

SGH Alumni Newsletter

ISSUE 11 | OCTOBER — DECEMBER 2015

01

ALUMNI NEWS

03

AROUND THE CAMPUS

06

UPCOMING EVENTS





ALUMNI BENEFITS



LIBRARY SERVICES

The library provides literature search for SGH alumni members who would like to have a list of references of journal articles and other resources pertinent to their specific information needs. In addition to searching the library collection, searches are conducted using PubMed and other databases. Members also have access to past issues of SGH Proceedings. To utilize these services, members will have to fill up the request form which is downloadable on our website.

ACCESS TO CME VIDEOS



Members have exclusive access to PGMI's video library. Choose from a wide selection of videos ranging from GPCMEs to lectures from various courses and workshops. To gain access, members will have to fill up the request form which is downloadable on our website.



SGH ALUMNI BLOG

Specifically targeted at SGH Alumni members, the blog aims to keep members updated on news and happenings in the Outram campus, and upcoming events. Features include Members Portal, Downloads Section, Sharing of our articles/information on your social media and Contact Us Section. Visit us at www.sghalumni.wordpress.com.

DEAR ALUMNI



As we celebrate 21 years of promoting postgraduate medical education and training, we remember our SGH needy patients. These patients may need an extra hand with short-term subsistence support to buffer the reduction or loss of income due to onset of a chronic or terminal illness, or trauma, and those who may not be eligible for public welfare or Medifund assistance. We seek your generous support for the SGH Need Patients Fund. A little help from you goes a long way for them...For more information and to donate, please visit www.pgmi.com.sg.

We are also looking for contributors! Please tell us what you want to see in the next issue of your newsletter and receive our SGH PGMI's 21st Anniversary commemorative souvenirs. Please email shirley.au.s.w@sgh.com.sg. ■

In celebration of SGH PGMI 21st Anniversary, we invite you to join us for

**AN EVENING REPERTOIRE OF
ENCHANTING, DELIGHTFUL AND ENTHRALLING
CHAMBER MUSIC
AT THE ACADEMIA AUDITORIUM**

Date Wednesday, 2 September 2015
Time 5.30pm to 6.30pm
Venue Academia Auditorium

Connect with SGH staff and fellow alumni members at the networking session before the repertoire! Light refreshments will be provided.

Attendance is via email RSVP to shirley.au.s.w@sgh.com.sg. For more information, please email us at shirley.au.s.w@sgh.com.sg.

Presented by

YSTCM
YONG SIEW TOH
CONSERVATORY
OF MUSIC

Brought to you by



SGH PGMI
Postgraduate
Medical Institute



Beneficiary



NEW APPOINTMENTS

Key Leadership Appointments



Prof Fong Kok Yong
Deputy Group Chief Executive Officer
(Regional Health and Medical)
SingHealth



Prof The Bin Tean
Deputy Director (Research)
National Cancer Centre Singapore



Assoc. Prof Chan Choong Meng
Deputy Group Director, Education
(Undergraduate)
SingHealth



Ms Margaret Lee Mui Pheng
Deputy Group Chief Financial Officer
(Regional Health System & Strategic Finance)
SingHealth



Dr Nicholas Tay Choo Wei
Chief Operating Officer (Infrastructure Development)
SingHealth

Health Services Research Institute (HSRI)



Professor Julian Thumboo
Co-director
Health Services Research Institute



Prof David Matchar
Co-director
Health Services Research Institute

Health Services Research Institute (HSRI) is a new initiative between SingHealth and Duke-NUS which examines and looks to solve problems in healthcare that are related to factors such as cost, quality and accessibility, and the dynamic inter-play between them. HSRI will facilitate alignment and allow flexibility in the implementation of specific strategies, programmes and activities for robust health services research studies. ■

NEW DEVELOPMENTS

FREE MOBILE CHARGING STATIONS

SingHealth has partnered with Singapore Power (SP) to provide charging stations around the campus. Each station is equipped with 10 individual slots which contain multiple charging tips which will fit most mobile devices, and a blank USB port for users to insert their own chargers. To charge devices, users have to scan the barcode of their personal identification card and create a unique four-digit password. These steps have to be repeated during retrieval.

Currently, two stations are available at Academia and one station at Singapore National Eye Centre. More stations will be available throughout the campus by December 2015. For more information on location of these charging stations, please visit <http://gifttopower.singaporepower.com.sg>. ■



Credits: TODAY / Aqil Haseqy Mahmud

Keep a lookout for these mobile stations!

NEW DEVELOPMENTS

NEW NATIONAL CANCER CENTRE SINGAPORE BY 2020

A new National Cancer Centre Singapore will be built by 2020 in the SGH campus to cater to the estimated cancer patient volume which is predicted to increase three-fold in next decade. The new NCCS will house a Proton Beam Therapy Centre, making NCCS and Singapore the first to offer proton therapy in Southeast Asia.

Proton beam therapy is a form of radiation therapy that destroys cancer cells using positively charged subatomic particles (protons) which can be controlled to precisely release high-dose cancer-cell-killing energy directly in the tumor. For more information on Proton beam therapy, please visit <http://www.nccs.com.sg/AboutUs/OurFacilities/Pages/>. ■



NEW SHUTTLE SERVICES

SingHealth HQ will be conducting a shuttle pilot bus service till Tues, 10 Nov 2015 from NHCS (Lobby) to Alexandra Hospital & Connection One (Tower 5) to Outram Park MRT (NEL). This shuttle service is open to all staff from SingHealth. Please present your staff pass upon boarding.

