



**SGH
PGAHI**

POSTGRADUATE
ALLIED HEALTH INSTITUTE

Local Anesthesia Techniques for Foot and Ankle

24 June & 2 July 2019

Introduction

To learn different injection techniques (e.g. ring block, skin infiltration) for local anaesthetic in the context of podiatric practice.

Course Objectives

At the end of the course, participants will be able to:

- 1) Critically evaluate the indications/contraindications for local anaesthetic injection therapy in the lower limb.
- 2) Critically appraise the pharmacological principles surrounding the safe use of local anaesthetics for injection.
- 3) Demonstrate advanced anatomical knowledge associated with local anaesthetic injection administration.
- 4) Learn different techniques (eg. ring block, skin infiltration) for different procedure (nail surgery, wound debridement, wart treatment).
- 5) Effectively communicate with patients & colleagues the role of local anaesthetic injection therapy.
- 6) Clearly identify appropriate pre and post injection care
- 7) Safely carry out the pre-requisite number of injections, including appropriate aseptic technique.

Target Audience

Podiatrist.

Course Outline

There are Theory and Practical segments for this course:

Theory

- Revision on Neuroanatomy, neurophysiology, medical history, physical and psychological
- Literature review on local anesthesia for foot & ankle
- Pharmacology of local anesthetics and vasoconstrictors
- local anesthetics and dosing
- Safety considerations
- Local and systemic complications
- Handling emergencies

Practical

- Blocks in the Foot & Ankle (Demo with Q&A session)
- Self-Directed Learning and Hands-on

Course Details

Date	: 24 June & 2 July 2019
Duration	: 2 half-day
Time	: 2.00 pm – 5.00 pm (24 June 2019) 9.00 am – 1.00 pm (2 July 2019)
Venue	: Academia 20 College Road, Singapore 169856
Fee	: S\$910 per pax (SingHealth) (incl of 7% GST) S\$1,010 per pax (Regular)

Teaching Faculty

Dr Adeline Leong Xin Yu

Associate Consultant

Department of Pain Medicine, SingHealth HQ

Dr Kevin Koo Oon Thien

Consultant

Dept of Orthopaedic Surgery

SingHealth HQ

Contact & Enquiries

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Registration Slip

Local Anesthesia Techniques for Foot and Ankle 24 June & 2 July 2019

Submit your registration form to **Agnes Low** at agnes.low.s.m@sgh.com.sg by **28 March 2019!**

The information provided for course registration is true and accurate to the best of my knowledge. Submission of any false information will render my application void with no refund of registration fee. Submission of my professional certification or qualifications for auditing purpose may be required.

By registering for the course, you agree to the terms & conditions of PGAHI. Click [here](#) or refer to PGAHI website for more information.

PARTICIPANT'S PARTICULARS

Name (to be reflected on cert):

Contact no.:

Email:

Profession:

AHP (please indicate): _____ Doctor Nurse Others: _____

Department:

Organisation:

PRN/ MCR/ Nursing no. (if applicable):

Any cancellation or replacement must be conveyed to PGAHI in writing. A cancellation fee of 50% of course fee will be charged if the cancellation is made before **28 March 2019**. There will be no refund of course fee for cancellation on or after **28 March 2019**. PGAHI reserves the right to cancel the course and fully refund the amount of registration fee paid to the participants should unforeseen circumstances necessitate it.

For **cheque payment**, please issue a **crossed cheque** payable to "Singapore General Hospital Pte Ltd" and mail the cheque attention to **Agnes Low, SGH-PGAHI, 20 College Road, Academia, Level 2, Singapore 169856**.

For **invoice to organisation**, please complete the below billing details:

BILLING DETAILS

Bill to:

Billing address:

Attention invoice to (name & department):

Email of addressee:

Contact no. of addressee:

Participant's Employee no.(if any):

I consent to Singapore General Hospital and its related corporations (collectively 'SingHealth), their agents and SingHealth's authorised service providers collecting, using, disclosing and/or processing my personal data, in order to send me marketing materials, etc.

I confirm and agree that my consents granted herein do not supersede or replace any other consents which I may have previously provided to SingHealth in respect of my personal data, and are additional to any rights which SingHealth may have at law to collect, use or disclose my personal data.

By providing the information set out in this form and submitting the same to you, I confirm that I have read, understood and consent to the SingHealth Data Protection Policy, a copy of which is available at <http://www.singhealth.com.sg/pdpa>. Hard copies are also available on request.