

REGISTRATION FORM

Physiotherapy Assessment & Management of Cervical Disorders

Date	: 14 - 17 January 2019
Time	: 12.00 pm - 5.00 pm
Venue	: Therapy Skills Training Lab, Level 1 20 College Road, Academia Singapore General Hospital Singapore 169856
Fee per pax	: \$620 (SingHealth) \$680 (Regular) <i>Fees are inclusive of 7% GST</i>

Please email your registration form to agnes.low.s.m@sgh.com.sg by **14 December 2018**.

By registering for the course, you agree to the terms & conditions of PGAHI. Click [here](#) or visit PGAHI website for more information.

I consent to Singapore General Hospital and its related corporations (collectively 'SingHealth'), their agents and SingHealth's authorised service providers collecting, using, disclosing and/or processing my personal data, in order to send me marketing materials, etc.

I confirm and agree that my consents granted herein do not supersede or replace any other consents which I may have previously provided to SingHealth in respect of my personal data, and are additional to any rights which SingHealth may have at law to collect, use or disclose my personal data.

By providing the information set out in this form and submitting the same to you, I confirm that I have read, understood and consent to the SingHealth Data Protection Policy, a copy of which is available at <http://www.singhealth.com.sg/pdpa>. Hard copies are also available on request.

CANCELLATION POLICY

Any cancellation or replacement must be conveyed to PGAHI in writing. **A cancellation fee of 50% of course fee will be charged if the cancellation is received before 14 December 2018. There will be no refund of registration fee for cancellation on or after 14 December 2018.** PGAHI reserves the right to cancel the workshop and fully refund the amount of registration fee paid to the participants should unforeseen circumstances necessitate it.

The information provided is true and accurate to the best of my knowledge. Submission of any false information will render my application void with no refund of registration fee. Submission of my professional certification or qualifications for auditing purpose may be required.

PARTICIPANT'S PARTICULARS

Participant's Name:
(to be reflected on cert)

Contact No:

Email:

Profession:

AHP (please indicate): _____

Doctor Nurse Others: _____

Department:

Organisation:

Kindly complete the below table should you be sponsored by your organisation.

BILLING DETAILS

Bill to:

Contact Person:

Tel No.:

Email:

Billing Address:

Participant's NRIC No.:

For payment by cheque, please issue cheque payable to "Singapore General Hospital Pte Ltd" to:

Ms Agnes Low
SGH - Postgraduate Allied Health Institute
20 College Road, Level 2 Academia
Singapore 169856



**SGH
PGAHI**

POSTGRADUATE
ALLIED HEALTH INSTITUTE

PHYSIOTHERAPY

Physiotherapy Assessment & Management of Cervical Disorders

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12.00 pm - 5.00 pm**

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Website: www.sgh.com.sg/pgahi

INTRODUCTION

This course aims to equip participants to take a comprehensive approach to patient assessment and management of neck pain disorders at an intermediate level. There will be a strong emphasis on clinical relevance and application while incorporating a good combination of both theoretical and practical learning.

OBJECTIVES

At the end of the course, the participants should be able to:

- a) Plan, prioritize and perform a physical examination for the cervical, upper cervical and cervico-scapular region
- b) Discuss and demonstrate differential diagnosis of common cervical, upper cervical,
- c) and cervico-scapular dysfunctions
- d) Understand the importance of thoracic spine function on cervical spine disorders
- e) Provide effective management strategies based on a clinical reasoning framework
- f) Formulate a treatment plan and exercise program that will address relevant impairments and maximise recovery and function

TARGET PARTICIPANTS

Physiotherapists with 1-2 years of outpatients musculoskeletal experiences.

TEACHING FACULTY

Faculty will be from Singapore General Hospital:

Ms Jennifer Liaw
Head, Dept of Physiotherapy

Ms Lim Hao Yu Rachelle
Principal Physiotherapist
Dept of Physiotherapy

Dr Mohammad Mashfiqul Arafin Siddiqui
Visiting Consultant
Dept of Orthopaedic Surgery

Dr June Quek
Principal Physiotherapist
Dept of Physiotherapy

Ms Shin Yin Chang
Physiotherapist
Dept of Physiotherapy

Ms Tan Meiling Joy
Principal Physiotherapist
Dept of Physiotherapy

COURSE DETAILS

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COURSE OUTLINE

TIME	CONTENT	Faculty
14 Jan 2019 (Mon)		
1200 - 1300	Overview	Dr June Quek
1300 - 1430	Cervical Assessment & Management	Dr June Quek Ms Shin Yin Chang
1445 - 1545	Cervical surgeries, Imaging	Dr Mashfiqul
1545 - 1700	Post op Cervical Management, progression, precautions	Ms Joy Tan

15 Jan 2019 (Tue)		
1200 - 1300	Assessment of nervous system	Ms Rachelle Lim
1300 - 1515	Cervicogenic headache, dizziness, and the upper cervical spine	Ms Rachelle Lim
1530 - 1700	Thoracic spine I	Dr June Quek

16 Jan 2019 (Wed)		
1200 - 1345	Thoracic spine II	Dr June Quek
1400 - 1700	Exercises for neck pain	Dr June Quek Ms Shin Yin Chang

17 Jan 2019 (Thu)		
1200 - 1330	Case study	Ms Rachelle Lim
1330 - 1430	Work hardening of upper quadrant	Ms Jennifer Liaw
1445 - 1615	Case study	Dr June Quek
1615 - 1700	Concluding remarks	Dr June Quek

Short break will be given during the course.

CONTACT & ENQUIRIES

Ms Agnes Low
SGH - Postgraduate Allied Health Institute
Phone: **(65) 6576 2714**
Email: **agnes.low.s.m@sgh.com.sg**