

# SGH Alumni Newsletter

## Director's Message



### Dear Alumni and Friends

Welcome to the first issue of the SGH-Alumni newsletter — your source of information about happenings at SGH campus, updates on SGH Postgraduate Medical Institute (PGMI) and upcoming events.

Since our establishment in 1994, our mission has centred around the promotion of postgraduate medical education and clinical training at SGH. Through a rich variety of medical education, training, and fellowship programmes, we deliver on SGH's continuing commitment to nurturing generations of healthcare professionals who will deliver ever better patient care in Singapore and other countries in the region.

2012 has been an eventful and exciting year for us. Our courses were met very favorably and we received several opportunities to expand and further develop our portfolio of programmes. This year, we not only hope to launch new initiatives but also to find ways to actively engage and keep in touch with you. We are always delighted to hear about the work, interests and accomplishments of our alumni, as well as ways that we might serve you. We invite you to send us feedback, and updates on your contact information so that we can include you in all our communications.

On behalf of the PGMI team, I would like to wish all alumni members a Happy and Prosperous Year of the Snake. May the year ahead be a thriving and rewarding one.

Gong Xi Fa Cai!

**ASSOC PROF PETER LIM**

Director, PGMI

Senior Consultant, Rehabilitation Medicine,  
SGH

*Happy Chinese New Year*



from Singapore General Hospital  
Postgraduate Medical Institute

### Upcoming Events

**Singapore Neonatal Resuscitation Course**, Thursday – Friday, 17 – 18 January 2013

**Endobronchial Ultrasound Workshop**, Friday – Saturday, 1 – 2 February 2013

**Singapore Hyperbaric and Underwater Medicine Course 2013**, Monday – Tuesday, 25 – 28 February 2013

**Pelvic Floor Disorders Update**, Saturday, 9 March 2013

**7<sup>th</sup> Gynaecological & Early Pregnancy Ultrasound**, Saturday, 16 March 2013

**20<sup>th</sup> Annual Scientific Meeting & 20<sup>th</sup> Formal Dinner**, Friday – Saturday, 5 – 6 April 2012

**Singapore Neonatal Resuscitation Course**, Thursday – Friday, 25 – 26 April 2013

\*information is accurate at the time of print.  
For more information, please visit our website — [www.pgmi.com.sg](http://www.pgmi.com.sg).

### Stay Connected

Please email SGH-PGMI to update your contact details — [pgmi@sgh.com.sg](mailto:pgmi@sgh.com.sg). Stay connected to receive news, updates and events at SGH.

### Contact Us

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# 2012 at a Glance

The **Singapore Neonatal Resuscitation Course**, accredited by the National Resuscitation Council of Singapore was organized for Medical, Nursing and Allied Health Staff in May and September. Participants were equipped with the knowledge and skills of neonatal resuscitation. They were taught to be able to translate written guidelines into effective action through simulated resuscitation and had an opportunity to use an



interactive simulator manikin with realistic newborn traits and life-like clinical feedback.

The **2<sup>nd</sup> Education & Simulation in Healthcare Conference** was marked by the renewal of the SingHealth Statement of Commitment towards Graduate Medical Education by Guest of Honor, Professor Ivy Ng, GCEO of SingHealth. Speakers from Tan Tock Seng Hospital, Duke-NUS Graduate Medical School, Lee Kong Chian School of Medicine of the Nanyang Technological University and Yong Loo Lin School of Medicine of National University of Singapore were invited to share their experiences on Medical Education and their respective curriculum structures. The event was attended by 251 healthcare professionals.

