

SGH Alumni Newsletter

ISSUE 14 | JULY — SEPTEMBER 2016

01
AROUND THE CAMPUS

07
UPCOMING EVENTS



To read the e-newsletter, please visit www.sghalumni.wordpress.com.

NEW APPOINTMENTS

Key Leadership Appointments



Prof Tay Puay Hoon
Chairman, Division of Pathology
Singapore General Hospital



Assoc. Prof Loo Chian Min
Head
SingHealth Duke-NUS Lung Centre



Assoc. Prof Tan Ban Hock
Chief Quality Officer
Singapore General Hospital

Clinician Leadership Appointments



Mr Manfred Mak
Head
Department of Podiatry
Singapore General Hospital



Assoc. Prof Lim Kiat Hon
Senior Consultant and Head
Department of Anatomical Pathology
Singapore General Hospital



Assoc. Prof Yeo Chin Pin
Senior Consultant and Head
Department of Clinical Pathology
Singapore General Hospital



Dr Oon Lin Ean Lynette
Senior Consultant and Head
Department of Molecular Pathology
Singapore General Hospital



Assoc. Prof Koh Tse Hsien
Senior Consultant and Head
Department of Microbiology
Singapore General Hospital

SGH ORGANISATIONAL STRUCTURE UPDATES

Medical Board

The two areas under the Medical Board, Infection Prevention and Clinical Governance, have been reorganized into 2 arms since 1 May 2016.

- A policy-making, regulatory, and clinical governance arm under Director, Clinical Governance
- An operational arm that brings together the functions of Infection Control, Epidemiology, Patient Safety and the Antibiotic Stewardship Program under a Chief Quality Officer., Assoc. Prof Tan Ban Hock. He will lead the hospital-wide infection prevention and Patient Safety practices, and work closely with key domains to develop initiatives designed to elevate the hospital's quality of care. ■

New Division—Division of Pathology

With effect from 1 June 2016, four new departments had formed the new Division of Pathology headed by Prof Tay Puay Hoon. The new departments are Department of Anatomical Pathology, Department of Clinical Pathology, Department of Molecular Pathology and Department of Microbiology. ■

NEW DEVELOPMENTS

OPERATIONS AT SOC A

In order to meet the increasing patient demand at ENT Centre, ENT will also be operating from four consultation rooms at Clinic A as they expand its existing clinic services and remodeling its model of patient care in the SOC. The Allergy Clinic is currently running 2 rooms at SOC A. The Department of Psychiatry, Department of Respiratory and Department of Occupational Medicine will be relocating back to SOC Clinic A progressively by 31 July 2016. ■



NEW BUS TERMINAL LOCATION

The bus terminal and carpark along Eu Tong Sen Street will be relocated to a plot of state land next to Blair Road to make way for a new Elective Care Centre which will house SGH operating theatres, specialist outpatient clinics and inpatient facilities. The existing services at the bus terminal will cease and is expected to move to the new terminal end-2017. ■

NEW CENTRE OF EXCELLENCE FOR DIABETES CARE

SingHealth and Medtronic International signed a Memorandum of Understanding (MOU) to develop a Centre of Excellence on diabetes to advance treatment and care management in Southeast Asia. The Centre of Excellence will work on various aspects of diabetes care such as:

- Clinical service focusing on intensive insulin therapy
- Physician training for the latest diabetes management technologies
- Clinical research and adoption of new technologies
- Patient awareness programmes.

The centre will operate out of the Diabetes and Metabolism Centre (DMC), located next to Singapore National Eye Centre (SNEC). ■



NEW ACP LAUNCHED!

With effect from 1 July 2016, two new SingHealth Duke-NUS Academic Clinical Programmes (ACP) will be launched:

- **Anesthesiology & Perioperative Sciences ACP (ANAES ACP)**

Chaired by Adj Assoc, Prof Ruban Poopalalingam, the ANAES ACP brings together three Anesthesiology departments in SGH and KKH, aiming to harness the strengths and resources across the institutions to create a synergize, vibrant and sustainable framework for programmes related to Anesthesiology.

