



Management of Clients with Upper Limb Conditions (Rheumatology)

11 February 2020

Introduction

In rheumatology, Occupational Therapists often see patients with arthritis as well as Repetitive Strain Injuries (RSI) which can affect them in many different ways. They may find simple movements difficult and painful and encounter difficulties in managing their day to day activities. Occupational therapy helps to empower patients to live life to its fullest by maximizing their ability to participate in activities (occupations) through activity analysis, use of orthosis and assistive devices.

Course Objectives

The course aims to equip occupational therapists with the relevant knowledge and skills to manage common rheumatological conditions seen at work. It aims to deepen participants' understanding of the etiology of conditions such as osteoarthritis, rheumatoid arthritis and repetitive stress injuries like trigger finger and dequervain's tenosynovitis and provide evidence-based intervention strategies for these conditions.

Participants will be introduced to splints and supports commonly used to treat and manage these rheumatology conditions.

Target Audience

Occupational Therapists

Course Outline

- Evidence based Occupational Therapy intervention for arthritic conditions (Osteoarthritis, rheumatoid arthritis)
- Evidence based Occupational Therapy intervention for repetitive stress injuries including trigger finger, carpal tunnel syndrome, dequervain's tenosynovitis, golfer's/tennis elbow

Course Details

Date	: 11 February 2020
Duration	: 1 day
Time	: 9.00 am – 5.00 pm
Venue	: Therapy Skills Training Lab Academia Level 1 20 College Road, Singapore 169856
Fee	: S\$320 (SingHealth/ SAOT member) S\$360 (Regular) (inclusive of 7% GST)

Teaching Faculty

Julia Chong

Ms Julia Chong is a Senior Occupational Therapist from Singapore General Hospital with special interest in the area of geriatric rehabilitation and internal medicine. Certified in administering of the AMPs, she has also had experience working in the areas of orthopedics, outpatient and rheumatology attending to patients with osteoarthritis, rheumatoid arthritis as well as repetitive strain injuries.

Lin Yingying

Ms Lin Yingying is a Senior Occupational Therapist, from Singapore General Hospital specialising in the area of rheumatology. In 2010 she received the HMDP training award for a 2 month attachment in the UK in rheumatology and on returning, helped to start up Occupational Therapy services in the Autoimmunity and Rheumatological Centre (ARC) in SGH. She has 6 years experience working with patients with various arthritic conditions and repetitive stress injuries.

Registration

Miss Joyce Lee

Email: joyce.lee.g.l@sgh.com.sg



Quick Links

[FAQs](#)

[PGAHI Programmes](#)

[Training Calendar and Directory](#)



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Submit your registration form to **Joyce Lee** at joyce.lee.g.l@sgh.com.sg by **24 Jan 2020!**

The information provided for course registration is true and accurate to the best of my knowledge. Submission of any false information will render my application void with no refund of registration fee. Submission of my professional certification or qualifications for auditing purpose may be required.

By registering for the course, you agree to the [terms & conditions](#) of PGAHI.

Quick links: [FAQs](#), [PGAHI Programmes](#), [Training Calendar and Directory](#)

PARTICIPANT'S PARTICULARS	FEE
Name <i>(to be reflected on cert)</i> :	S\$320 (SingHealth/ SAOT Member) S\$360 (Regular) <i>(inclusive of 7% GST)</i>
Contact no.: _____ Employee No.: _____	
Email: _____	
Profession: <input type="checkbox"/> AHP <i>(please indicate)</i> : _____ <input type="checkbox"/> Doctor <input type="checkbox"/> Nurse <input type="checkbox"/> Others: _____	
Department: _____	
Organisation: _____	
SAOT Membership no. <i>(if applicable)</i> : _____	

Any cancellation or replacement must be conveyed to PGAHI in writing. A cancellation fee of 50% of course fee will be charged if the cancellation is made before **24 Jan 2020**. There will be no refund of course fee for cancellation on or after **24 Jan 2020**. PGAHI reserves the right to cancel the course and fully refund the amount of registration fee paid to the participants should unforeseen circumstances necessitate it.

- For **cheque payment**, please issue a **crossed cheque** payable to “**Singapore General Hospital Pte Ltd**” and mail the cheque attention to **Joyce Lee, SGH-PGAHI, 20 College Road, Academia, Level 2, Singapore 169856**.
- For **invoice to organisation**, please complete the below billing details:

BILLING DETAILS	
Bill to: _____	
Billing address: _____	
Attention invoice to <i>(name & department)</i> : _____	
Email of addressee: _____	Contact no. of addressee: _____

I consent to Singapore General Hospital and its related corporations (collectively ‘SingHealth’), their agents and SingHealth’s authorised service providers collecting, using, disclosing and/or processing my personal data, in order to send me marketing materials, etc.

I confirm and agree that my consents granted herein do not supersede or replace any other consents which I may have previously provided to SingHealth in respect of my personal data, and are additional to any rights which SingHealth may have at law to collect, use or disclose my personal data.

By providing the information set out in this form and submitting the same to you, I confirm that I have read, understood and consent to the SingHealth Data Protection Policy, a copy of which is available at <http://www.singhealth.com.sg/pdpa>. Hard copies are also available on request.