- **GP Symposium on Pelvic Floor Disorders**
- **Neurosurgery GP Update**

11 January –  
11 February

17 May

16 August

14 April

4 June –  
4 July

11 August

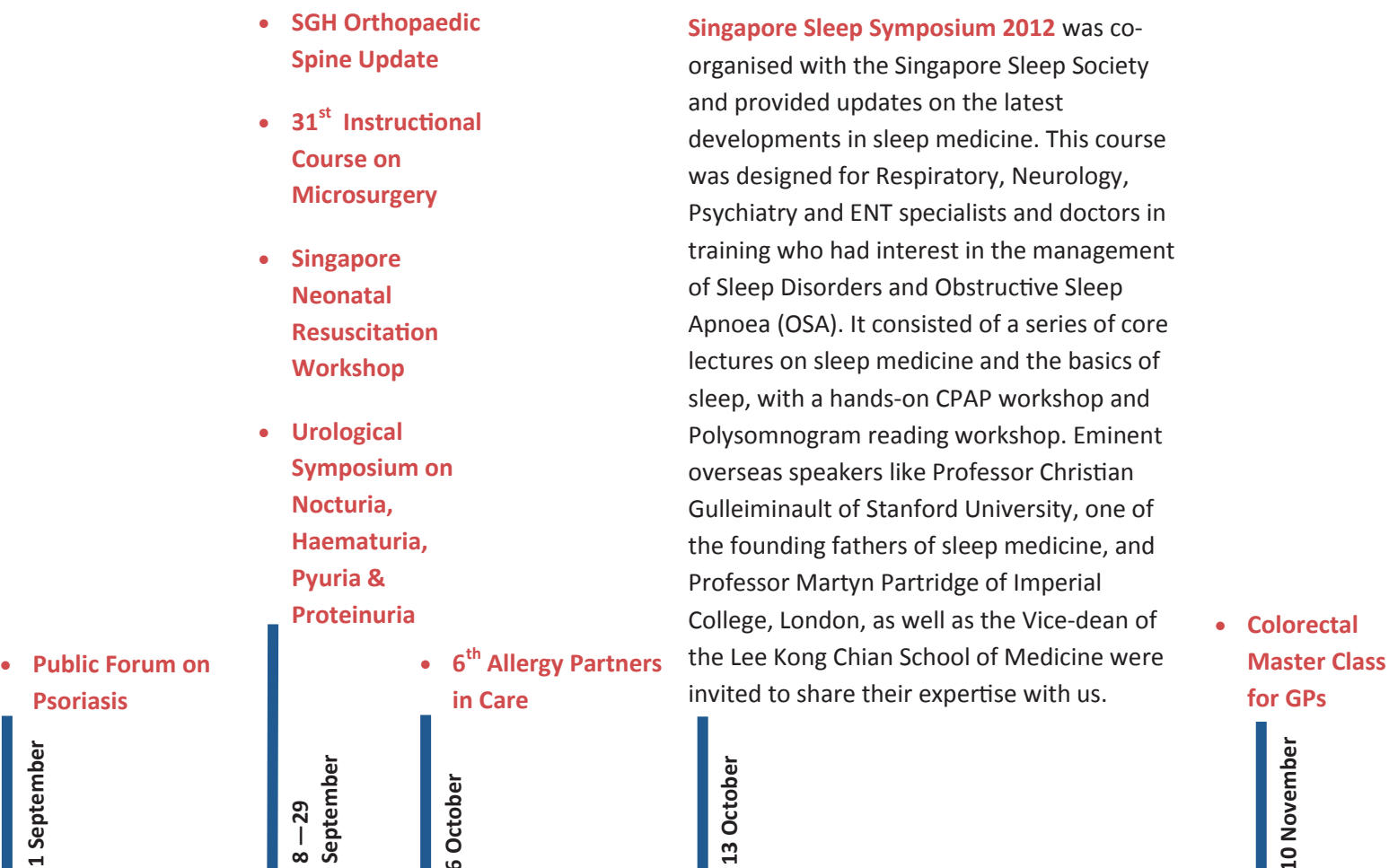


The **SGH Formal Dinner** is a valued tradition and celebration of fellowship and strategic alliance. The 19th SGH Formal Dinner, organized by PGMI, was a night of sharing and learning. Our distinguished lecturer, Ms Olivia Lum, Executive Chairman and Group CEO of Hyflux Limited was invited to share her experience on how she had set up and grown her company into a global leader. The event was attended by 485 guests.

The **ENT Instructional Course Week 2012** consisted of 4 different subspecialty courses, featuring numerous world-renowned international faculty. It placed great emphasis on the practical aspects of surgery which catered to the needs of trainees and specialists. The course received positive response and was attended by 300 medical professionals from all over the region.



- **6<sup>th</sup> Gynaecological & Early Pregnancy Ultrasound**



**Singapore Sleep Symposium 2012** was co-organised with the Singapore Sleep Society and provided updates on the latest developments in sleep medicine. This course was designed for Respiratory, Neurology, Psychiatry and ENT specialists and doctors in training who had interest in the management of Sleep Disorders and Obstructive Sleep Apnoea (OSA). It consisted of a series of core lectures on sleep medicine and the basics of sleep, with a hands-on CPAP workshop and Polysomnogram reading workshop. Eminent overseas speakers like Professor Christian Guilleminault of Stanford University, one of the founding fathers of sleep medicine, and Professor Martyn Partridge of Imperial College, London, as well as the Vice-dean of the Lee Kong Chian School of Medicine were invited to share their expertise with us.