- **Musculoskeletal Sciences ACP (MSKSC ACP)**

Chaired by Adj Assoc. Prof Tan Mann Hong, the MSKSC ACP is made up of clinical specialties in Orthopaedic Surgery, Plastic, Reconstructive and Aesthetic Surgery and Hand Surgery across SGH, KKH and Sengkang Health (SKH). The ACP will identify and launch initiatives to further strengthen academic endeavors and develop strategic research activities.

For more information, please visit www.academic-medicine.edu.sg/academic-clinical-programme. ■



Started in 2011, the ACPs taps on the combined strengths of SingHealth and Duke-NUS to create a vibrant nexus for new discoveries, learning and care innovation. Guided by the principle of 'Improving patients' lives', the SingHealth and Duke-NUS partnership has been enhanced with the establishment of joint institutions such as the Academic Medicine Education Institute (AMEI), Academic Medicine Research Institute (AMRI) and SingHealth Duke-NUS Disease Centres (SDDCs).

NEW DEVELOPMENTS



Photo credits: Tomorrow's Medicine

NEW FEATURES AT MARINE PARADE POLYCLINIC

SingHealth's Marine Parade Polyclinic has officially reopened. The new building has been expanded with age-friendly features added to cater to Singapore's ageing population. To better serve patients, X-ray services, more service rooms, counters, waiting areas and a new medication self-collection service called Prescription in a Locker Box (PILBOX) has been introduced. The PILBOX allows patients and caregivers to self-collect prescription refills through a secure locker box at their convenience, 24 hours a day without having to queue up at the pharmacy. This service will be extended to other polyclinics managed by SHP in the near future. ■



DID YOU KNOW?

Although GSDC is specially catered to elderly patients, not every elderly needs to be managed by GSDC. Only patients with conditions that impair physical and functional domains (e.g. Dementia, Alzheimer's Disease, Parkinson's disease, Muscular Dystrophy and previous stroke patients with debilitating disabilities) will be managed at GSDC.

ONE STOP DENTAL CLINIC FOR ELDERLY & SPECIAL NEEDS PATIENTS

The National Dental Centre Singapore's Geriatric Special Care Dentistry Clinic (GSDC) was officially opened in June 2016. This specialist outpatient clinic caters specially to elderly and special needs patients. It is equipped with a minor operating theatre, an intra-oral X-ray machine in every room and has special equipment designed for bed-bound and wheelchair-bound patients such as a dental chair that allows the patient to be treated without getting out of their wheelchair. Healthcare professionals at GSDC are specially trained to handle behavioral issues and care for the oral health needs of elderly and special needs patients. More healthcare professionals will be trained in this new specialty in the future.

GSDC is located at the National Dental Centre Singapore, 5 Second Hospital Avenue, Singapore 168938. ■



Photo credits: Tomorrow's Medicine

NEW MOU WITH WEST CHINA HOSPITAL

Under the new MOU between SingHealth and West China Hospital, SingHealth will be providing training for the hospital's nursing leaders and nurses. The training will be conducted by nurse educators and trainers from the SingHealth Alice Lee Institute of Advanced Nursing (ALIAN) and will cover topics such as healthcare management, patient safety, infection control and medication management. 600 nursing leaders and nurses are expected to be trained under this programme. ■

NEW DEVELOPMENTS

SGH KOPITIAM AT BLOCK 6 LEVEL 1 REOPENS!



Boasting a new interior and new Ramen stall,
SGH Kopitiam is back!



Please note that the bento kiosks at SGH Block 6 Level 9, SNEC Level 4, mobile food trucks and food kiosks at NHCS have ceased operations.

