

SGH Alumni Newsletter

ISSUE 9 | APRIL — JUNE 2015

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UPCOMING EVENTS



SGH PGMI
Postgraduate
Medical Institute

NEW APPOINTMENTS

Clinician Leadership Appointments



Assoc. Prof Ong Hock Soo
Deputy Chairman (General Surgery Group), Division of Surgery
Singapore General Hospital



Dr Chong Tze Tec
Acting Head, Vascular Surgery
Singapore General Hospital



Dr Christopher Khor
Acting Head, Gastroenterology & Hepatology
Singapore General Hospital

Key Leadership Appointments



Assoc. Prof Peter Lim
Group Chief Risk Officer
SingHealth



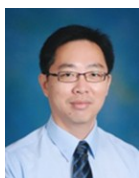
Assoc. Prof Seow Wan Tew
Deputy Medical Director and Head, Neurosurgery (TTSH Campus)
National Neuroscience Institute



Assoc. Prof Lim Chong Hee
Head
SingHealth Duke-NUS Lung Centre



Mr Alson Goh
Chief Operating Officer
KK Women's and Children's Hospital



Mr Chong Pang Boon
Chief Operating Officer
National Heart Centre Singapore

NEW DEVELOPMENTS

A DECADE-LONG PARTNERSHIP

In celebration of SingHealth and Duke-NUS's tenth year of partnership in the Academic Medicine endeavor, a new logo was developed to mark this occasion. The new logo represents SingHealth and Duke-NUS's partnership and continual commitment to improve the lives of patients. This partnership drew on the strengths of both organizations to improve patients care and has brought a growing number of successes. Last year, an Memorandum of Understanding (MOU) was signed by SingHealth and Duke-NUS to further affirm the partnership. ■



The new logo representing SingHealth and Duke-NUS's partnership.

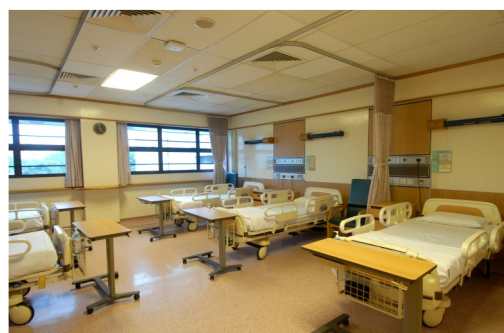
SingHealth Group CEO Prof Ivy Ng with Duke-NUS Dean Prof Ranga Krishnan at the SingHealth Duke-NUS MOU Signing on 29 May 2014.

NEW DEVELOPMENTS

PILOT ACUTE MEDICAL WARD

Ward 73 was decanted to begin operations as an Acute Medical Ward (AMW) under the Department of Internal Medicine. The implementation of AMW taps into the broad knowledge our medical specialists have in Internal Medicine to give holistic care and expedite diagnosis.

The AMW will receive patients admitted through A&E with acute undifferentiated conditions and our medical specialists will lead a team of nurses and allied health professionals to provide rapid and comprehensive assessment of patients. The patients will be diagnosed and transferred to another ward for further care by the appropriate specialty if required, or for discharge if stable within 72 hours. ■



EVENTS OVERVIEW

CAGE: AN ART EXHIBITION

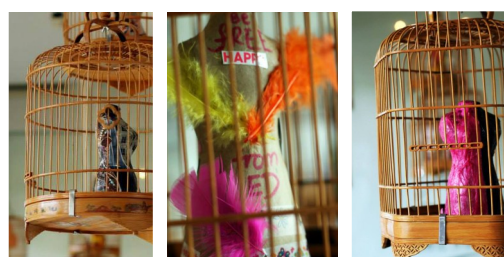
In conjunction with Eating Disorder Week, 22—28 Feb, patients and clinicians from the Eating Disorder Programme and Department of Psychiatry worked on a series of artwork loosely inspired by Hilde Bruch's book titled 'The Golden Cage' which describes how patients with eating disorders use this condition as a coping mechanism.

These artworks have been placed inside bird cages which represents the locking up of negative body images and eating disorder related thoughts so that patients and their loved ones can be free to move on with their lives.

The exhibition aims to empower the participants, inspire and encourage the audience to be aware of the trappings and struggles eating disorders brings. A public forum, Recover— One Bite at a Time, was also organised for greater understanding and care for someone with eating disorder.

The annual Eating Disorders Awareness Week (EDAW) is held globally in the last week of February. It aims to prevent eating disorders and body image issues by raising awareness and educating the public about it. It also aims to improve access to treatment.

The exhibition can be viewed at SGH Bowyer Block, next to the SGH Museum. ■



DID YOU KNOW?

The SGH Museum is a member of the National Heritage Board's Museum Roundtable. Formed in 1996, the Museum Roundtable aims to bring museums and heritage galleries closer to the public.

EVENTS OVERVIEW



SPREADING THE FESTIVE CHEER

This year, SGH a series of activities to celebrate Chinese New Year. The celebration kickstarted with the annual Project GroomOver followed by a reunion dinner for more than 200 elderly residents living in Kreta Ayer.



More than 140 nurse volunteers from SGH and the sister institutions got together to hold the special reunion dinner for the elderly residents. The dinner was attended by more than 200 people and they enjoyed performances put up by our very talented nurses. The dinner was graced by Dr Lily Neo, advisor to Tanjong Pagar GRC.



