



**SGH
PGAHI**

POSTGRADUATE
ALLIED HEALTH INSTITUTE

Physiotherapy Management of Parkinson's Disease

25 – 28 June 2019

Introduction

This course aims to provide participants with an opportunity to increase their knowledge and understanding of current evidence-based assessment and management of people with Parkinson's disease (PD) within a multidisciplinary setting. It also covers the use of movement strategy training to address gait, freezing and mobility issues, and design of effective treatment programs for people with PD.

Course Objectives

At the end of the course, participants should be able to:

1. Discuss the pathophysiology of Parkinson's disease (PD).
2. Differentiate between PD and other atypical parkinsonian syndromes.
3. Discuss the medical management of people with PD.
4. List the criteria for deep brain stimulation.
5. Discuss the non-motor symptoms of PD and their impact on patients and caregivers.
6. Perform a competent physiotherapy assessment of the patient with PD.
7. Discuss the rationale underlying various treatment approaches in people with PD. These include resistance training, cognitive movement strategies and use of cues.
8. Design and implement treatment programs for people with PD using an evidence-based approach. This includes identifying individuals who are at risks of falls.

Course Outline

This course comprises lectures, practical sessions and case discussions.

- Mobility and gait problems, and falls in PD
- Atypical parkinsonism syndromes
- Current trends in medical and surgical management
- Mobility and balance outcomes: Post Deep Brain Stimulation
- Non-motor symptoms and their management
- Managing behavioural and cognitive changes in PD
- Incorporating music in rehabilitation
- Palliative issues in Advanced stage PD

Course Details

Date	: 25 – 28 June 2019
Duration	: 16 hours over 4 half days
Time	: 8.30 am – 12.30 pm (25 Jun) 1.30 pm – 5.00 pm (26 – 28 Jun)
Venue	: Therapy Skills Training Lab Academia Level 1 20 College Road, S(169856)
Fee	: S\$430 per pax (SingHealth) (incl of 7% GST) S\$475 per pax (Regular)

Target Audience

Physiotherapists managing people with parkinson's.

Teaching Faculty

Faculty from Singapore General Hospital:

Dr Dawn Tan

Senior Principal Physiotherapist

Koh Yan Fen

Physiotherapist

Dr Kinjal Doshi

Principal Clinical Psychologist

Michelle Low

Music Therapist

Dr Tan Siok Bee

Deputy Director, Nursing (APN)

Faculty from National Neuroscience Institute:

Dr Ang Kexin

Consultant, Department of Neurology

Assoc Prof Prakash Kumar

Senior Consultant, Department of Neurology

Contact & Enquiries

Miss Joyce Lee

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Email: joyce.lee.g.l@sgh.com.sg

Find us on 





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Registration Slip

Physiotherapy Management of Parkinson's Disease 25 – 28 June 2019

Submit your registration form to **Joyce Lee** at joyce.lee.g.l@sgh.com.sg by **7 June 2019!**

The information provided for course registration is true and accurate to the best of my knowledge. Submission of any false information will render my application void with no refund of registration fee. Submission of my professional certification or qualifications for auditing purpose may be required.

By registering for the course, you agree to the terms & conditions of PGAHI. Click [here](#) or refer to PGAHI website for more information.

PARTICIPANT'S PARTICULARS

Name (to be reflected on cert):

Contact no.:

Email:

Profession:

AHP (please indicate): _____ Doctor Nurse Others: _____

Department:

Organisation:

PRN/ MCR/ Nursing no. (if applicable):

Any cancellation or replacement must be conveyed to PGAHI in writing. A cancellation fee of 50% of course fee will be charged if the cancellation is made before **7 June 2019**. There will be no refund of course fee for cancellation on or after **7 June 2019**. PGAHI reserves the right to cancel the course and fully refund the amount of registration fee paid to the participants should unforeseen circumstances necessitate it.

For **cheque payment**, please issue a **crossed cheque** payable to "Singapore General Hospital Pte Ltd" and mail the cheque attention to **Joyce Lee, SGH-PGAHI, 20 College Road, Academia, Level 2, Singapore 169856**.

For **invoice to organisation**, please complete the below billing details:

BILLING DETAILS

Bill to:

Billing address:

Attention invoice to (name & department):

Email of addressee:

Contact no. of addressee:

I consent to Singapore General Hospital and its related corporations (collectively 'SingHealth'), their agents and SingHealth's authorised service providers collecting, using, disclosing and/or processing my personal data, in order to send me marketing materials, etc.

I confirm and agree that my consents granted herein do not supersede or replace any other consents which I may have previously provided to SingHealth in respect of my personal data, and are additional to any rights which SingHealth may have at law to collect, use or disclose my personal data.

By providing the information set out in this form and submitting the same to you, I confirm that I have read, understood and consent to the SingHealth Data Protection Policy, a copy of which is available at <http://www.singhealth.com.sg/pdpa>. Hard copies are also available on request.