EVENTS OVERVIEW

CAMPUS FELLOW FORUM



At the second Campus Fellow Forum on 13 May 2016, Dr Shen Yun from China and Dr Patt Pan-nangpetch from Thailand shared their learning experience with other campus fellows. Besides the SGH fellows, the forum was also attended by fellows from the National Heart Centre Singapore (NHCS) and National Cancer Centre Singapore (NCCS). Through the forum, we hope to facilitate knowledge exchange and foster inter-disciplinary understanding and learning of medical/healthcare issues internationally. ■

SHUMEC 2016



Jointly organized by the Republic of Singapore Navy (RSN) and Singapore General Hospital (SGH), the Singapore Hyperbaric and Underwater Medicine Course (SHUMEC) is in its 7th run this year. Participants went through 5 days of lectures and practical sessions to gain a strong foundation in the practice of Diving medicine and Hyperbaric medicine. The course is accredited by the Diving Medical Accreditation Council (DMAC) and successful participants who complete the course is awarded Level One DMAC competency. ■

23RD SGH LECTURE & FORMAL DINNER

The annual SGH Formal Dinner was held on 2 April 2016 at the Ritz Carlton. This year's lecture titled 'The Evolution of a Great Academic Medical Centre' was delivered by Prof Arthur Rubenstein from Raymond and Ruth Perelman School for Medicine, University of Pennsylvania. There was also a special segment as SGH celebrates her 195th Anniversary. Mr Ong Kim Seng, Singapore's leading water colour artist and cultural medallion winner, was commissioned to produce a collection of paintings to capture the memories and history of the SGH Campus. These paintings were then auctioned during the dinner to raise seed funding for Sengkang's Health (SKH) Needy Patient Fund. Close to \$100,000 were raised from the auction. ■



DID YOU KNOW?

Mr Ong Kim Seng is an internationally renowned Singaporean artist whose works have been exhibited worldwide. He has also won many awards including the much coveted Cultural Medallion for Visual Arts and was named the Master of ASEAN Watercolourist at the World Watermedia Exposition recently. His paintings for SGH captures the architectural splendor of the buildings in the SGH campus and records the tapestry of life journeys that have taken place within.



EVENTS OVERVIEW

QUALITY SHOWCASE 2016

The Quality Showcase on 24 May 2016 recognized 133 Service With A Heart Awardees and 4 CEO Service Award winners. The Service With a Heart award is awarded to staff with outstanding services deeds which exemplify SGH core values and SPREE while the CEO Service Award is an annual award and it is the highest accolade given to the 'best of the best' staff who are exceptional role models in service. This year, the inaugural Safety Star Award was also awarded to 7 awardees who have been diligent and observant in reporting near misses to keep SGH patients and colleagues safe. Congratulations to all award recipients! ■



ARTS@KKH

Held either once or twice a month in the afternoons, Arts@KKH is a community outreach programme where performing groups are invited to perform for patients, visitors and staff at KKH. Arts@KKH has received unprecedented support from the community, organizations and professional performing groups. Singers@EtonHouse performed in the May edition of Arts@KKH. The students, aged between seven and eleven years old from EtonHouse International School, sang and danced, and also helped to raise funds for KKH Health Endowment Fund to help needy patients. ■



Photo credits: KKH Facebook



NEW PROGRAMME

BROUGHT TO YOU BY PGMI

We are launching a regular series of informative talks on current and topical subjects for campus staff and SGH alumni members. Come and join us at the talks! Register now at www.pgmi.com.sg under the alumni news tab.

Understanding Basic Health Insurance

CPF Insurance Schemes

By Institute for Financial Literacy

Wednesday, 12 October 2016

4pm — 5.30pm

Academia, L1-S1

Introduction to Mindfulness

By Dr Kinjal Doshi,

Principal Clinical Psychologist,

Dept. of Neurology, SGH

Wednesday, 9 November 2016

5.00pm — 6.00pm

Academia, L1-S4

Health Living & Detox

By Ms Rachel Lee

(B.Nat, M.HerbMed)

Wednesday, 11 January 2016

4.30pm — 5.30pm

Learning Space Room 3

SGH Blk 4

TELL US WHAT YOU WANT!



We are always looking for ways to improve and engage our alumni members. Please take a few minutes to complete our survey and let us know if you have any additional thoughts and ideas which will help us to increase Alumni participation. First 20 respondents will receive a mystery gift! Visit www.pgmi.com.sg (under the alumni news tab) to do the survey!

