



SGH Alumni Newsletter

ISSUE 3 | OCTOBER — DECEMBER 2013

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UPCOMING EVENTS



SGH PGMI
Postgraduate
Medical Institute

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UPCOMING EVENTS

> *View upcoming events for October and November.*

We are looking for contributors! If you have any interesting stories or news to share, please let us by emailing us at shirley.au.s.w@sgh.com.sg.

DEAR ALUMNI

2013 has been an exciting year of development for us. We are delighted to have launched the SGH alumni newsletter and alumni benefits programme. In the upcoming year, we have more initiatives lined up and hope that you will continue supporting us.

PGMI is always working on how we communicate with our alumni and are always delighted to hear about your work, interests and accomplishments. We hope that you have enjoyed reading our newsletter, and appreciate receiving your feedback. Please provide us with your latest contact information so that we can send you regular updates on SGH news and events.

From this issue onwards, abridged version of the newsletter will be available. To download, please visit www.pgmi.com.sg.

PGMI Team ■

CALL FOR SURVEY RESPONDENTS

PGMI will be developing a series of CME accredited Family Medicine/General Physician training courses targeted at doctors in the private sector.

Held on Saturdays, the main aim of the courses is to provide training in managing chronic diseases in the primary healthcare sector. Upon completion, doctors may be invited to take part in our right sitting programme, headed by SingHealth.

We are seeking for your input to make the courses relevant and useful to all participants. Please complete and submit the survey

<http://www.surveymonkey.com/s/9XNVPZ9> by **1 November**. The first **50** respondents will receive a complimentary pen with laser pointer, LED light and stylus.

For enquiries, please contact Ms. Geraldine Tay at 6576 7659 or geraldine.tay.s.n@sgh.com.sg. ■

Scan the QR code to access the survey now!



SGH ALUMNI BENEFITS PROGRAMME

We are pleased to announce the *Alumni Benefits Programme*. Take advantage of these exclusive services and offers! Quote '**SGH Alumni**' to enjoy the following benefits:



- **Access to CME video clips***
 - GPCME
 - hospital wide clinical meetings
 - workshops and conferences

Members have exclusive access to PGMI's video library which consists of a comprehensive selection of CME video clips covering a wide variety of topics. Video recordings from GPCME, hospital wide clinical meetings, workshops and conferences etc are available and topics include endocrinology, family medicine & continuing care, general surgery and respiratory & critical care medicine etc. For the full list of video clips available, please email shirley.au.s.w@sgh.com.sg.





FLIPPING TABLE
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Located conveniently with two locations along Orchard Road— *The Ion* and *The Cathay*, Spa Elements is an urban retreat day spa specializing in therapeutic massages, facials, body scrubs, slimming treatments and chiropractic treatment.


 www.elements.com.sg


 **ION Orchard**, 2 Orchard Turn, #B1-30, S(238801)


 63738 3788

 Mon to Fri: 11am - 9pm

Sat, Sun & Public Holidays: 10.30am - 8pm

 **The Cathay**, 2 Handy Road, #03-19, S(229233)

 63738 8008

 Mon to Fri: 11am - 9pm

Sat, Sun & Public Holidays: 10.30am - 8pm

more benefits on the next page ►



- **30% off** for online wine order with free delivery within Singapore*
- To order, visit www.thewinecompany.com.sg/buy-the-wine/
- **10% off** on all food and wine-by-bottle and wine-by-glass; dine-in and drink-in
- **30% off** on all wine-by-carafe, beer, cocktail, liquor, liqueur, drink-in

The **Wine Company™** has a wide range of wines from both the New and Old World, including South Africa, Australia, Chile, France, Germany, Italy, New Zealand and Spain. It has five outlets offering food and wine at affordable prices in an unpretentious, casual elegant environment.