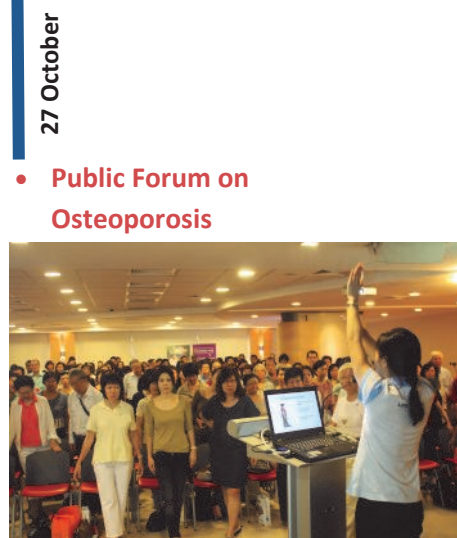
**6 September**

On 6th September 2012, Duke-NUS and SingHealth celebrated the launch of the **Academic Medicine Education Institute (AM•EI)**. The AM•EI led by A/Prof Koo Wen Hsin and Prof Robert Kamei, is an inclusive organisation catering to inter-profession learning and welcomes all healthcare professionals who are contributing to education. To add on to the celebration, information booths from PGMI, IMSE, Alice Lee IAN, PGAHI and more were also present.



**12 October**

The **Ten Topic Rheumatology Asia 2012 – Pre-Conference Workshop** was organized to equip rheumatologist/trainees with better understanding and ability to utilize MRI in diagnosing early axial SpA in patients without typical radiographic changes. Attendees had the opportunity to take part in an interactive and hands-on session to evaluate sacroiliac/spinal radiographs and MRI, and assess psoriasis/psoriatic arthritis patients. Lectures were also conducted to enhance their learning experience.



**27 October**

- Public Forum on Osteoporosis



## Fellowships & International Collaborations

As a teaching hospital, SGH accounts for the placement and supervision of two-thirds of basic and advanced postgraduate trainees in Singapore. SGH is also a regional training centre for organizations such as the International Atomic Energy Agency (IAEA), and offers a number of sought after fellowship programmes for overseas doctors. Each year, PGMI processes about 500 fellowship applications from more than 40 countries spanning across South-East Asia, East Asia, Europe, Middle-east and America.

One such doctor is Dr. Aung Htet from Myanmar, who is undergoing a 12 month Vascular and Interventional Radiology (VIR) fellowship. Dr. Aung Htet decided to choose SGH for his fellowship as he felt that “the training programme is the best one for radiologists interested in VIR.” He added that “The experiences and skills learned during this attachment are very useful for establishing and upgrading the radiology department in my country.”

Throughout the year, delegates from various countries visits SGH and PGMI plays an active role in hosting them. One such visit was on 16 October 2012 where Chiangmai University delegates visited SGH to study the feasibility of joint academic programmes. In 2013, we look forward to developing more academic programmes with our international partners and seeing more doctors choose SGH for their fellowship.

PGMI also conducts courses for International SOS (ISOS) to provide training for emergency doctors. The course is held yearly and consists of workshops and observerships. We will be holding the ISOS course again in April this year.



A/Prof Peter Lim (standing third from left) with delegates from Chiangmai University  
Picture courtesy of Singhealth Business Development



Delegates from Sanofi China on a Hospital Tour



Ms June Tien, PGMI's Assistant Manager (third from right) with ISOS participants



Hands on practice during the ISOS Trauma Life Support Course

# Updates

## Education Resource Centre

Education Resource Centre (ERC) serves the education and information needs of all SGH healthcare professionals. The centre ensures that current resources and information services are readily available, and boasts of an extensive collection on clinical medicine such as ERC Journals and SGH Proceedings in print and online. Literature search service is available to staff who require a list of references of journal articles and other resources pertinent to their specific information needs. In addition, ERC provides photography and video-recording services for both clinical and non-clinical events.



SGH also subscribes to *UpToDate online* Medical Reference, which is administered by PGMI (ERC). This service includes medical abstracts, a comprehensive drug database, a 'What's New' Summary and patient information. This service can now be easily accessed from home.



ERC is located at Blk 1, Roof Top Level.

Opening hours:

*Monday – Friday: 8.30am – 6.00pm,*

*Saturday: 9.00am – 1.00pm*

*Closed on Sundays and Public Holidays.*



**We want to keep in touch with you!**

**Update your contact information.**

Please email us at [pgmi@sgh.com.sg](mailto:pgmi@sgh.com.sg)

**Coming Soon! Exclusive Benefits for Members Only**

- Reconnect and keep in touch with old colleagues in Singapore and around the world
- Keep up with SGH campus news
- Be the first to receive invitations to alumni and SGH events
- Enjoy exclusive discounts at selected stores



**Like us on our [facebook!](https://www.facebook.com/sghpgmi)**

<https://www.facebook.com/sghpgmi>

# Upcoming Events

## January 2013

**Date:** Thursday - Friday, 17 – 18 January

**Topic:** **Singapore Neonatal Resuscitation Course**

*Dept of Neonatal & Development Medicine*

**Details:** This programme, accredited by the National Resuscitation Council of Singapore includes lectures and hands on training for medical, nursing and allied health staff involved in care of newborns.

