (2 - 8°C)	Under refrigeration (2 - 8°C)
Expiry after Opening	Till expiry stated on bottle	4 weeks	2 months [may be stored in the refrigerator or room temperature <u>after</u> <u>opening</u>]	8 weeks in the refrigerator <u>or</u> 4 weeks at room temperature

*When there is approximately $\frac{1}{4}$ (one-quarter) of the total volume left in the bottle, the nozzle may not deliver anymore doses. However, this is an excess which is already accounted for in the manufacturing process, thus, each bottle will still be able to deliver the stated quantity of doses.

Directions for use:

1. Remove the protective cap. Hold the spray as shown.

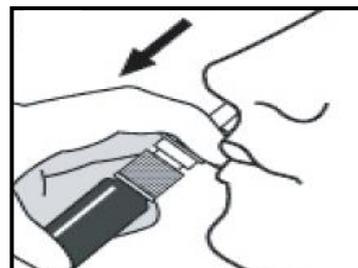
If you are using the spray for the first time, prime the pump by pressing it downwards 4 times, or until an even spray is obtained. If the spray has not been used during the last week (7 days), it is necessary to prime it again by pressing downwards once, or until an even spray appears.



2. Blow your nose.

3. In a standing or sitting position, tilt your head backward slightly and carefully insert the nozzle into one nostril.

Hold your breath and press the spray once. You need to press forcefully with a quick downward movement to ensure a uniform spray.



IMPORTANT: When spraying, always hold the bottle in such a way that the end of the tube points down and is immersed in the liquid.



4. If more than one dose is prescribed by your doctor, repeat the administration (Step 3) in the other nostril. Use **alternative nostrils** for each additional dose.

5. After use, wipe the nozzle with a clean tissue and replace the protective cap as shown.

Always store the bottle upright.