📞 www.thewinecompany.com.sg
facebook.com/thewinecompany

📍 **The Wine Company™ @ Dempsey**, Block 14D, Dempsey Road, S(249688)

📞 6479 9341

🕒 Mon to Thurs: 9pm - 12midnight
 Fri & Eve of PH: 3pm - 1am
 Sat: 12nn - 1am
 Sun & PH: 12nn - 11pm

📍 **The Wine Company™ @ Evans**, 26 Evans Road, #01-03/04, S(259367)

📞 6732 1129

🕒 Mon to Thurs: 12nn - 12midnight
 Fri, Sat & Eve of PH: 12nn - 1am
 Sun & PH: 11am - 11pm

📍 **Woods by The Wine Company™**, Block 14E, Dempsey Road, S(249688)

📞 6473 5428

🕒 Mon to Thurs: 4pm - 12 midnight
 Fri, Sat & Eve of PH: 4pm - 2am
 Closed on Sun & PH

📍 **The Wine Company™ @ Changi Village**, 1 Netheravon Road, #01-04, Changi Village Hotel, S(508A502)

📞 6214 0139

🕒 Mon to Sat: 4pm - late
 Sun & PH: 12nn - 11pm

📍 **The Wine Company™ @ Sentosa Boardwalk**, 6 Sentosa Gateway, #01-08, S(098072)

📞 6376 9029

🕒 Mon to Thurs: 5pm until late
 Fri, Sat, Sun, eve of PH & PH: 12nn until late



- Air Nano Air Purifier: **\$128**
- Air Genius Air Purifier: **\$138**
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📞 9071 8488 📧 sales@joyriver.sg, www.joyriver.sg



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SGH Alumni Purchase Program

1st Sep - 31st Dec 2013

EpiCentre Celebrates

stellar
11
YEARS

The New MacBook Air

1.3GHz dual-core Intel Core i5
Turbo Boost up to 2.6GHz
Intel HD Graphics 5000
4GB memory

MacBook Air 11-inch

128GB flash storage
\$1,328 SRP: \$1,348
256GB flash storage
\$1,568 SRP: \$1,588

MacBook Air 13-inch

128GB flash storage
\$1,468 SRP: \$1,488
256GB flash storage
\$1,768 SRP: \$1,788

Free Gifts

✓NEO External DVD Writer

MacBook Pro 13-inch

2.5GHz Intel Core i5 4GB RAM
500GB hard drive
Intel HD Graphics 4000
\$1,558 SRP: \$1,588

2.9GHz Intel Core i7 8GB RAM
750GB hard drive
Intel HD Graphics 4000
\$1,958 SRP: \$1,988

Free Gifts

✓iWorld PalmSkin & Keyboard Protector
✓iWorld Laptop Sleeve
✓3M Privacy Screen Protector

iMac 21.5-inch

2.7GHz Intel Core i5 8GB RAM
1TB hard drive
NVIDIA GeForce GT 640M
\$1,768 SRP: \$1,788

iMac 21.5-inch

2.9GHz Intel Core i5 8GB RAM
1TB hard drive
NVIDIA GeForce GTX 650M
\$2,068 SRP: \$2,088

Free Gifts

✓Canon Printer MG2270

MacBook Pro 13-inch with Retina display

2.5GHz Intel Core i5
128GB flash storage
8GB RAM
Intel HD Graphics 4000
\$1,958 SRP: \$1,988

2.6GHz Intel Core i5
256GB flash storage
8GB RAM
Intel HD Graphics 4000
\$2,258 SRP: \$2,288

Free Gifts

✓iWorld Keyboard Protector
✓NEO External DVD Writer

MacBook Pro 15-inch

2.3GHz Intel Core i7 4GB RAM
500GB hard drive
NVIDIA GeForce GT 650M
\$2,358 SRP: \$2,388

