Dysfunctional Breathing Patterns: Pathology, Assessment and Management (3 – 5 Sep 2018)

Fee (inclusive of 7% GST):
- $950 (SingHealth staff)
- $1050 (Regular)

The information provided is true and accurate to the best of my knowledge. Submission of any false information will render my application void with no refund of registration fee. Submission of my professional certification or qualifications for auditing purpose may be required.

By registering for the course, you agree to the terms & conditions of PGAHI. Click here or visit PGAHI website for more information.

PARTICIPANT’S PARTICULARS
Name: (to be reflected on cert)
Contact No:
Email:
Profession:
- AHP (Please indicate):
- Doctor
- Nurse
- Others:
Department:
Organisation:

BILLING DETAILS
Bill to:
Contact Person:
Tel No.:
Email:
Billing Address:
Participant’s NRIC No.:

I consent to Singapore General Hospital and its related corporations (collectively ‘SingHealth’), their agents and SingHealth’s authorised service providers collecting, using, disclosing and/or processing my personal data, in order to send me marketing materials, etc.

I confirm and agree that my consents granted herein do not supersede or replace any other consents which I may have previously provided to SingHealth in respect of my personal data, and are additional to any rights which SingHealth may have at law to collect, use or disclose my personal data.

By providing the information set out in this form and submitting the same to you, I confirm that I have read, understood and consent to the SingHealth Data Protection Policy, a copy of which is available at http://www.singhealth.com.sg/pdpa. Hard copies are also available on request.

Please email your registration form to joyce.lee.q.l@sgh.com.sg by 17 Aug 2018.

Closing Date: 17 Aug 2018

AHP (Please indicate): Doctor Nurse Others:

Dysfunctional Breathing Patterns: Pathology, Assessment and Management
3 – 5 Sep 2018
INTRODUCTION
This interactive 3 day course explores the complexities of breathing and breathing pattern disorders (BPDs), and their impact on performance and rehabilitation. Theoretical and practical issues relating to normal and abnormal breathing are considered. This includes physiology and patho-physiology, diagnosis (and differential diagnosis), assessment and management from both a physiotherapy and multi-disciplinary perspective. This course has relevance to all physiotherapists irrespective of their clinical area and is delivered by two experienced physiotherapy clinicians.

OBJECTIVES
1. Understand the anatomical, physiological, pathological and psychosocial bases of normal and abnormal breathing
2. Evaluate a variety of diagnostic, assessment and treatment strategies
3. Apply knowledge and skills to a range of different clinical, social and sporting contexts
4. Critically analyse the evidence supporting a range of assessment and treatment interventions designed to optimise breathing

INTRODUCTION
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TARGET AUDIENCE
Physiotherapists

COURSE OUTLINE
- Overview of Breathing Pattern Disorders (BPDs)
- Assessing people with breathing pattern disorders
- Anatomy & Physiology
- Treating people with breathing pattern disorders
- Role of the multi-disciplinary team (Health psychology in BPDs)
- Differential diagnosis
- Breathing changes with exercise and movement
- Nasal influences on breathing
- Different clinical perspectives and management approaches

COURSE DETAILS
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<thead>
<tr>
<th>Date</th>
<th>3 – 5 Sep 2018 (Mon – Wed)</th>
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<tbody>
<tr>
<td>Time</td>
<td>9.00 am – 5.00 pm</td>
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<tr>
<td>Venue</td>
<td>Therapy Skills Training Lab</td>
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<td></td>
<td>Academia Level 1</td>
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<td>20 College Road</td>
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<td>Singapore 169856</td>
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<td>Fee</td>
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Fee is inclusive of 7% GST

FACULTY
Dr Sarah Mooney, DHSc, MSc, BSc (Hons.) Physiotherapy has worked exclusively in the field of cardio-respiratory physiotherapy since qualifying in 1991. Sarah is a senior lecturer and Physiotherapy Advanced Clinician (Cardio-Respiratory) who works with youth and adults in public, private and academic healthcare environments. She is paper leader for the post-graduate course ‘Breathing, Performance and Rehabilitation’ at AUT University, Auckland, New Zealand which she co-presents with Sarah Butler.

Sarah Butler, MHPPrac (Hons), Grad Dip Physiotherapy (UK), has worked as a paediatric physiotherapist for over 23 years specialising in respiratory problems including management of chronic lung disease, asthma and breathing pattern dysfunction. She was instrumental in establishing and running the Breathing Pattern Dysfunction Clinic at New Zealand’s national children’s hospital. She currently works with children/youth in the private health sector.

CONTACT & ENQUIRIES
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