

SGH Alumni Newsletter

ISSUE 20 | JANUARY — MARCH 2018

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AROUND THE CAMPUS

05
UPCOMING EVENTS



SGH PGMI
Postgraduate
Medical Institute

To read the e-newsletter, please visit www.pgmi.com.sg.

NEW APPOINTMENTS

Key Leadership Appointments



Assoc Prof Chan Choong Meng
Group Director, Education
SingHealth



Assoc Prof Nigel Tan
Deputy Group Director,
Education (Undergraduate)
SingHealth



Ms Pang Nguk Lan
Deputy Group Director, Institute for
Patient Safety & Quality (IPSQ),
SingHealth



Assoc Prof Lim Swee Han
Education Director,
Singapore General Hospital



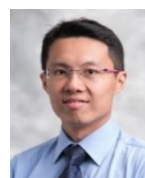
Prof Tan Eng King
Deputy Medical Director
(Academic Affairs)
National Neuroscience Institute



Prof Julian Thumboo
Director, Health Services Research &
Evaluation,
SingHealth Office of Regional Health



Dr How Choon How
Director, Primary Care,
SingHealth Office of Regional Health



Dr Low Lian Leng
Director, SingHealth Office of Regional
Health, SGH Campus



Dr Eugene Shum
Director, Community Partnership,
SingHealth Office of Regional Health



Ms Yap Mei Foon
Director, SingHealth Office of Regional
Health, CGH Campus



A/Prof Jagadesan Raghuram
Director, Continuing Community Care,
SingHealth Office of Regional Health



Dr Winston Ong
Director, SingHealth Office of Regional
Health, SKH Campus &
Director, Health Promotion & Disease,
SingHealth Office of Regional Health



Ms Zhang Di
Assistant Director, Community Nursing,
SingHealth Office of Regional Health

Clinician Leadership Appointments



Dr Kang Mei Ling
Head, Department of Internal Medicine
Singapore General Hospital

NEW DEVELOPMENTS

OFFICIAL INTEGRATION OF EASTERN HEALTH ALLIANCE & CHANGI GENERAL HOSPITAL WITH THE SINGHEALTH DUKE-NUS ACADEMIC MEDICAL CENTRE FAMILY

The 11 workgroups of the Organisation Review Committee have worked tirelessly to drive the integration journey over the past year and the major milestone was marked on 1 January 2018 with the integration of the 3 institutions. More opportunities to cross-learn, share and enhance best practices will be available with the integration. As a family, the 3 institutions will be in a position to lead and play a significant role in advancing patient care to meet Singapore's evolving healthcare needs, aligned with the vision of Defining Tomorrow's Medicine.

UPDATE ON SINGHEALTH INSTITUTIONS

SKH (Sengkang General and Community Hospitals) Campus

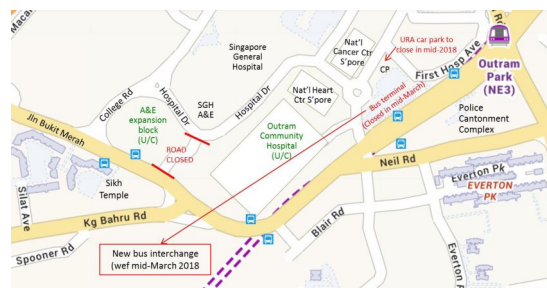
The hospitals are on track to open in the second half of 2018. When fully operational, the Sengkang General and Community Hospitals will have a total of 1,400 beds.



View of Sengkang General Hospital Medical Centre and Sengkang Community Hospital Tower Block

First phase of new SGH – Elective Care Centre (ECC) and new National Dental Centre Singapore (NDCS)

To make way for the new building, the New Bridge Road Bus Terminal has moved to Spooner Road, off Kampong Bahru Road, on 10th March 2018. Visitors to SGH Campus who used to alight at this bus terminal should alight at the bus stop opposite the road. The URA car park next to the bus terminal will also be closed in mid-2018.