Free Gifts

✓iWorld PalmSkin & Keyboard Protector
✓iWorld MBP15 Laptop Sleeve

iMac 27-inch

2.9GHz Intel Core i5 8GB RAM
1TB hard drive
NVIDIA GeForce GTX 660M
\$2,468 SRP: \$2,488

iMac 27-inch

3.2GHz Intel Core i5 8GB RAM
1TB hard drive
NVIDIA GeForce GTX 675MX
\$2,768 SRP: \$2,788

Free Gifts

✓Neo External DVD Writer
✓Canon Printer MG2270

MacBook Pro 15-inch with Retina display

2.4GHz Intel Core i7
256GB flash storage
8GB RAM
NVIDIA GeForce GT 650M
\$2,968 SRP: \$2,988

2.7GHz Intel Core i7
512GB flash storage
16GB 1600MHz memory
NVIDIA GeForce GT 650M
\$3,768 SRP: \$3,788

Free Gifts

✓iWorld Keyboard Protector
✓NEO External DVD Writer
✓WD 1TB HDD

iPad with Retina display

Wi-Fi

Available in black or white

16GB	32GB	64GB	128GB
\$649	\$779	\$909	\$1,039
SRP: \$658	SRP: \$788	SRP: \$918	SRP: \$1,048

Wi-Fi + Cellular

Available in black or white

16GB	32GB	64GB	128GB
\$819	\$949	\$1,079	\$1,209
SRP: \$828	SRP: \$958	SRP: \$1,088	SRP: \$1,218

Free Gifts

with purchase of the 16GB iPad with Retina display

✓iPod 4 Case
✓Screen Protector

Free Gifts

with purchase of the 32GB iPad with Retina display

✓iPod 4 Case
✓Pisen Battery Pack 2200 mAh

Free Gifts

with purchase of the 64GB/128GB iPad with Retina display

✓Pisen Battery Pack 6600 mAh

iPad mini

Wi-Fi

Available in Black & Slate / White & Silver

16GB	32GB	64GB
\$448	\$578	\$708

Wi-Fi + Cellular

Available in Black & Slate / White & Silver

16GB	32GB	64GB
\$618	\$748	\$878

Free Gifts

with purchase of the 16/32GB iPad mini

✓Pisen Battery Pack 2200 mAh

Free Gifts

with purchase of the 64GB iPad mini

✓Pisen Battery Pack 6600 mAh

PURCHASE WITH PURCHASE

with any Apple Product

MS Mac Office Home & Student Edition (1 User)
\$148 U.P. \$188

Parallels Desktop 8.0 for Mac & MS Win 8 OEM Version
\$179 U.P. \$292

MS Office 365 Home Premium
\$105 U.P. \$138

Oilclip 3-in-1 lens system for iPhone 5
\$99.90 U.P. \$119

20% off

Apple Protection Plan

Stem iZON Remote Room Monitor
\$169 U.P. \$195

iHealth Blood Pressure M&D
\$169 U.P. \$188

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Account Manager

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M: +65 9191 5988
E: Aaron.Chen@epicentreasia.com

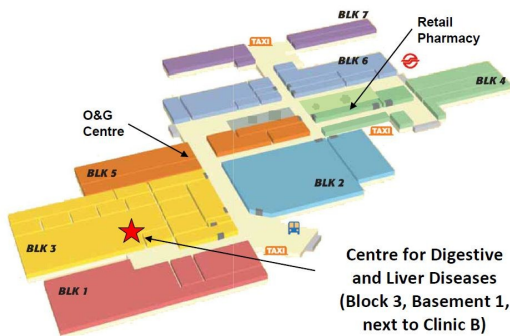
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panies in the SGH Alumni Benefits Programme. SGH PGMI does not endorse nor recommend any products or services advertised by these companies. Members are advised to check with the individual company before making selection.

