



Clinical Reasoning Approach to Musculoskeletal Physiotherapy

19 - 22 August 2019

Introduction

The development of clinical reasoning skills is a pertinent component to guide one towards clinical expertise. This course will cover the principles of clinical reasoning, pain neurophysiology, and adopts a systematic biopsychosocial framework to guide assessment and management of musculoskeletal disorders. The course will include a large component group interactive discussions.

Course Objectives

At the end of the course, the participants should be able to:

- Outline contemporary biopsychosocial approaches for management of musculoskeletal disorders.
- Formulate differential diagnoses of musculoskeletal disorders and evaluate the most likely diagnosis.
- Rationalize and prioritize treatment selections for effective management of musculoskeletal disorders.

Target Audience

Physiotherapists with **2 - 5** years of working experience in the Musculoskeletal field.

Course Outline

- Clinical Reasoning Frameworks for MSK Physiotherapy
- Understanding Pain
- Pain Pharmacology and Management
- Clinical Reasoning: Subjective Interview
- Musculoskeletal Clinical Translation Framework
- Lifestyle Considerations in MSK Conditions
- Tissue and Fracture Healing
- Chronic Pain Management: Mindfulness and CBT

There will be group discussion and case studies covered at the course.

Course Details

Date	19 - 22 August 2019
Duration	4 half-days
Time	12.00 pm – 5.00 pm
Venue	Therapy Skills Training Lab Academia, Level 1
Fee	\$465 per pax (Singhealth); (incl of 7% GST) \$515 per pax (Regular)

Teaching Faculty

Speakers will be from Singapore General Hospital:
Department of Physiotherapy

Ms Chang Shin Yin

Senior Physiotherapist

Ms Goh Shu Kin

Physiotherapist

Ms Tan Jiajie

Senior Physiotherapist

Mr John Tan

Principal Physiotherapist

Ms Juliana Tan

Senior Physiotherapist

Department of Pain Medicine

Dr Tan Kian Hian

Head and Senior Consultant

Department of Psychology

Dr Kinjal Doshi

Principal Clinical Psychologist

Registration

Miss Agnes Low

Email: agnes.low.s.m@sgh.com.sg



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Registration Slip

Clinical Reasoning Approach to Musculoskeletal Physiotherapy 19 - 22 August 2019

Submit your registration form to Agnes Low at agnes.low.s.m@sgh.com.sg by **22 July 2019!**

The information provided for course registration is true and accurate to the best of my knowledge. Submission of any false information will render my application void with no refund of registration fee. Submission of my professional certification or qualifications for auditing purpose may be required.

By registering for the course, you agree to the [Terms & Conditions](#) of PGAHI.

Quick links: [FAQs](#), [PGAHI Programmes](#), [Training Calendar and Directory](#)

PARTICIPANT'S PARTICULARS

Name (to be reflected on cert):

Contact no.:

Email:

Profession:

AHP (please indicate): _____ Doctor Nurse Others: _____

Department:

Organisation:

PRN/ MCR/ Nursing no. (if applicable):

Any cancellation or replacement must be conveyed to PGAHI in writing. A cancellation fee of 50% of course fee will be charged if the cancellation is made before **22 July 2019**. There will be no refund of course fee for cancellation on or after **22 July 2019**. PGAHI reserves the right to cancel the course and fully refund the amount of registration fee paid to the participants should unforeseen circumstances necessitate it.

For **cheque payment**, please issue a **crossed cheque** payable to "Singapore General Hospital Pte Ltd" and mail the cheque attention to **Agnes Low, SGH-PGAHI, 20 College Road, Academia, Level 2, Singapore 169856**.

For **invoice to organisation**, please complete the below billing details:

BILLING DETAILS

Bill to:

Billing address:

Attention invoice to (name & department):

Email of addressee:

Contact no. of addressee:

Participant's Employee no.(if any):

I consent to Singapore General Hospital and its related corporations (collectively 'SingHealth'), their agents and SingHealth's authorised service providers collecting, using, disclosing and/or processing my personal data, in order to send me marketing materials, etc.

I confirm and agree that my consents granted herein do not supersede or replace any other consents which I may have previously provided to SingHealth in respect of my personal data, and are additional to any rights which SingHealth may have at law to collect, use or disclose my personal data.

By providing the information set out in this form and submitting the same to you, I confirm that I have read, understood and consent to the SingHealth Data Protection Policy, a copy of which is available at <http://www.singhealth.com.sg/pdpa>. Hard copies are also available on request.