SINGHEALTH & SRI LANKA HEALTH MINISTRY SIGN MOU TO LAUNCH QUALITY ASSURANCE PROGRAMME IN SRI LANKA



Signing of 3-year MOU between Prof Fong Kok Yong (seated left), DGCEO (Medical and Clinical Services), SingHealth and Mr Janaka Sugathadasa (seated right), Secretary, Ministry of Health, Nutrition and Indigenous Medicine, Sri Lanka.

Photo Credits: Tomorrow's Medicine

SingHealth and the Ministry of Health, Nutrition and Indigenous Medicine, Sri Lanka, signed a Memorandum of Understanding on 5 February 2018 to mark the official launch of the "Quality Assurance through Clinical Leadership" programme in Sri Lanka.

The three-year partnership, supported by Temasek Foundation International, aims to build capabilities for 260 healthcare professionals in the areas of governance, service and clinical quality, process improvement and service integration. Over the course of the next three years, the SingHealth team would train 250 specialists and 10 healthcare leaders in Sri Lanka. A core team would be selected to become Master Trainers so that they can multiply the benefits of the training. At the end of the programme, these Master Trainers would go on to train another

NEW DEVELOPMENTS

NO MORE OVERNIGHT STAY BEFORE SURGERY

Led by Dr Jason Lim, Consultant at the Department of Colorectal Surgery, the task force in SGH's Division of Surgery has driven up the usage of Same Day Admission for surgeries, which has proven to improve operating theatre timeliness, alleviate bed crunch, reduce patients' bill size and cut the risk of infections. With the improved process, most elective surgery patients now enter the hospital just two hours before their surgery, and can get from the registration desk to the OT within 30 minutes.

It means a shorter length of stay, which reduces the risk of hospital-acquired infections and cross-contamination when the patient shifts from the bed, to the OT, on to another bed after surgery.

The patient also incurs lower cost, and has a better experience because they are able to rest in the comfort of their own homes before surgery.



(L-R): Dr Jason Lim from SGH's Department of Colorectal Surgery, Karina Ng from SingHealth Office for Service Transformation, Nurse Clinician Irene Gob from the Same Day Admission Centre, and Heng Yi Xiong from the SGH Division of Surgery

Photo credits: Tomorrow's Medicine

EVENTS OVERVIEW

DISTINGUISHED SENIOR CLINICIAN AWARD

The nationally recognized Distinguished Senior Clinician Award 2017 was held on 29 January 2018 in conjunction with SingHealth Doctors/Dentists Long Service Award Ceremony. It is an award initiated by the Ministry of Health which recognises role models among specialists in the public sector who have made exemplary contributions in clinical practice, education and research. ■



A/Prof Jagadesan Raghuram
Deputy Chairman, Medical Board
(Medical & Continuity Care Disciplines)
Changi General Hospital



Prof Tan Bien Soo
Chairman,
Division of Radiological Sciences
Singapore General Hospital



A/Prof Mark Leong
Senior Consultant,
Department of Emergency Medicine
Singapore General Hospital



A/Prof Wong Kok Seng
Deputy Chief Executive Officer
(Clinical Services)
SingHealth Community Hospitals



Photo Credits: SingHealth's Facebook

79 GPs JOIN SINGHEALTH DELIVERING ON TARGET (DOT) PRIMARY CARE NETWORK

On 6 January 2018, 79 General Practitioners signed their agreement to be part of the SingHealth DOT Primary Care Network (PCN). The SingHealth DOT PCN will support GPs to take care of patients' needs more effectively and holistically, and ensure they receive appropriate, cost-effective care with good outcomes. As part of the Network, GPs can look forward to shared resources such as:

- Care coordinators to help GPs monitor their patients' health, arrange for regular screenings, coordinate with allied health providers, and follow up when they receive treatments at SingHealth institutions.
- A chronic disease registry of their patients, to track and monitor care outcomes easily
- Ancillary services like diabetic eye and foot screening for patients with more complex conditions
- Direct access to select specialist services provided at SingHealth institutions. ■



The signing ceremony, led by the PCN EXCO members, was witnessed by Prof Iry Ng, Group CEO, SingHealth, Dr Lily An, GP Lead of the DOT PCN, and Dr Edwin Low, Group Director, SingHealth Regional Health System.