NEW DEVELOPMENTS

CENTRE FOR DIGESTIVE AND LIVER DISEASES (CDLD)



*CDLD is located at SGH Block 3, Basement 1
(next to SOC Clinic B and ENT Centre)*

The Centre for Digestive and Liver Diseases (CDLD) is a one-stop service centre dedicated to complex digestive and liver disorders. The facilities for clinical consultations, endoscopy, dietitian, drug management and patient education are house under one roof to serve patients better. Patients will get to save time as they only have to wait once for registration and payment. Availability of onsite tests also meant that patients can save a visit to the hospital just for tests.

Conditions seen at CDLD include liver and intestinal cancer, chronic hepatitis and liver failure, chronic inflammatory disorders of the intestines, and mal-absorption syndromes. ■

NEW WARDS AT SGH BLOCK 6

With the completion of the Academia, more space has been freed up to build new wards at Block 6, levels 5 to 7. These wards, when completed, will effectively allow existing wards to be closed temporarily for renovations. Through the years, SGH has progressively upgraded facilities to incorporate fire safety measures to comply with the Fire Safety Act. Renovations will involve creating two decanting wards, an Acute Medical Ward (AMW) and a larger Blood Bank Laboratory on Level 5. Construction will begin in July 2013 and is expected to be complete by 2nd quarter 2015. ■

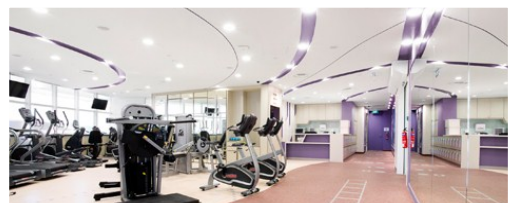


OUTPATIENT SERVICES LOCATED AT CAMDEN MEDICAL CENTRE

Located at level 15 of Camden Medical Centre, the new Orthopaedic Sports and Joint Centre was set up to meet the growing demands of both subsidized and private patients with sports injuries or joint conditions. Comprising of clinics, physiotherapy, diagnostic radiology and pharmacy services, the centre offers patients a wider spectrum of team-based treatment options.

The Health Assessment Centre, previously located at Block 7, Level 1, has also been relocated to Camden Medical Centre. It offers tailored health screening programmes and provides general medical care and follow-up consultations for patients who have identified health problems.

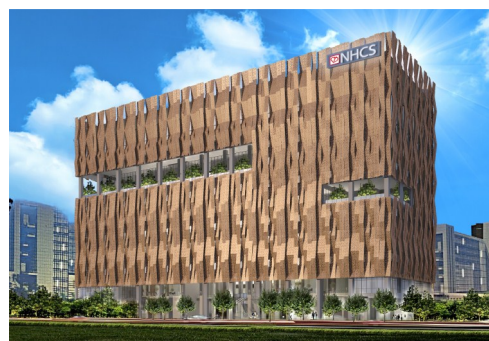
The Orthopaedic Sports and Joint Centre and Health Assessment Centre are located at 1 Orchard Boulevard, Camden Medical Centre, Level 15 (#15-01 to 07) and Level 16 (#16-04 & 05) respectively. ■



NEW DEVELOPMENTS

NEW HOME FOR NATIONAL HEART CENTRE SINGAPORE

The new 12-storey building for National Heart Centre Singapore (NHCS) is expected to be ready and operational by end October 2013. It will house two cafes, 38 specialist outpatient clinic rooms, six cardiac catheterization labs, three major operating theatres, a day surgery unit and most of NHCS. In addition, patients and visitors will be able to use the new sky bridge connecting to SGH Block 4 level 2 to get around the SGH campus quickly.