Mondays to Fridays			
From National Heart Centre Singapore	From Outram Park MRT (NEL)	From Alexandra Hospital (NOB)	From Alexandra Hospital (Main Lobby)
	0620		0640
	0700		0720
	0740		0800
	0820		0840
	0900	0925	0930
0955	1000	1025	1030
1055	1100	1125	1130
1155	1200	1225	1230
1255	1300	1325	1330
1355	1400	1425	1430
1455	1500	1525	1530
1555	1600	1625	1630
1655	1700		1730
			1740
			1810
			1820
No Service between 1820 - 2010			
	2010		
	2050		
	2130		2200



NOW OPEN! BLISSE RESTAURANT AT ACADEMIA

There's a new restaurant at Academia! Blisse Restaurant is a social enterprise based on job integration model. They work closely with several beneficiaries to offer employment opportunities for persons with disabilities, low-income individuals, ex-offenders and those recovering from psychiatric illnesses.

Blisse's menu offers a variety of local delights, western menu, salad bowls and smoothies. ■



Opening Hours

Monday —Friday: 7am—7.30pm

Saturday: 7am—3pm

Closed on Sundays and Public Holidays.

EVENTS OVERVIEW

SGH 21ST ANNUAL SCIENTIFIC MEETING

Held on 10 and 11 April, SGH 21st Annual Scientific Meeting (ASM) was attended by more than 3,000 participants. The theme of this year's meeting is "Compassion, Collaboration, Contribution", where we showcased the ongoing efforts within the Campus in delivering healthcare of the highest quality with compassion and through collaboration, to make a meaningful contribution to our society and our future generation.

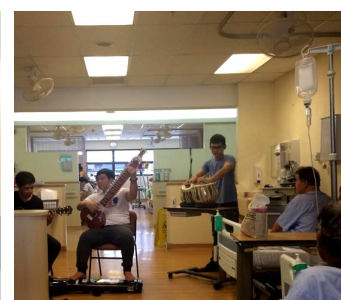
One of the highlights for this year's ASM was the SGH debate. Moderated by Assoc. Prof Toh Han Chong, two teams battled it out to convince us if "Medicine is more of an Art than a Science.". It was an exciting debate with Team Science coming out victorious.

Recipients for the various award categories for ASM were announced and presented at the formal dinner. ■



22ND SGH LECTURE & FORMAL DINNER

The SGH Formal Dinner is an annual tradition of celebration at the culmination of the SGH ASM. This year, we are honored to have Prof Chan Heng Chee to grace our event and deliver the 22nd SGH Lecture titled "Singapore at 50: Going Forward". SGH PGMI also celebrated its 21st anniversary at the formal dinner with a cake cutting ceremony while the rest of the evening was dedicated to acknowledging the valuable contributions of SGH's senior staff. ■



Musicfest returned to SGH on 19 June 2015 with more than 250 artists performing for over 10,000 patients at the wards, specialists outpatient centres and institutions. The day ended on a high note with a stand-up comedy performance by Sebastian Tan aka Broadway Beng and a tribute to The Beatles by Cat Ong & Friends. ■

Back for its third year, Musicfest@SGH brings live music to hospitals and to people undergoing treatment within the wards. This year, the festive aims to create greater personal connections by bringing more love music to patients at SGH campus.

CALENDAR OF EVENTS

JULY

Sat, 4 Jul

Public Forum on Psoriasis

Academia L1-S3 & S4

Thurs, 9 Jul

Singapore Neonatal Resuscitation Course
(Recertification)

Academia IMSE Sim Lab 1 & 2

Fri, 10 Jul

Singapore Neonatal Resuscitation Course

Academia IMSE Sim Lab 1 & 2

Sat, 11 Jul

Urology GP Forum: Prostate 101

SGH Block 6, Deck on 9

For more information, please email

pgmi.courses@sgh.com.sg.

**All information is accurate at the time of printing.*

AUGUST

Sat, 1 Aug

Vascular Surgery GPCME: Keep Me Walking
on Veins – A Troublesome Problem

Learning Space Room 4/5

Sat, 15 Aug

10th Gynaecological & Early Pregnancy
Ultrasound Workshop

Academia L1-S3

SEPTEMBER

Wed, 2 Sept

PGMI 21st Anniversary Concert

Academia Auditorium

Sat, 26 Sept

Hand Surgery GPCME

Learning Space Room 4/5

**Royal College of
Physicians of Edinburgh**

Educating doctors, improving care.

WEBSTREAMED LIVE FROM EDINBURGH, UK

INTERNATIONAL DELEGATES

EGYPT // HONG KONG // INDIA // KENYA // LIBYA // MALAYSIA // MALTA // NEPAL //
PAKISTAN // PALESTINE // REPUBLIC OF IRELAND // SAUDI ARABIA // SINGAPORE //
SOMALIA // SUDAN // UGANDA // ZAMBIA

SGH PGMI has linked up with the Royal College of Physicians Edinburgh to bring you regularly scheduled **live** webcasts of educational events hosted by the RCPE. The webcast will take place at Academia and is free to all doctors and healthcare professionals. Please note that programme details will be updated on www.pgmi.com.sg nearer to the date of the webcast. CME points will be awarded! For more information, please contact Desmond Lee at desmond.lee@sgh.com.sg.

SEPTEMBER 2015

RCPE Symposium: Hematology

Friday, 25 September

RCPE Symposium: Diabetes Across the Lifespan

Wednesday, 30 September

SGH ALUMNI NEWSLETTER

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This is an abridged version of the newsletter. To read more stories, please visit www.sghalumni.wordpress.com.