

# SGH Alumni Newsletter

ISSUE 13 | APRIL — JUNE 2016

01

**AROUND THE CAMPUS**

07

**UPCOMING EVENTS**



SGH PGMI  
Postgraduate  
Medical Institute

## NEW APPOINTMENTS

### Key Leadership Appointments



**Prof Terrance Chua Siang Jin**  
Group Chairman Medical Board  
*SingHealth*



**Prof Alex Sia**  
Deputy Group Chairman Medical Board  
*SingHealth*



**Assoc. Prof Au Wing Lok**  
Deputy Medical Director (Clinical)  
*National Neuroscience Institute*

### Clinician Leadership Appointments



**Assoc. Prof Lee Huei Yen**  
Senior Consultant and Head  
*Department of Psychiatry*  
*Singapore General Hospital*



**Dr Bok Chek Wai**  
Senior Consultant and Head  
*Department of Rehabilitation Medicine*  
*Singapore General Hospital*

## NEW DEVELOPMENTS



### RENOVATION OF CENTRE FOR ASSISTED REPRODUCTION (CARE)

All clinic operations at the Centre for Assisted Reproduction (CARE), Block 5 level 1, have been stopped temporarily from 7 March 2016 and renovations are expected to complete by mid June 2016.

During the renovation, doctor consultation and IVF counselling services will be diverted to O&G Centre, Perinatal Centre and Ward 53. In-Vitro Fertilization and Tubal Contrast Sonogram procedures will not be carried out during this period. New patients who wish to start IVF will be put on a waiting list as the next available slot is at least 6 months from now.

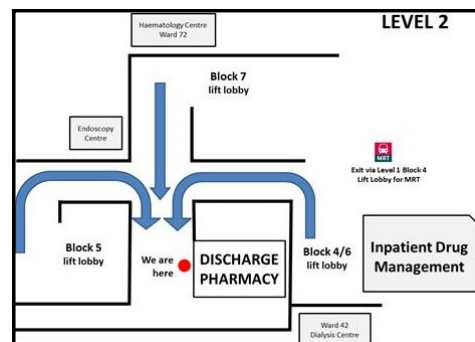
A temporary CARE counter will also be set up at O&G Centre to attend to CARE patients. Patients coming for their follow-up appointments will be given further instructions on their appointment date. ■

### NEW WARD AND PHARMACY

Renovation at Ward 64 is completed and patients staying at Ward 66 have moved back on 11 February 2016. Patients will be cared for by the same team of doctors and nurses.

At Block 4 level 2, the current inpatient pharmacy next to Ward 42/Dialysis centre will be renamed as Inpatient Drug Management (IDM) while the Discharge Pharmacy will be operational with effect from 29 Feb 2016.

The Discharge Pharmacy's opening hours are:  
Mon—Fri: 8.30am to 8.30pm  
Sat, Sun and public holidays: 8.30am to 5.30pm ■



## NEW DEVELOPMENTS



A master plan to redevelop SGH and the SGH campus in the next 20 years was launched on 5 Feb 2016 by Guest of Honor, Prime Minister Lee Hsien Loong. The master plan unveiled that when redevelopment is completed, SGH will be relocated closer to Outram MRT station and there will be a new road network to the campus. New developments include the Outram Community Hospital (slated to open by 2020), SGH Accident & Emergency Block, SGH Elective Care Centre, National Dental Centre Singapore, a new building for National Cancer Centre Singapore and a new SGH complex.

The master plan represents the future of healthcare in Singapore and when completed, 60% of the campus will be dedicated to patient care while the rest of the 40% will deliver Singapore's healthcare education needs. For more information, please visit [www.sghcampusmasterplan.sg](http://www.sghcampusmasterplan.sg). ■



### DID YOU KNOW?

Amidst plans to redevelop and transform the campus, heritage buildings such as the Bowyer Block and clock tower and the Mistri wing will be conserved.

The Bowyer Block and clock tower are the only remaining structure from 1926 and they are a designated national monument while the Mistri wing was donated by Mr Navroji Mistri in 1952.