Artist's impression of the institutional front of NHCS.
Credits: National Heart Centre Singapore

The new building will be located at 5 Hospital Drive, Singapore 169609. ■

OFFICIAL OPENING OF ACADEMIA



On 20 July 2013, President Tony Tan Keng Yam unveiled Academia, the world's largest healthcare training facility. Housing SingHealth's research and education facilities and SGH Pathology Department, Academia features state-of-the-art medical research and education technologies and facilities such as:

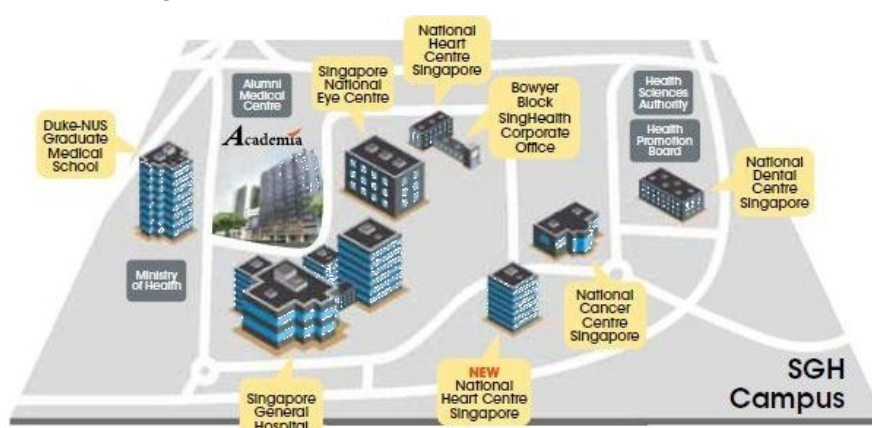
- first of its kind 'wet' and 'dry' skills lab in one building,
- fully stimulated hospital environment for education training,
- live streaming and recording technology and
- conference facilities for medical/scientific events.

The unique design of Academia will promote closer collaboration between different quarters, resulting in more benefits for patients, said Professor Ivy Ng, group chief executive officer of SingHealth. ■

DID YOU KNOW



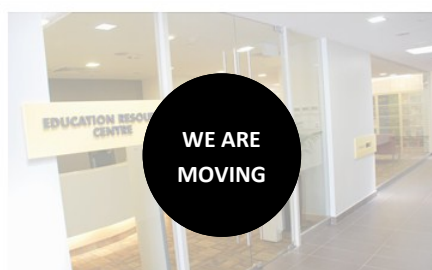
If you're a visiting consultant, look out for these orange seats in the new library (level 3) at Academia. They are specially reserved for you!



NEW LOCATION FOR ERC

With effect from 31 August 2013, Education Resource Centre (ERC) is being renamed 'Library' and will be relocating to Academia, level 3.

The library is located at 20 College Road, Academia, Level 3. ■



EVENTS OVERVIEW

APPRECIATING OUR NURSES



This year's Nurses Day was marked with the launch of SingHealth Nurses Pal, a new mobile application developed by SGH's nurses and Integrated Health Information Systems (IHIS). Unveiled by Minister of Health Mr Gan Kim Yong at SGH on 30 July during the Nurses Day celebration, Nurses Pal features three nursing care applications — an Intravenous (IV) Drip Rate Calculator, Pressure Ulcer App and Falls Prevention App and is expected to benefit more than 7,000 nurses.

Other highlights of the event includes presentation of the inaugural SingHealth Alice Lee Institute of Advanced Nursing scholarship and Nursing Excellence award and free flow of delectable local delights served by Mr Gan and SingHealth Senior Management. Celebrations was also extended to the wards, centres and operating theatres when our senior management did a walkabout to distribute goodies to all our nurses. ■



250 performers, 60 performances and 40 hours of music. On 21 July, SGH campus was enveloped in music as professional and amateur artists, students and staff gathered to perform their acts at lobbies, wards, outpatients clinics, gardens and open spaces of the various institutions. His Excellency Mr Olivier Caron, Ambassador of France to Singapore was invited to be the Guest-of-Honor. The music galore culminated at the Concert Finale performed by local and international celebrities such as Sebastian Tan, Hossan Leong, Jonathan Leong and George Chan.

