

REGISTRATION SLIP

Date : 17 – 19 September 2018

Time : 9.00 am – 5.00 pm

Venue : **Therapy Skills Training Lab, Level 1**
20 College Road, Academia
Singapore General Hospital
Singapore 169856

Fee : **\$1,130 per pax** (Singhealth);
\$1,250 per pax (Regular)
Fees are inclusive of 7% GST

Please email your registration form to

agnes.low.s.m@sgh.com.sg by **17 August 2018**.

By registering for the course, you agree to the terms & conditions of PGAHI. Click [here](#) or visit PGAHI website for more information.

I consent to Singapore General Hospital and its related corporations (collectively 'SingHealth'), their agents and SingHealth's authorised service providers collecting, using, disclosing and/or processing my personal data, in order to send me marketing materials, etc.

I confirm and agree that my consents granted herein do not supersede or replace any other consents which I may have previously provided to SingHealth in respect of my personal data, and are additional to any rights which SingHealth may have at law to collect, use or disclose my personal data.

By providing the information set out in this form and submitting the same to you, I confirm that I have read, understood and consent to the SingHealth Data Protection Policy, a copy of which is available at <http://www.singhealth.com.sg/pdpa>. Hard copies are also available on request.

CANCELLATION POLICY

Any cancellation or replacement must be conveyed to PGAHI in writing. A cancellation fee of 50% of course fee will be charged if the cancellation is received before **17 August 2018**. There will be no refund of registration fee for cancellation on or after **17 August 2018**. PGAHI reserves the right to cancel the workshop and fully refund the amount of registration fee paid to the participants should unforeseen circumstances necessitate it.

The information provided is true and accurate to the best of my knowledge. Submission of any false information will render my application void with no refund of registration fee. Submission of my professional certification or qualifications for auditing purpose may be required.

PARTICIPANT'S PARTICULARS

Participant's Name:
(to be reflected on cert)

Contact No:

Email:

Profession:

AHP (please indicate): _____

Doctor Nurse Others: _____

Department:

Organisation:

Kindly complete the below table should you be sponsored by your organisation.

BILLING DETAILS

Bill to:

Contact Person:

Tel No.:

Email:

Billing Address:

Participant's NRIC No.:

For payment by cheque, please issue cheque payable to
"Singapore General Hospital Pte Ltd" to:

Ms Agnes Low
SGH-PGAHI

20 College Road, Level 2 Academia
Singapore 169856



SGH
PGAHI

POSTGRADUATE
ALLIED HEALTH INSTITUTE

Shoulder Rehabilitation

(Advanced Level)

17 – 19 September 2018

9.00 am – 5.00 pm

 Join us on facebook



Website: www.sgh.com.sg/pgahi

INTRODUCTION

Shoulder disorders are a common class of musculoskeletal injuries, with studies estimating up to 50% prevalence rates in certain communities. These disorders may arise for a wide range of reasons ranging from work-related stresses to sporting injuries, and at times even occur for no known reason at all. The purpose of this advanced shoulder rehabilitation course is to provide an update on the theoretical knowledge, clinical reasoning processes and practical skills in the rehabilitation of the shoulder. This advanced course is evidence informed with a strong focus on physiotherapy clinical practice.

OBJECTIVES

At the end of the course, participants will have received an update on the theoretical knowledge, clinical reasoning processes and practical skills in assessment and the rehabilitation of the shoulder through a combination of research evidence, clinical reasoning & experience with a strong focus on physiotherapy clinical practice.

TARGET PARTICIPANTS

Physiotherapists with 6 years or more working experiences in the practice of Physiotherapy.

COURSE DETAILS

Date:	17 – 19 September 2018
Time:	9.00 am – 5.00 pm
Fee:	\$1,130 per pax (Singhealth); \$1,250 per pax (Regular) <i>Fees are inclusive of 7% GST</i>
Venue:	Therapy Skills Training Lab, Level 1 20 College Road, Academia Singapore General Hospital Singapore 169856
Closing Date:	17 August 2018

CONTACT & ENQUIRIES

Ms Agnes Low
SGH - Postgraduate Allied Health Institute
 Contacts: **(65) 6576 2714 / agnes.low.s.m@sgh.com.sg**

TEACHING FACULTY

Dr Mary E Magarey, PhD, FACP, FASMF



Dr Mary Magarey is a Fellow of the Australian College of Physiotherapists as a Specialist Musculoskeletal & Sports Physiotherapist. She holds honorary awards of Fellowship of the Australian Sports Medicine Federation & Life Membership of Musculoskeletal Physiotherapy Australia. She is an adjunct Senior Lecturer at UniSA, having retired from the University in 2014. She consults clinically as a Specialist Consultant Shoulder Physiotherapist at Flex Physio & Pilates (www.flexclinic.com.au) in metropolitan Adelaide and regional South Australia.

She undertook her PhD related to physiotherapy diagnosis of the shoulder and has been involved with teaching postgraduate physiotherapy students at the University of South Australia for over 40 years. She is involved in advanced level professional development related to the shoulder complex nationally & internationally.

COURSE OUTLINE

17 September 2018	
9.00am	Introduction and Course Aims
9.15am	Lecture: Anatomy & biomechanics of the shoulder in the context of clinical patterns
Tea-Break @ 10.30am	
10.45am	Lecture : Clinical patterns
Lunch @ 12pm	
1.00pm	Lecture: Consideration of contributing factors to shoulder complex disorders
2.00pm	Practical: Revision of examination of the shoulder in the context of clinical patterns
Tea-Break @ 3pm	
3.15pm	Practical: Revision of examination of the shoulder in the context of clinical patterns (continued)
4.00pm	Practical: Translation tests, labral tests
5.00 pm	End

COURSE OUTLINE

18 September 2018	
9.00am	Practical: Assessment of dynamic control of the GHJ
Tea-Break @ 10.30am	
10.45am	Practical: Evaluation of motor control around the scapula
Lunch @ 12pm	
1.00pm	Practical: Consideration of other physical contributing factors – how to assess, how to interpret findings
2.00pm	Discussion: Presentation of & initial reasoning through clinical cases Decisions on appropriate examination
Tea-Break @ 3pm	
3.15pm	Practical: Practice of contextual examination Discussion on findings, discussion re initial management
5.00 pm	End
19 September 2018	
9.00am	Practical: Demonstration & practice of management approaches to the cases provided
Tea-Break @ 10.00am	
10.15am	Practical: Demonstration & practice of management approaches to the cases provided (continued)
Lunch @ 12pm	
1.30pm	Practical Assessment of kinetic chain in the context of athletic shoulder injury Consideration for integration of findings into management
Tea-Break @ 3pm	
3.15pm	Lecture/discussion: Management of the shoulder – reflections, evidence, where to from here?
4.45pm	Summing up & reflection on the course
5.00 pm	End