### Master plan at a glance:

- ◇ An **interconnected healthcare ecosystem** which will link all patient care, education and research facilities, to promote a more patient- and people-centric experience.
- ◇ **Improved access** which includes a separate direct access for ambulances, increased car park spaces with clear signposting and additional access points.
- ◇ **Vibrant community-friendly spaces** featuring easily accessible, eco- and community-friendly social and recreational amenities



## EVENTS OVERVIEW

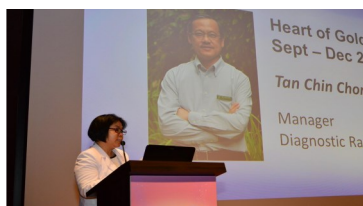
## PROJECT ORANGE

Every year, SGH's senior management and the medical students will participate in Project Orange to spread the festive cheer to patients and the residents living around SGH. This year, more than 200 goodie bags were distributed to patients at the Wards and a dinner was held for the elderly Kim Seng residents at the Kim Seng Community Centre. Dr Lily Neo, MP for the Kreta Ayer-Kim Seng Ward was also invited to celebrate Chinese New Year with the residents at the dinner. ■



## QUALITY SHOWCASE: 2016 1ST EDITION

109 Service with a Heart Award and 4 Heart of Gold Award was handed out to staff for displaying service excellence in the course of their work. Stories exemplifying the care that staff showed towards patient safety, visitors and colleagues were shared during the showcase. ■



### How are Service with a Heart Award winners and Heart of Gold Award winners chosen?

Staff qualify for Service with a Heart Award by receiving patients' compliments or through nomination by their colleagues and/or department managers. Nominated staff are then endorsed by their Division Chairman/Directors.

For Heart of Gold Award, awards and compliments from all eligible Service with a Heart winners are reviewed. The Service Quality committee will then vote for the top staff in each staff category and select the nominee who received the highest vote.



## SINGHEALTH ALLIED HEALTH COMMUNITY DAY (AHCD)

This year's celebration themed 'Building Partnerships for Better Care', reflects the power of collaboration and team work to transform care for patients. AHCD is an annual celebration to recognize and appreciate the efforts of our allied health staff. Awards for the Allied Health Innovative Practice Awards 2016 were handed out to recognize the contributions and innovations of our Allied Health staff. ■



## EVENTS OVERVIEW

## NEW PARTNERSHIP WITH INSTRON

The SGH Biomechanics lab and Instron signed an MOU to formalized their research partnership in biomechanical testing methodologies and devices. The projects that they are developing are in the fields of characterization of bio tissues and cells including muscle, tendons, ligaments and bones, as well as biomechanical testing of materials and bioengineered tissues including biological scaffold. The MOU signifies the partnership between both parties and their commitment of resources for the benefit of patients. ■



Representatives from SGH and Instron at the MOU signing.

Photo credits: Tomorrow's Medicine

## VISIT BY VICTORIAN GOVERNMENT HEALTH MINISTER

On 4 March 2016, the Victorian Government Health Minister, Hon Jill Hennessy MP, visited National Heart Centre Singapore (NHCS) with a delegation which includes Mr Chris McDermott, Chief of Staff, Office of the Minister for Health and Prof James Best, Dean, Lee Kong Chian School of Medicine. The visit was hosted by Prof Terrance Chua who shared the experience and challenges of building the new NHCS with them as Victoria has plans to build Australia's first heart hospital. ■

Credits: National Heart Centre Singapore



Prof Chua demonstrating the clinical documentation system at NHCS with the delegation.