Originating from France, the "Fête de la Musique" was started in 1982 as an annual music festival. It has since spread all over the world and is now celebrated on 21 July in more than 400 cities over five continents. ■



For more photographs on MusicFest@SGH, please scan the QR code.



on.fb.me/12lfNvA



SGH BAGS SIX AWARDS AT SHRI

On 5 July, SGH bagged six awards at the Singapore HR Awards 2013.

- Corporate HR Award
- HR Advocate Award for Learning & Human Capital Development
- Leading HR Practices in Manpower Resourcing & Planning
- Leading HR Practices in Learning & Human Capital Development
- Leading HR Practices in Talent Management, Retention & Succession Planning
- Leading HR Practices in Workplace Safety & Health

Organised annually by Singapore Human Resources Institute (SHRI), the Singapore HR Awards celebrates leading organizations and HR practitioners in their drive for impactful human capital strategies. ■

EVENTS OVERVIEW

SGH ORTHOPAEDIC SPORTS MEDICINE UPDATES 2013



87 participants attended the SGH Orthopaedic Family Physician Sports and Joint Update 2013 held on 22 June at the SGH Orthopaedic Sports and Joint Centre in Camden Medical. The update acts as a platform for healthcare professionals to keep abreast of the latest insights to medical innovation and technology through the exchange of knowledge with SGH Orthopaedic physicians from the Sports and Adult Reconstruction Services, as well as interacting with the various allied health professionals. Speakers included Assoc. Prof Paul Chang, President of Singapore Orthopaedic Association and Senior Consultant of Orthopaedic Surgery at SGH. ■



The 8th ENT Instructional Course Week held from 18 – 29 July 2013 is the largest one to date. Organised by SGH Dept of Otolaryngology, the courses concentrates on five subspecialties and features a faculty of distinguished speakers such as ear specialist and co-course directors, Prof Marcus Atlas, facial plastic surgery expert, Prof Stephen Park, sinus surgeon, Prof Peter-John Wormald sleep surgeon, Prof Nelson Powell and Prof Sheng-Po Hao. This is also the first year where all didactic lectures and cadaveric dissections were held in one location. The course's programme which emphasizes on management strategies and surgical techniques was well received and attended by delegates from across 17 countries.

This annual conference was held in conjunction with the 19th Asian Congress of Surgery and 1st SingHealth Surgical Congress, the inaugural opening of Academia and the Singapore Sleep Symposium which was co-organised by SGH Sleep Disorders Unit and Singapore Sleep Society. ■



Jointly organized by AM•EI and SingHealth Residency, the inaugural SingHealth Duke-Nus Education Conference is held in conjunction with the 3rd Education and Simulation Conference 2013 (EduSim). The conferences are targeted at healthcare professionals and aim to raise healthcare education standards to effectively nurture generations of healthcare professionals for quality patient care.

Programme highlights for the SingHealth Duke-NUS Education Conference includes a pedagogy workshop, training and compliance requirements for human subject research and sharing of wiser simulation programme. On the other hand, EduSim offers a holistic programme for residents to hone their clinical skills at the simulation workshops. Participants attended talks and workshops on topics such as bridging the gap—effective handovers for safe care, a build-up to the professorial rounds—the socratic approach and paediatric crisis resource management simulation. ■

MEET OUR FELLOWS

In this issue, we hear from two orthopaedic doctors from the Philippines— Dr Jason Paul Santiago and

By **Dr Jason Paul Santiago**



I chose SGH as my training ground in Orthopaedics, Sports Medicine as I was inspired by many of my mentors who had their training at SGH and are doing very well in their respective practices now. I applied for SGH's fellowship programme

and after many months of waiting, I received the good news from PGMI informing me that my application was granted. I was very excited and felt very blessed as I get to train in one of the best hospitals in the world.