UPCOMING EVENTS

AUGUST

6th

11th Gynaecological & Early Pregnancy Ultrasound Workshop

This course allows participants to gain an understanding of ultrasound physics, technology and basic skills to perform and interpret the images with emphasis on first trimester pregnancy failure. Topics include practical guidelines in the diagnosis of pregnancy failure, classification of miscarriage by ultrasound, ectopic pregnancy as well as normal and abnormal variations observed during first trimester. A sonographic approach to endometrial diagnosis and practical guide to the diagnosis and management of adnexal pathology is also included.

6th
to
7th

Interventional Nephrology Course 2016

Organised by the Department of Renal Medicine, the 1st Interventional Nephrology Course aims to provide participants with comprehensive knowledge and skills to improve the care of dialysis access for patients. Highlights for the course includes proper application of new and existing procedures in the practice of nephrology and hands on workshop on insertion of tunneled hemodialysis catheters, endovascular therapy of dysfunctional vascular access, placement of peritoneal dialysis catheter and vascular access ultrasonography.

20th

Public Forum – Worrying ENT Conditions

This public forum covers topics on ‘Nasopharyngeal Carcinoma – Who needs to be screened?’, ‘Thyroid Nodules – How does one manage them?’ and ‘Snoring – When does it become harmful?’.

ENT GP Symposium 2016 – ENT Updates for the Primary Physicians

A comprehensive series of talks to keep primary physicians informed of latest changes that are clinically important. Each talk is followed by a Q&A session to adequately address enquiries and concerns.

Getting That Big Fat Positive (BFP) – A Guide to Assisted Reproduction and IVF Public Forum

For more information, please visit www.kkh.com.sg/events.

Child and Infant CPR Workshop

Suitable for caregivers, this workshop teaches you when and how to administer cardiopulmonary resuscitation (CPR) or relieve choking in a child or an infant safely, timely and effectively. For more information, please visit www.kkh.com.sg/events.

UPCOMING EVENTS

20th

Cataract and Comprehensive Ophthalmology & Oculoplastic Update for Family Physicians

This 2-hour session will cover some of the common eye problems and provide a more in-depth understanding of these common conditions and the latest advances in treatment available. For more information, please visit www.snecmeetings.org.

SEPTEMBER

3rd

NHCS Heart Care Symposium: Mitral Regurgitation – Refresh and Update

For more information, please visit

www.nhcs.com.sg/educationandtraining/events/Pages/Home.aspx

Paediatric Dermatology Workshop

For more information, please visit www.kkh.com.sg/events.

9th
to
10th

7th CTO Interventions Live Course 2016

Programme highlights include concurrent live demonstrations, Asian Pacific CTO meets ASEAN CTO Club teaching session (with case illustrations), tips and tricks for successful retrograde approach. For more information, please visit

www.nhcs.com.sg/educationandtraining/events/Pages/Home.aspx

17th
to
18th

1st KKH CT — MR Paediatric Symposium and Workshop

This comprehensive 2 day programme includes lectures, lunch talk, live scan and hands on case review. For more information, please visit

www.kkh.com.sg/events.

23rd
to
24th

SingHealth Duke-NUS Scientific Congress 2016

The SingHealth Duke-NUS Scientific Congress is the largest and most distinguished healthcare-related scientific event in Singapore and around the region. This year's scientific programme includes multidisciplinary plenary sessions and symposiums that focus on patient-centred clinical care, research breakthroughs and educational innovations, laying the foundations for tomorrow's healthcare. Visit www.singhealthacademy.edu.sg/sdc2016 for more information



LIFE. CHANGING. GIFT.

In celebration of our 195th anniversary

SGH is the oldest and largest hospital in Singapore, serving patients from all walks of life in our community. To Singaporeans, this is the people's hospital, where they know they can get expert care for the most complex conditions. This year, we are celebrating our **195th** anniversary! To commemorate this memorable milestone, we aim to raise **\$1.95 million** not only for the **SGH Needy Patients Fund**, but also for **research causes** which will accelerate discoveries and benefit our patients.