## INTERNATIONAL RESUSCITATION SCIENCE SYMPOSIUM 2016

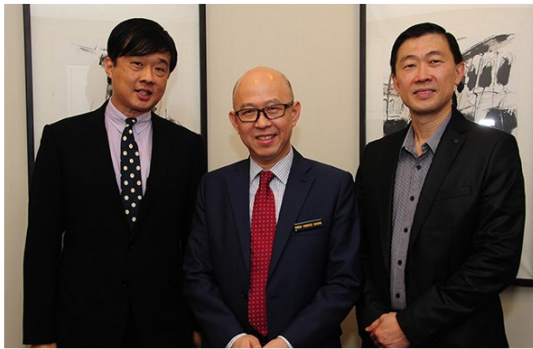
Co-hosted by SingHealth, the Society of Emergency Medicine in Singapore (SEMS) and Resuscitation Council of Asia, the International Resuscitation Science Symposium 2016 was held on 27—28 February in Academia. Speakers gather to share their knowledge and expertise on various topics such as disaster medicine, emergency nursing, medical education and palliative medicine etc. The National Resuscitation Council of Singapore (NRCS) announced at the symposium that they will release a new set of guidelines which was developed based on the latest Consensus on Cardiopulmonary Resuscitation and Emergency Cardiac Care Science and Treatment Recommendations (CoSTR) by the International Liaison Committee on Resuscitation (ILCOR). The event was attended by guest-of-honor, Dr Lam Pin Min, Minister of State for Health, and more than 600 local and overseas emergency medicine practitioners. ■

Credits: Tomorrow's Medicine and [www.sess-ires2016.com](http://www.sess-ires2016.com)





## EVENTS OVERVIEW



(Left to Right): A/Prof Toh Han Chong Deputy Director NCCS, Prof Pierce Chow and Dr Steven Fang at the MOU Signing ceremony.

*Credits: Tomorrow's Medicine and NCCS*

## NEW LIVER CANCER RESEARCH COLLABORATIONS

The National Cancer Centre Singapore (NCCS) has signed two new memorandums of understanding (MOU) - one with InvitroCue Pte Ltd (IVQ) and another with Singapore Clinical Research Institute (SCRI) and IMS Health Asia Pte Ltd (IMS Health), for collaborations on liver cancer research. Under the MOUs, NCCS and ICQ will be developing applications to improve the treatment outcomes in primary liver cancer while NCCS, SCRI and IMS Health will be developing the first liver cancer registry in Asia to help policy makers and healthcare professionals come up with strategies to manage liver cancer patients. ■



SNEC organizes and conducts regular courses on DALK and DSAEK for Ophthalmologists. These courses comprises of didactic lectures, hands-on lab sessions, live surgery and clinical case presentations. For more information on these courses, visit [www.snecmeetings.org](http://www.snecmeetings.org).

## NEW TECHNIQUES AT SNEC

In 2014, the Singapore National Eye Centre (SNEC) has performed 86% of cornea transplants using new techniques such as deep anterior lamellar keratoplasty (DALK) and Descemet's stripping automated endothelial keratoplasty (DSAEK). Using these new techniques, it was reported that patients enjoy a longer graft survival, lower rejection rates and complications, better vision after the operation and a 'speedier' recovery. Improving graft success is one of the important reasons for using the new techniques as cornea transplants depend on cornea donations which has been decreasing since 2011. SNEC has been training doctors in the newer techniques and has taught more than 100 surgeons from 23 countries. For more information on these techniques and education programmes organized by SNEC, please visit [www.snec.com.sg](http://www.snec.com.sg). ■

*Credits: Tomorrow's Medicine and SNEC*

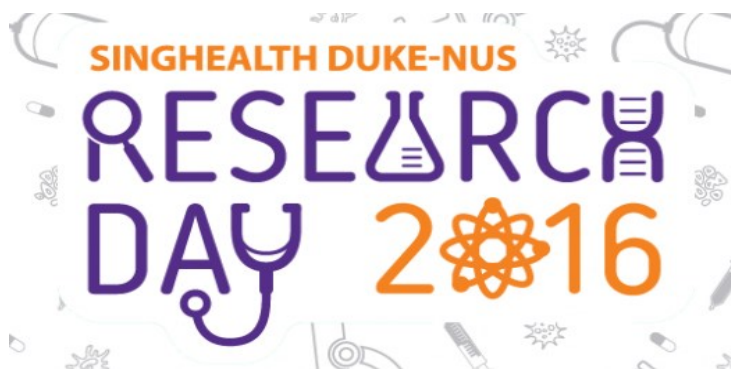


**7<sup>th</sup> Functional Septorhinoplasty Course**  
in conjunction with the  
**7th Asian Facial Plastic Surgery Society Congress**

**CALL FOR ABSTRACTS**  
**DEADLINE FOR SUBMISSIONS**  
**5 JUNE 2016**

<http://www.entfortnight2016.com/call-for-abstracts.html>

## EVENTS OVERVIEW



One of the highlights at the inaugural SingHealth Duke-NUS Research Day on 21 January 2016 was the signing of a five year MOU between SingHealth and Nanyang Technological University (NTU) to encourage collaborations in healthcare research. Under this MOU, a S\$2m grant has also been set up to fund six joint research projects focusing on nationally-relevant diseases such as ageing, diabetes, eye diseases, infectious diseases, skin and plastic surgery and medical technology.