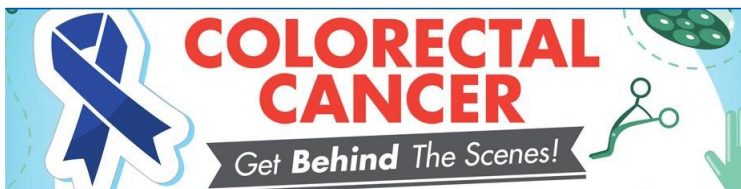
NUS Yong Loo Lin students also dropped by SGH to spread the festive cheer. They greeted patients with performances of traditional Lunar New Year songs and roved the wards at SGH to bring cheer to patients who are unable to go home.



On the eve of Chinese New Year, Prof Ivy Ng, Prof Ang Chong Lye and SGH's senior management participated in the annual 'Project Orange'. They visited the wards and Specialist Outpatient Clinics to spread the Chinese New Year cheer to all patients. 5,000 oranges were given out and hampers were also given to all Class 'C' ward patients.



The celebrations ended on a musical note with two concerts being conducted on the campus. Patients and visitors enjoyed lion dance, dance performances, choir and drumming acts etc. Each of the concerts were co-organized with the Singapore SOKA Association and Tanglin Cairnhill CC respectively. ■



In celebration of Colorectal Cancer Awareness Month, the Department of Colorectal Surgery organised a carnival on Saturday, 14 March 2015. The event aims to educate the public about Colorectal Cancer from screening and diagnosis, to treatment and cure. Highlights of the programme include public forum talks, a tour of a 'real-life' operating theatre and interactive booths. Participants also get to be a surgeon for a day! They had to handle the latest state-of-the-art equipment and 'perform' procedures such as laparoscopy and colonoscopy. ■



CELEBRATING 21 YEARS

the better doctor is the learned one



Over the years, SGH PGMI has collaborated with foreign institutions, hosted foreign delegates and ran a wide range of events ranging from workshops to public forums to conferences to SGH formal dinner.

Since its inception in 1994, SGH PGMI has organised and coordinated numerous teaching programmes, conferences and continuing medical education for general practitioners and specialists. Its goal is to ensure that doctors are continually kept abreast with the latest development in medicine, and ready to meet the changing needs of medical care and their patients.

As Singapore's first postgraduate medical institute, SGH PGMI's mission is rooted in the belief that continuing education is integral to the competence of a doctor. This commitment to continuing education is reinforced in the SGH PGMI motto: "Melius Medicus Scientius", which translates into "*the better doctor is the learned one*".

Over the years, SGH PGMI has established itself firmly amongst healthcare professionals in the region as a premier postgraduate medical education and training centre. As SGH PGMI celebrates its 21st Anniversary, a commemorative logo has been developed. This logo will be used with the SGH PGMI crest for all SGH PGMI events and publicity collaterals in 2015.



This logo denotes celebration towards another new era in support of postgraduate medical education and programmes and symbolises SGH PGMI's corporate unity, strength and vibrancy lead by "21" years of building healthcare education. ■

We are giving out SGH PGMI's 21st Anniversary commemorative souvenirs*!

Simply submit your ideas, photos and/or stories with us about your training at PGMI to shirley.au.s.w@sgh.com.sg.

**Whilst stocks last*

April 2015

Date: Friday, 10 Apr 2015

Topic: **21st Annual Scientific Meeting 2015**

Singapore General Hospital

Details: The SGH ASM has remained a tradition that stretches back for more than two decades. This year, we will continue to integrate as a Campus with the participation of the various specialty centres within the SingHealth Outram Campus and the Duke NUS Graduate Medical School. The integration of 7 institutions and centres within the SingHealth Outram campus will foster a greater spirit of learning and education among the staff on the Outram Campus - medical, nursing, allied health, research and management.

The theme of this year's meeting is "Compassion, Collaboration, Contribution". We envisage that this meeting will showcase the ongoing efforts within the Campus in delivering healthcare of the highest quality with compassion and through collaboration, to make a meaningful contribution to our society and our future generation.

Date: Saturday, 11 Apr 2015

Topic: **22nd Formal Dinner**

Singapore General Hospital

**Royal College of
Physicians of Edinburgh**

Educating doctors, improving care.

WEBSTREAMED LIVE FROM EDINBURGH, UK

INTERNATIONAL DELEGATES

EGYPT // HONG KONG // INDIA // KENYA // LIBYA // MALAYSIA // MALTA // NEPAL //
PAKISTAN // PALESTINE // REPUBLIC OF IRELAND // SAUDI ARABIA // SINGAPORE //
SOMALIA // SUDAN // UGANDA // ZAMBIA

SGH PGMI has linked up with the Royal College of Physicians Edinburgh to bring you regularly scheduled **live** webcasts of educational events hosted by the RCPE. The webcast will take place at Academia and is free to all doctors and healthcare professionals. Please note that programme details will be updated on www.pgmi.com.sg nearer to the date of the webcast. CME points will be awarded! For more information, please contact Desmond Lee at desmond.lee@sgh.com.sg.

APRIL 2015

RCPE Symposium: Palliative Care

Thursday, 30 April

JUNE 2015

RCPE Hot Topic Symposium: Obesity

Friday, 5 June

RCPE Symposium: Infectious Diseases

Friday 12 June

ASEAN | 2015 SLEEP CONGRESS

Challenges in Sleep Medicine

20 - 22 November 2015
Academia, Singapore

www.aseansleepcongress2015.com



SGH ALUMNI NEWSLETTER

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This is an abridged version of the newsletter. To read more stories, please visit www.sghalumni.wordpress.com.