I arrived in Singapore on 1 January 2013 and started on my fellowship training a week later. As it was my first visit to Singapore, I had some difficulty understanding Singlish but eventually I did *lah!* It was ok *lah!* I also felt very welcomed as all Singaporeans are nice, kind and accommodating. I was very fortunate to have been attached to my three professors, Assoc. Prof Paul Chang, Assoc. Prof Denny Lie and Assoc. Prof Andrew Tan.

Typically, my day will start with a conference at 7am after which I will head straight to the operating room and spend the rest of the day with my professors. Depending on who have surgery cases, I rotate between the different professors each day at the Ambulatory Surgery Centre (ASC) and the major operating theatre. I am also exposed to numerous cases of arthroscopic knee and shoulder surgeries. Depending on the number and difficulty of cases, my day will usually end at around 6pm. Sometimes, my day will end later as I have to attend evening classes on arthroscopic surgeries.

I am really impressed by Singapore's healthcare system as it is very well organized and efficient.

Hospital staff is well trained and efficient, and the standard of service the patients received are top-notch. In addition, hospital facilities are always clean and well equipped with advance machines and technology. It's no wonder that Singapore is recognized as having one of the world's best healthcare infrastructures. The hospitals in the Philippines are slightly different than the ones in Singapore as not all Filipinos have health insurance to subsidize their hospital bill and the hospitals have limited equipment. I hope that someday, we will have a good healthcare system like Singapore.

When I first came here, I had little knowledge in shoulder arthroscopy as these procedures are rarely done in our hospital. Through this training and with the help of my professors, I learned and gained confidence in doing arthroscopic procedures. I am now able to go back to Philippines to conduct these procedures and share what I have learnt with my colleagues. My fellowship training here was beyond my expectations and I am really thankful for my professors who were kind, selfless and patient in teaching and sharing their knowledge and skills with me. I would also like to thank all the hospital staff who have helped me during my training and my *kababayan* Filipinos who have helped me get through my homesickness. I will always cherish my time at SGH. ■



"I learned and gained confidence in doing arthroscopic procedures. I am now able to go back to Philippines to conduct these procedures and share what I have learnt with my colleagues."

- Dr Santiago

Dr Jonathan Carlo Cortes , about their journey at SGH.

5 Minutes Q&A with **Dr Jonathan Carlo Cortes.**

Q: Did you face any difficulties during your attachment?

A: Yes, just a little bit since I can't speak Chinese. I had a hard time talking to my Chinese-speaking patients during clinics. There were interpreters available but it's still so different when you are able to personally convey your point across. It kind of loses its "sense of empathy", it becomes mechanical—"robotic"—when you have someone else explain it for you. All in all, it was just a minor hiccup since most of the patients were able to understand English.

Q: What are your learning experiences?

A: I started out with a very limited skill set to do a Total Knee Replacement as about 90% of our cases back home & during residency training are trauma in nature and if there were arthroplasty cases, it usually involves the hip. My 6-months here have significantly improved my confidence & skills to do a proper primary joint replacement. But there's still a lot of room for improvement in my case, especially for revision cases, but it was a privilege to see & observe first-hand some of the best in the field doing what they do best....learning the "Tips & Tricks" which you can't find or read about in books.

Q: How has the attachment made an impact for you?

A: It has made me realize that there is still so much more to learn. This is just a first step for me to try and improve and become better as an orthopaedic sub-specialist surgeon. The training attachment has encouraged me to possibly pursue another orthopaedic fellowship in Sports Medicine in the near future, if time permits.

Q: Any interesting/memorable experience during your attachment?

A: Yes, but it wasn't anything involving my attachment, per se. I could say that to be here doing my fellowship when you had that crazy incident about the haze, which literally covered the whole of Singapore, was quite memorable. We even had some of the smoke inside our operating theatres when we were doing surgery, we could literally see & smell it there. I can still vividly remember that I woke up one day and I could hardly see the buildings right across our apartment. When the PSI (Pollution Scale Index) started reaching hazardous levels that's when we started to worry. I have never experienced anything like that before. Not something I would like to experience again but it was a memorable experience nonetheless.