Other highlights include lectures by Nobel Laureate Dr John Robin Warren on 'Discovering Helicobacter' and Sir Richard Roberts on 'Does basic research count in Medicine'.

*Credits: Tomorrow's Medicine*



(Above) Keynote lecture by Sir Richard Roberts who was awarded the 1993 Nobel Prize in Physiology or Medicine.



(Above) Q&A session with Nobel Laureate Dr John Robin Warren who won the Nobel Prize in Physiology or Medicine in 2005.



## SGH ENT INSTRUCTIONAL COURSE FORTNIGHT

### 2 - 11 JULY 2016

#### ACADEMIA, SINGAPORE

This year's programme will consist of the inaugural Endoscopic Ear Surgery Course held in conjunction with the 6th ASEAN Neuro-Oto-Audiology Congress, the 13th Otology & Neuro-Otology Course, the 7th Functional Septorhinoplasty Course held in conjunction with the 7th Asian Facial Plastic Surgery Society Congress and the 20th Functional Endoscopic Sinus & Skull Base Surgery Course. The courses are structured to be relevant and appealing to practicing surgeons as well as ENT Residents in various stages of training.

Scan the QR Code for more information or visit

[www.entfortnight.com](http://www.entfortnight.com)



Organised by:  
Department of Otolaryngology



Organising Secretariat



For enquires, please email [entcourses@sgh.com.sg](mailto:entcourses@sgh.com.sg).



# UPCOMING EVENTS

## APRIL

**2nd**

### **Living with Parkinson Public Forum (English & Mandarin)**

This public forum covers topics that will be of interest to Parkinson patients, their family and/or care-givers. Topics include 'Overview of Parkinson Disease', 'Community Resources and Support' and 'Moving with Parkinson' etc. For more information, please call 6357 7152/7121 or email [nni\\_enquiry@nni.com.sg](mailto:nni_enquiry@nni.com.sg).

### **Heart Failure Public Forum (English)**

Find out more about the latest in Heart Failure treatment, NHCS Heart Failure mobile app and perspectives of a heart failure patient. For more information, please email [nhccme@nhcs.com.sg](mailto:nhccme@nhcs.com.sg).

**14th**

### **Singapore Neonatal Resuscitation Course (Recertification)**

**15th**

### **Singapore Neonatal Resuscitation Course**

Accredited by the National Resuscitation Council of Singapore, this workshop covers the principles of neonatal resuscitation and the basic skills of resuscitation. Participants will have an opportunity to use an interactive simulator manikin with realistic new born traits and lifelike clinical feedback. For more information, please visit [www.pgmi.com.sg](http://www.pgmi.com.sg).

**16th**

### **Update on Benign Breast Conditions for Primary Care Practitioners**

This interactive educational forum will provide an update on the latest guidelines in screening, and give accurate, reliable working guidelines on workup and management on benign breast conditions. CME points will be accredited. Visit [www.kkh.com.sg/events](http://www.kkh.com.sg/events) for more details.

**25th  
to  
29th**

### **Singapore Hyperbaric & Underwater Medicine Course 2016**

Co-organised by the Republic of Singapore Navy (RSN) and SGH, the course aims to equip participants with essential knowledge in Diving and Hyperbaric medicine that will be useful in clinical practice. Participants who successfully complete the course will be able to attain Level One DMAC competency and may also apply for registration as a Designated Workplace Doctor (Compressed Air Works) with the Ministry of Manpower. For more information, please visit [www.pgmi.com.sg](http://www.pgmi.com.sg).



# UPCOMING EVENTS

## MAY

**14th**

### **GPCME — ‘Urolithiasis The Hard Truth’**

For registration/ more information, please email [pgmi.gpcme@sgh.com.sg](mailto:pgmi.gpcme@sgh.com.sg).  
Please register by 6 May 2016.

