



Treatment Approaches for Persons with Parkinson Disease

28 February 2023

Introduction

Parkinson Disease (PD) is the second most common neurodegenerative disease in Singapore and to date, there is no treatment to prevent or reverse the disease. Multidisciplinary management of PD is well established, and research suggests that occupational therapists can help people with Parkinson (PwP) experience better quality of life and reduce complications. It is important for occupational therapists to be well-informed of best practices in interventions for PD, and skilled in integrating various strategies to enable occupational participation.

This course aims to equip occupational therapists with knowledge, skills and resources to ensure evidence-based care for PwP from diagnosis to advanced PD.

Course Objectives

At the end of the course, participants should be able to:

- 1) Describe the motor and non-motor symptoms of PD
- 2) Describe the medical and surgical management of PD
- 3) List common impairments and activity limitations experienced by people with PD (PwP)
- 4) List common assessments to assess impairments, mobility and falls risk in PwP
- 5) List and select common assessments to assess motor and non-motor impairments, functional performance and participation in PwP
- 6) Discuss briefly the physiotherapy treatment strategies for PwP
- 7) Select and deliver appropriate occupational therapy intervention strategies for PwP

Course Outline

- 1) Overview and Management of PD
- 2) Physiotherapy Management of PD
- 3) Occupational Therapy Management of PD
 - Assessment
- 4) Occupational Therapy Intervention for PD
 - Motor and non-motor symptoms
 - Optimising the physical environment
 - Self-management strategies
 - Psychosocial needs of patient and caregiver
- 5) Integration of learning
 - Barriers to participation and communication
 - Application of clinical reasoning through case studies

Target Audience

Occupational Therapists

Course Details

Date	: 28 February 2023
Time	: 9.00 am – 5.00 pm
Duration	: 7 hours
Class Size	: 25 pax
Device Required	: Laptop/ Desktop (with microphone, speaker and webcam)
Platform	: Zoom Cloud Meetings
Fee	: \$410 (SingHealth staff/ SAOT member) \$450 (Regular) (inclusive of the prevailing rate of GST)

Teaching Faculty

Natalie Chew

Senior Principal Occupational Therapist
Singapore General Hospital

Dr Dawn Tan

Senior Principal Physiotherapist
Singapore General Hospital

Dr Prakash Kumar

Senior Consultant, Department of Neurology
National Neuroscience Institute

Registration

To register (internet access required), scan the QR code or click on the web link. Registration closes on **7th February 2023, Tuesday**.



<https://form.gov.sg/6376ed5356e79f00122550c1>

Upon registration, you agree to PGAHI [Terms & Conditions](#).

Quick Links

[FAQs](#), [PGAHI Programmes](#), [Training Calendar and Directory](#)