By making a donation, you will be giving a gift which can transform our patients' lives, and enable our hospital to serve, innovate and extend care to many generations to come.

We hope you can contribute, and join us on this journey of paying-it-forward, because everyone deserves good health. Your gift will also enjoy a tax deduction of 2.5 times the gift value, as SGH funds are administered by the SingHealth Foundation.

Thank you for partnering with us in putting Our Patients at the Heart of All We Do!

Contact us to make a gift today:

Singapore General Hospital
c/o SGH Development Office
167 Jalan Bukit Merah, Tower 5, #03-11
Singapore 150167

Tel: 6326 6474 / 6378
Email: giftstosgh@sgh.com.sg
Webpage: www.sgh.com.sg/GivingSGH195



Please detach and return this form to:
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c/o SGH Development Office
167 Jalan Bukit Merah, Tower 5, #03-11
Singapore 150167

I WOULD LIKE TO MAKE A DONATION:

- ☐ One-time Donation ☐ Monthly Donation
☐ S\$19.50 ☐ S\$195 ☐ S\$1,950 ☐ Others: _____
(Please specify amount)

SPECIAL OCCASIONS GIFT

This gift is in memory/ in honour of _____

IN SUPPORT OF

- ☐ Needy Patients
☐ Medical research
☐ Education of Healthcare Professionals
☐ Where It Is Needed Most
☐ Specific Programme / Department (please give details) _____

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Contact No. (H) _____ (O) _____

HP _____ Email _____

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To help us serve you better, kindly let us know whether you would like to receive updates from us:

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*Please write your NRIC / FIN Number or UEN so that your donation will be automatically included into your tax assessment by IRAS. Donors who do not provide tax reference numbers cannot claim tax deducted from IRAS as no tax deduction receipts will be issued. Tax deductible receipt will be issued for donations with a minimum amount of S\$10 and will be sent to you within 3 months upon receipt of your donation.

*By signing the above, I, the Donor, consent to Singapore General Hospital and their successors or assigns (collectively 'Organisations') as detailed in the SingHealth Data Protection Policy) collecting, using and/or disclosing my personal data, and disclosing my personal data to each other (as may be necessary) for the purpose of processing my donations and such other reasonably related purposes as may be set out in the SingHealth Data Protection Policy available at <https://www.singhealth.com.sg/ABOUTSINGHEALTH/PERSONAL-DATA-PROTECTION-ACT-PDPA/pages/Home.aspx>

[] In addition, by ticking this box, I consent to all of the SingHealth organisations and their successors or assigns collecting, using and/or disclosing my personal data in order to send me updates and collaterals on each of the organisations in respect of fundraising, social outreach, volunteering, other related topics and events which may be held in respect of the same ('Social Outreach Campaigns'), as well as to contact me via voice call and SMS solely in relation to such Social Outreach Campaigns. [] Where I make a donation to such SingHealth organisations and their successors or assigns, I acknowledge and agree that these organisations may then collect, use and/or disclose my personal data for such purposes as may be reasonably related to the processing of my donations as may be set out in the SingHealth Data Protection Policy.

*I confirm and agree that my consents granted herein do not supersede or replace any other consents which I may have previously provided to each of the Organisations in respect of my personal data, and are additional to any rights which the Organisations may each individually have at law to collect, use or disclose my personal data.

Thank you for your generous support!

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Bank Account No. _____

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For thumbprints, please go to branch with your identification
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• You are entitled to reject SingHealth Foundation — SGH's debit instructions if my/our account does not have sufficient funds and charge me / us a fee for this.
• This authorisation will remain in force until terminated by your written notice sent to my/our address last known to you or upon receipt of my / our written revocation through SingHealth Foundation — SGH

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☐ Wrong account number
☐ Others

Name of Approving Officer _____

Authorised Signature & Date _____

SGH ALUMNI NEWSLETTER

20 College Road,
Academia, Level 2,
Singapore 169856
+65 6576 7658

Advisory Board

Prof Hwang Nian Chih
Ms Emily Lim

Editor

Ms Shirley Au

Photographer

Mr Henry Ng

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