**25th**

### **3rd SGH SOAR (Starting Out on Assisted Reproduction)**

This course aims to give you a strong foundation on the basics of IVF and embryology. The programme will cover the clinical aspects of in-vitro fertilization as well as the science behind Assisted Reproduction. For more information, please visit [www.sgh.com.sg/subsites/sghssc](http://www.sgh.com.sg/subsites/sghssc)

## JUNE

**3rd  
to  
4th**

### **SingHealth Interstitial Lung Disease (ILD) Course**

This course offers a comprehensive overview of the current classification of interstitial lung diseases. Presentations will discuss diagnostic approaches and review management and therapeutic strategies available for this complex group of patients. For more information, please visit [www.sgh.com.sg/subsites/sghssc](http://www.sgh.com.sg/subsites/sghssc).

## JULY

**2nd  
to  
11th**

### **SGH ENT Instruction Course Fortnight 2016**

The SGH ENT Instructional Fortnight 2016 will be held from 2 – 11 July 2016. This year's programme will consist of the inaugural **Endoscopic Ear Surgery Course** held in conjunction with the 6th ASEAN Neuro-Oto-Audiology Congress, the 13th Otology & Neuro-Otology Course, the 7th Functional Septorhinoplasty Course held in conjunction with the 7th Asian Facial Plastic Surgery Society Congress and the 20th **Functional Endoscopic Sinus & Skull Base Surgery Course**. The courses are structured to be relevant and appealing to practicing surgeons as well as ENT Residents in various stages of training. For registration/ more information, please visit [www.entfortnight2016.com](http://www.entfortnight2016.com).

**14th**

### **Singapore Neonatal Resuscitation Course (Recertification)**

**15th**

### **Singapore Neonatal Resuscitation Course**



# LIFE. CHANGING. GIFT.

In celebration of our 195th anniversary

SGH is the oldest and largest hospital in Singapore, serving patients from all walks of life in our community. To Singaporeans, this is the people's hospital, where they know they can get expert care for the most complex conditions. This year, we are celebrating our **195th** anniversary! To commemorate this memorable milestone, we aim to raise **\$1.95 million** not only for the **SGH Needy Patients Fund**, but also for **research causes** which will accelerate discoveries and benefit our patients.

By making a donation, you will be giving a gift which can transform our patients' lives, and enable our hospital to serve, innovate and extend care to many generations to come.

We hope you can contribute, and join us on this journey of paying-it-forward, because everyone deserves good health. Your gift will also enjoy a tax deduction of 2.5 times the gift value, as SGH funds are administered by the SingHealth Foundation.

Thank you for partnering with us in putting Our Patients at the Heart of All We Do!

**Contact us to make a gift today:**

Singapore General Hospital  
c/o SGH Development Office  
167 Jalan Bukit Merah, Tower 5, #03-11  
Singapore 150167

Tel: 6326 6474 / 6378  
Email: [giftstosgh@sgh.com.sg](mailto:giftstosgh@sgh.com.sg)  
Webpage: [www.sgh.com.sg/GivingSGH195](http://www.sgh.com.sg/GivingSGH195)





Please detach and return this form to:  
**Singapore General Hospital**  
**c/o SGH Development Office**  
**167 Jalan Bukit Merah, Tower 5, #03-11**  
**Singapore 150167**

**I WOULD LIKE TO MAKE A DONATION:**

- ☐ One-time Donation    ☐ Monthly Donation  
☐ S\$19.50    ☐ S\$195    ☐ S\$1,950    ☐ Others: \_\_\_\_\_  
(Please specify amount)

**SPECIAL OCCASIONS GIFT**

This gift is in memory/ in honour of \_\_\_\_\_

**IN SUPPORT OF**

- ☐ Needy Patients  
☐ Medical research  
☐ Education of Healthcare Professionals  
☐ Where It Is Needed Most  
☐ Specific Programme / Department (please give details) \_\_\_\_\_

**DONOR'S PARTICULARS**

(Please fill in details where appropriate)

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- ☐ Please tick this box if you wish to keep your donation anonymous.