Q: What did you enjoy most about your attachment?



A: The new friends I met, the sights & sounds of a different culture & place, being a "tourist" during weekends, etc. The list goes on but if I had to pick one thing, I have to say that the thing I enjoyed most was the surgery. I loved being in the operating theatre doing orthopaedics/arthroplasty cases and to have done surgery with some of the most brilliant & gifted surgeons I have met thus far, was a great experience. ■



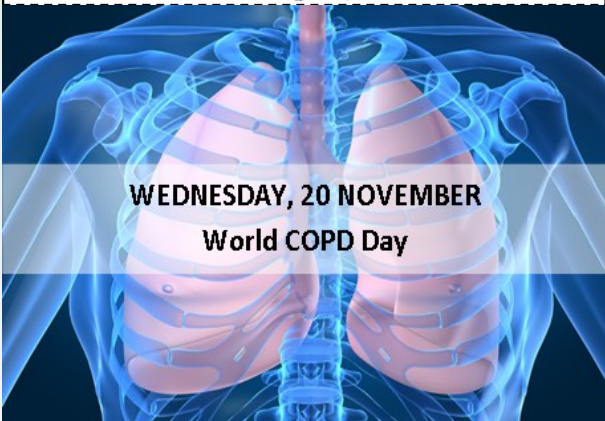

FACT FILE: PHILIPPINES



From left to right, Dr Santiago and Dr Cortes

Capital City:	Manila
Population:	96.71 million
Languages	
Spoken:	English, Filipino
Currency:	1 Philippine Peso = SGD\$0.029

OCTOBER 2013	 <p>THURSDAY, 10 OCTOBER World Mental Health Day</p>	<p>THURSDAY—FRIDAY, 10 — 11 OCTOBER Singapore Neonatal Resuscitation Course Dept of Neonatal & Development Medicine</p> <p>Accredited by the National Resuscitation Council of Singapore, this course is catered for staff involved in the care of newborns. Using a mixture of lectures and hands-on training, healthcare workers will be able to develop skills in neonatal resuscitation.</p>
	<p>SATURDAY, 12 OCTOBER Public Forum— An approach to Common Urological Diseases Dept of Urology</p> <p>Learn from our consultants about how to manage common urological conditions including incontinence, prostate diseases, urinary stone diseases and men's health. The forum will be conducted in three languages: Mandarin Session: 0930—1100 English Session: 1200—1330 Malay Session: 1430—1600</p> <p>Pre-registration is required, admission fee for each session is \$8/person. The forum will be held at HPB auditorium.</p>	
	<p>THURSDAY—FRIDAY, 17—18 OCTOBER SGH Cytology Symposium</p> <p>Held at Academia—Diagnostic tower level 7, the symposium focuses on selected areas of diagnostic cytopathology, this course serves as both an overview of selective problem areas and as a refresher.</p>	<p>SATURDAY, 26 OCTOBER GPCME — Pathology Today Dept of Pathology</p> <p>Public Forum Dept of Colorectal Surgery</p>
	<p>TUESDAY, 29 OCTOBER World Stroke Day</p>	

NOVEMBER 2013	SATURDAY, 9 NOVEMBER Orthopaedic Musculoskeletal Tumor Updates Dept of Orthopaedic Surgery 	SUNDAY, 10 NOVEMBER Singapore World Diabetes Day 
		SATURDAY, 23 NOVEMBER GPCME — Cervical Screening and Cancer Dept of Obstetrics & Gynaecology 
	WEDNESDAY, 20 NOVEMBER World COPD Day	

Please register early to avoid disappointment.

For more information on programmes and to register for courses, please contact us:



6576 7658



pgmi.courses@sgh.com.sg

**All information is accurate at the time of printing.*

SGH ALUMNI NEWSLETTER

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