**Date:** Saturday, 19 January

**Topic:** **Pain Management GPCME**

*Pain Management Centre*

**Date:** Saturday, 26 January

**Topic:** **Urology GPCME**

*Dept of Urology*

## February 2013

**Date:** Friday - Saturday, 1 – 2 February

**Topic:** **Endobronchial Ultrasound Workshop 2013**

*Dept of Respiratory & Critical Care Medicine*

**Details:** This course is designed to offer a comprehensive overview of endobronchial ultrasound (EBUS) and advanced bronchoscopy. Presentations will address mediastinal anatomy and staging, and bronchoscopic approach to mediastinal adenopathy and lung nodules. A variety of hands-on session will enhance the participant's experience and develop the necessary skills for a successful procedure.

**Date:** Monday – Thursday, 25 February – 1 March

**Topic:** **Singapore Hyperbaric and Underwater Medicine Course 2013**

*Hyperbaric & Diving Medicine Centre*

*Navy Medical Service, Republic of Singapore Navy*

**Details:** Organised by the Republic of Singapore Navy (RSN) and Singapore General Hospital (SGH), this course aims to advance the awareness and clinical practice of Underwater and Hyperbaric Medicine in Singapore.



Singapore Neonatal Resuscitation Course



## March 2013

**Date:** Saturday, 2 March  
**Topic:** **Obstetrics & Gynaecology GPCME**  
*Dept of Obstetrics & Gynaecology*

**Date:** Saturday, 9 March  
**Topic:** **Pelvic Floor Disorders Update**  
*Dept of Colorectal Surgery*

**Date:** Saturday, 16 March  
**Topic:** **7<sup>th</sup> Gynaecological & Early Pregnancy Ultrasound Course**  
*Dept of Obstetrics & Gynaecology*

**Details:** This training programme is suitable for healthcare professionals who use gynaecological ultrasound in their clinical work. Topics include practical guidelines in the diagnosis of pregnancy failure, classification of miscarriage by ultrasound, ectopic pregnancy as well as normal and abnormal variations observed during the first trimester. A sonographic approach to endometrial diagnosis and practical guide to the diagnosis and management of adnexal pathology is also included.

**Date:** Saturday, 23 March  
**Topic:** **Plastic, Reconstructive & Aesthetic Surgery GPCME**  
*Dept of Plastic, Reconstructive & Aesthetic Surgery*

## April 2013

**Date:** Friday - Saturday, 5 – 6 April  
**Topic:** **20<sup>th</sup> SGH Annual Scientific Meeting**  
*SGH Campus*

**Details:** The SGH 20<sup>th</sup> Annual Scientific Meeting (ASM) will focus on how Education and Research in Academic Medicine contributes to improving patients' lives and outcomes. The SGH ASM draws submissions from the best research work at SGH Campus. Many 'Best Submission' awardees have gone on to establish themselves as outstanding researchers and leading educators in healthcare.

**Date:** Saturday, 6 April  
**Topic:** **20<sup>th</sup> SGH Lecture & Formal Dinner**  
*The Ritz-Carlton Millenia Singapore*

*Professor Sir David Keith Peter, Emeritus Regius Professor of Physics, School of Clinical Medicine, University of Cambridge*

**Details:** The SGH Formal Dinner is traditionally a celebration held at the culmination of the SGH ASM. This year we are honoured to have Sir David Keith Peters to grace our event and deliver the 20th SGH ASM Lecture.

**Date:** Saturday, 13 April  
**Topic:** **7<sup>th</sup> Allergy Partners in Care**  
*Allergy Clinic*

**Date:** Saturday, 20 April,  
**Topic:** **Basic Course in Clinical Skills in Dermatology**  
*Dept of Dermatology*

**Date:** Thursday - Friday, 25 – 26 April  
**Topic:** **Singapore Neonatal Resuscitation Course**  
*Dept of Neonatal & Developmental Medicine*

For more information on May—  
June programmes and to register  
for courses, please email

[pgmi.courses@sgh.com.sg](mailto:pgmi.courses@sgh.com.sg)

\*Information is accurate at the time of print.