\*NRIC / FIN No. / UEN \_\_\_\_\_ Date of Birth (dd / mm / vv) \_\_\_\_\_

Name of Contact Person / Designation \_\_\_\_\_ (Prof / Dr / Mr / Mrs / Ms / Mdm)

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HP \_\_\_\_\_ Email \_\_\_\_\_

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\*Please write your NRIC / FIN Number or UEN so that your donation will be automatically included into your tax assessment by IRAS. Donors who do not provide tax reference numbers cannot claim tax deducted from IRAS as no tax deduction receipts will be issued. Tax deductible receipt will be issued for donations with a minimum amount of S\$10 and will be sent to you within 3 months upon receipt of your donation.

\*By signing the above, I, the Donor, consent to Singapore General Hospital and their successors or assigns (collectively 'Organisations') as detailed in the SingHealth Data Protection Policy) collecting, using and/or disclosing my personal data, and disclosing my personal data to each other (as may be necessary) for the purpose of processing my donations and such other reasonably related purposes as may be set out in the SingHealth Data Protection Policy available at <https://www.singhealth.com.sg/ABOUTSINGHEALTH/PERSONAL-DATA-PROTECTION-ACT-PDPA/pages/Home.aspx>

[ ] In addition, by ticking this box, I consent to all of the SingHealth organisations and their successors or assigns collecting, using and/or disclosing my personal data in order to send me updates and collaterals on each of the organisations in respect of fundraising, social outreach, volunteering, other related topics and events which may be held in respect of the same ('Social Outreach Campaigns'), as well as to contact me via voice call and SMS solely in relation to such Social Outreach Campaigns. [ ] Where I make a donation to such SingHealth organisations and their successors or assigns, I acknowledge and agree that these organisations may then collect, use and/or disclose my personal data for such purposes as may be reasonably related to the processing of my donations as may be set out in the SingHealth Data Protection Policy.

\*I confirm and agree that my consents granted herein do not supersede or replace any other consents which I may have previously provided to each of the Organisations in respect of my personal data, and are additional to any rights which the Organisations may each individually have at law to collect, use or disclose my personal data.

**Thank you for your generous support!**

**DONATION BY:**

☐ **Cheque No.** \_\_\_\_\_

(Please make cheque payable to "SingHealth Foundation - SGH")

☐ **Credit Card (Visa / Mastercard / Amex / Diners)**

Name of Cardholder \_\_\_\_\_

Card no. \_\_\_\_\_

Name of bank \_\_\_\_\_ Expiry date \_\_\_\_\_  
( m m / y y )

Signature (as in bank records) \_\_\_\_\_ Date \_\_\_\_\_

☐ **GIRO (For monthly donation)**

Name as in Bank records \_\_\_\_\_

Name of Bank \_\_\_\_\_ Branch \_\_\_\_\_

Bank Account No. \_\_\_\_\_

Signature or Thumbprint# (as in Bank records) \_\_\_\_\_ Date \_\_\_\_\_

# For thumbprints, please go to branch with your identification  
• I/We hereby authorise SingHealth Foundation — SGH to debit my/our account  
• You are entitled to reject SingHealth Foundation — SGH's debit instructions if my/our account does not have sufficient funds and charge me / us a fee for this.  
• This authorisation will remain in force until terminated by your written notice sent to my/our address last known to you or upon receipt of my / our written revocation through SingHealth Foundation — SGH

**For SingHealth Foundation - SGH Official Use Only**

Bank Branch SingHealth Foundation - SGH's A/C No.  
7 1 7 1 0 0 3 0 0 3 9 0 2 8 4 8 2

SHF-SGH Reference

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To : SingHealth Foundation - SGH,

This Application is REJECTED due to the following (please tick):

- ☐ Signature / Thumbprint# differs from Financial Institution's records  
☐ Signature / Thumbprint# is incomplete / unclear  
☐ Account operated by Signature / Thumbprint#  
☐ Amendments not countersigned by customer  
☐ Wrong account number  
☐ Others

Name of Approving Officer \_\_\_\_\_

Authorised Signature & Date \_\_\_\_\_

**SGH ALUMNI NEWSLETTER**

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*Please visit [www.sghalumni.wordpress.com](http://www.sghalumni.wordpress.com) for the e-newsletter.*