Photo Credits: Tomorrow's Medicine

SINGHEALTH'S INAUGURAL INTEGRATED CARE SYMPOSIUM

Held over three days from 10-12 January 2018 at Academia, SGH Campus, 400 people from various healthcare institutions, social service agencies and grassroots organization came together to learn from one other, exchanged ideas and came up with solutions to improve care delivery in the community. ■



Top left: Dr Amy Khor, Senior Minister of State for Health & the Environment and Water Resources attended the event as Guest-of-Honour.
Bottom left: Professor Eric Coleman, Director of Care Transitions Program at the University of Colorado delivered the keynote address.
Photo Credits: Tomorrow's Medicine

PGMI AFTERNOON TALKS

On 24 January 2018, Ms May Ng from the Institute for Financial Literacy gave a talk on 'Options to Build Your Retirement Income'. She shared with participants on how to calculate their retirement funds and the various options to achieve their retirement goals.

Another talk on 'Stress Management through Sahaja Yoga Meditation' was presented by Singapore Meditation on 14 March 2018 where participants learn about meditation benefits and tips to self practice mediation.

The next PGMI afternoon talks 'Will Writing and LPA' and 'Introduction to Personal Investment (Major Financial Products)' will be held on 16 May and 4 July 2018 respectively. For more information, please email pgmi.courses@sgh.com.sg. ■



Participants practising the meditation moves.

Photo Credits: Mr Cheng Kam Fei

EVENTS OVERVIEW

CAMPUS FELLOW FORUM

In the recent edition of the Campus Fellow Forum held by SGH-PGMI, more than 25 staff and fellows from the various SingHealth institutions turned up for the sharing session presented by four Fellows - Dr Claire Louise Rutherford, a KKH Clinical observer from United Kingdom, Dr. Carlo S. Ladores, a SNEC Clinical fellow from Philippines, Dr Sadasivan Shankar Iyer, a SGH Clinical fellow from India and Dr. Amilia Afzan, a SGH Clinical fellow from Malaysia.

The attendees also get to experience “Lo Hei”, in celebration of Chinese New Year, during the Welcome and Network Lunch for foreign doctors, nurses and allied health professionals pursuing their training at SingHealth institutions that was held in conjunction with the forum.

The next Campus Fellow Forum will be held on 4 May 2018. ■



From left to right: Dr. Amilia Afzan, Dr. Carlo S. Ladores, Dr Sadasivan Shankar Iyer and Dr Claire Louise Rutherford



On left: Prof Hwang Nian Chih, Director of PGMI, with the participants at the forum on 23 February 2018



Top: Participants get their hands on tossing “Lo Hei” - a cultural activity held during Chinese New Year for good fortune.

Photo Credits: Mr Henry Ng

UPCOMING EVENTS

April 2018

12TH Singapore Neonatal Resuscitation Course (Recertification)

This half day recertification course targets Medical, Nursing and Allied health Staff holding an expired Singapore Neonatal Resuscitation Course Certification. If, however, more than six months have elapsed since the expiry, participants are required to take the full course again. For more information, please email pgmi.courses@sgh.com.sg.

13TH Singapore Neonatal Resuscitation Course

Accredited by the National Resuscitation Council of Singapore, this workshop will equip participants with the knowledge and skills of neonatal resuscitation, be able to translate written guidelines into effective action through simulated resuscitation and have an opportunity to use an interactive simulator manikin with realistic newborn traits and lifelike clinical feedback. For more information, please email pgmi.courses@sgh.com.sg.



UPCOMING EVENTS

April 2018

28TH **Public Forum : Thyroid Disease**

Organised by the SGH Diabetes and Metabolism Centre, this forum will introduce participants to the types of Thyroid Disorders, treatment options available and what to expect for surgery.

For more information, please email public.forum@sgh.com.sg

MAY 2018

16TH **PGMI Afternoon Talk: Will Writing and LPA**

This talk covers topics to clear the doubts about Will making, to know how our assets will be distributed if we do not have a valid Will, to understand why more and more people are making Wills and to learn some tips and tricks when making our Wills. For more information or to register for the talk, please email

pgmi.courses@sgh.com.sg. Registration is free.

19TH **Div Surgery GPCME Symposium**

SGH Division of Surgery is holding a series of surgical talks and GP engagement forum to share new developments and treatments that are relevant to their practice. These forums are structured to provide a single platform for different surgical departments to present their subspecialty field in the context of multi-disciplinary care.

For more information or to register for the talk, please email

pgmi.gpcme@sgh.com.sg

25TH **Symphony of Hope – A Fundraising Concert**

This is a fundraising concert organised by SingHealth Transplant to raise funds in support for needy transplant patients, transplant related education and research initiatives. Be entertained by performances by Singapore's Premier String Quartet, T'ang Quartet, the Singapore General Hospital Campus Choir and musical groups from the Methodist Girls' School. Tickets will be priced at \$50 each and net proceeds will go towards TRUEfund.

For more information, please visit <https://tinyurl.com/symphony-of-hope>

UPCOMING EVENTS

MAY 2018

26TH **6th Basic Course on Clinical Skills in Dermatology**

The basic course on clinical skills in dermatology recognises the varying extent and depth of undergraduate education in dermatology among the various medical schools. This course will furnish the medical students, medical officers and residents with the knowledge base, clinical skills and a framework in the approach to patients with a dermatologic problem. For more information, please email pgmi.courses@sgh.com.sg.

JUNE 2018

14TH **Paediatric Airway Ventilation Workshop**

PAWs is a 1-day intensive workshop ideally suited for specialists or residents in anesthesiology, critical care, paediatric medicine, emergency medicine and ENT physicians with a special interest in the paediatric airway and ventilation. The course aims to refresh and update the participant's skills and knowledge in handling the paediatric airway and common modes of ventilation in the ICU. Some highlights of our workshop include hands-on advanced airway skill stations and live demonstration of the various ventilation strategies on anesthetized animals; simulations sessions; problem-based roundtable discussions and interactive lectures. For more information please visit <https://kkhpaws.wordpress.com/>.

JULY 2018

4TH **PGMI Afternoon Talk: Introduction to Personal Investing – Major Financial Products**

The talk aims to help you understand the features and risks of some of the major financial instruments. You will also learn the investment strategies and how to construct an investment portfolio based on your financial needs and risk appetite. For more information or to register for the talk, please email pgmi.courses@sgh.com.sg. Registration is free.

UPCOMING EVENTS

JULY 2018

- 10TH Singapore Neonatal Resuscitation Course (Recertification)**
This half day recertification course targets Medical, Nursing and Allied health Staff holding an expired Singapore Neonatal Resuscitation Course Certification. If, however, more than six months have elapsed since the expiry, participants are required to take the full course again. For more information, please email pgmi.courses@sgh.com.sg.
- 11TH Singapore Neonatal Resuscitation Course**
This workshop, accredited by the National Resuscitation Council of Singapore integrates the principles of neonatal resuscitation and the basic skills of resuscitation. Participants will be equipped with the knowledge and skills of neonatal resuscitation, be able to translate written guidelines into effective action through simulated resuscitation and have an opportunity to use an interactive simulator manikin with realistic newborn traits and lifelike clinical feedback. For more information, please email pgmi.courses@sgh.com.sg.



This programme will run over 2 weeks, from 3 – 20 August 2018. There will be a total of 7 different courses run sequentially over this period. These are the Sleep Surgery Course, Functional Septorhinoplasty Course, Otology & Neuro-otology Course, Functional Endoscopic Sinus & Skull Base Surgery Course, Endoscopic Ear Surgery Course, Cochlear Implant Workshop and Laryngology Workshop.

More information will be made available soon on <https://www.facebook.com/entfortnight2018/>

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Please visit www.pgmi.com.sg for the e-newsletter.